# City of Goodyean INFOCUS

October 2011

Volume 26 / Issue 7

# COMMUNITY FESTIVAL



see page 5

Sponsored by Cancer Treatment Centers of America, Palm Gate RV and Self Storage, Royer Association Management, Cincinnati Reds, Cleveland Indians, Southwest Ambulance, and Target

Look what's inside this issue













# SHOP GODYEAR FOR THE HOLIDAYS It's Easier Than Ever to Enter to Win Great Weekly Prizes!

Now you can just "SHOP and DROP" your entries at four local food stores for the annual Shop Goodyear for the Holidays prizes. This year we've added four handy grocery stores in each area of our city to make it more convenient for you to enter:

- Fry's at 390 N. Litchfield Rd., north of Van Buren Street
- Safeway at 14175 W. Indian School Rd., near Litchfield Road
- Fry's Marketplace at 16380 W. Yuma Rd., at Sarival
- Safeway at 9890 S. Estrella Parkway, near Elliot Road
- City Hall at 190 N. Litchfield Rd., south of Van Buren Street

More than \$5,000 worth of prizes have been donated by local businesses and will be awarded at the end of each week, October 14 through December 22. Six grand prizes will also be awarded on December 3, 9, and 16 with the Ultimate Grand Prize drawing from Osborne Jewelers on December 22 at Goodyear City Hall. There will be at least II winners every week. See list of sponsoring businesses here.

By shopping at local businesses, you will help keep local dollars right here in Goodyear, working for you. Retail sales tax dollars make up nearly 30% of the City's operating budget and pay for police, fire, streets, parks and recreation, the INFOCUS, and many more City services.

So... shop Goodyear stores for the holidays and get your entry online at goodyearaz.gov/shop or click on **Shop Goodyear** on the City's homepage, or in person at Goodyear City Hall and each grocery store drop-off location.

To enter, hand-deliver entry forms stapled to original receipts for general merchandise, food, beverages, groceries, fuel, or services such as those provided by nail, hair, and skin care salons, totaling \$25 or more from only Goodyear stores and restaurants to all five drop-off locations or mail to: Goodyear City Hall, 190 N. Litchfield Road, Goodyear, AZ 85338. You can enter as many times as you like per week with at least \$25 worth of original receipts attached to each entry.

Winners need not be present for the drawings, but participants must be 18 years or older to enter. City employees are not eligible to participate. For information, contact Cathy Hozian at 623-882-7055 or chozian@goodyearaz.gov.

### Weekly Prize Sponsors

Bake Me a Cake Supply & Decorating Blockbuster (on Indian School Road) Chili's Costa Vida Fresh Mexican Grill Estrella Cleaners Hair Studio NYC Hoot & Howl Lavender Moon Majerle's Sports Grill Nakama Sushi Party City P.F. Chang's Quality Inn & Suites Salon Diversified Subway (Est. & Van Buren, Est. & Elliot Sukie's Bridal The Rose Studio The UPS Store Village Inn

### **Weekly Grand Prize Sponsors**

Casa Linda Furniture Hair Studio NYC Hand & Stone Massage Spa Palm Valley Golf Club Salon Diversified Sweet Salon Hair Design

**Ultimate Grand Prize Sponsor** Osborne Jewelers

# Fill-A-Need Program Hopes to Brighten Holiday for Goodyear Families

Donations will be accepted through December 2nd for Goodyear's Fill-A-Need program to help brighten the 2011 holiday season for families in need. The program traditionally provides gifts for children such as toys, clothing, and school supplies thanks to the generous donation of gifts and money by City of Goodyear employees, residents, and

Citizens, businesses, and civic organizations can participate in the program by donating items such as new unwrapped toys, money, holiday gift wrapping supplies, and service. Cash donations are especially welcome and compliment the generous discounts given by retailers. Make checks payable to Adopt a Family. Donations of items and cash can be brought to Goodyear City Hall lobby at 190 N. Litchfield Rd. at the corner of Litchfield Road and Van Buren Street. Please leave donated items unwrapped.

All donations and purchased items are wrapped and personally delivered by volunteers. In 2010, more than 30 families experiencing crisis or extreme financial difficulty were served.

If you feel your family is in need of help this holiday or you know of a family that is, you can go to the City of Goodyear website: www.goodyearaz.gov/fillaneed for a Public Assistance Verification form which is used to determine eligibility. Arizona law requires state and local governmental agencies to obtain forms and other documentation from individuals applying for federal, state, and local public benefits to verify eligibility.

To learn more about the Fill-A-Need program, call 623-882-7113.

# From the Mayor Georgia Lord Goodyear - In a s

### Goodyear - In a Strong Position for the Future

While this recession has been rough on everyone living and working in Goodyear and has put many City projects on hold, it actually helped Goodyear's ability to attract new jobs to our city. By the beginning of 2008 with the impact of the recession hitting full force, Goodyear had almost 1.6 million square feet of newly constructed spec industrial space plus another 750,000 square feet that had been sitting vacant for years. So, during the recession, when word got out nationally about

the Valley's depressed real estate market, companies with money searched vigorously in the Valley and Goodyear benefited because we had available space. Since early 2008, we have recruited a national cancer hospital, two internet fulfillment centers, five manufacturing companies (three solar), one distribution firm, one aerospace consulting firm, and one data storage center; we have retained a major technology firm whose lease was up; and helped several Goodyear companies expand. The total employment of these companies is currently about 1,859 with the possibility of eventually growing to more than 2.500. Additionally, we have attracted hundreds of construction jobs because of the improvements made by these many firms. As a result of all this economic activity, we have only about 250,000 square feet of industrial space in total remaining throughout our city, and most companies we are currently working with are considering ground-up construction – great news for our city.

These new firms have changed Goodyear for the better. They have added diversity to our industrial mix. They have increased the international influence on our city that Lufthansa of Germany and Oxford Aviation of Great Britain had already created - Suntech is based in China, Schoeller Arca Systems in The Netherlands, and Saint Gobain in France. We are seeing an emerging "solar cluster" in our city - Suntech and Saint Gobain plus Macy's with the largest rooftop solar system in the country.

To help attract these companies, Goodyear has been a leader in the Valley in creating Foreign Trade Zones that help these global companies with import rates. The Foreign Trade Zone (FTZ) helped attract J.D. Power & Associates awardwinning, luxury appliance manufacturer Sub-Zero to Goodyear. Additionally, Schoeller Arca and Suntech will soon take advantage of this program.

While industry has prospered in Goodyear during the recession, retail has held its ground better than many people may think. We began the recession with more than 1.5 million square feet of retail space newly completed – far more than any other Valley city. Our vacancy rate was high – about 25%. During the recession, that space had been consistently absorbed and our vacancy rate has lowered to less than 15%. We had a net gain of 66 new retail businesses in 2010 and have a net gain of 96 so far in 2011. So as businesses close, new ones are taking their place and some of our shopping centers are 100% full. And, the best news of all was when Macerich demonstrated great confidence in Goodyear and its residents by announcing that our regional mall is coming in 2014.

So, despite the recession, Goodyear is strong. We have a balanced budget, we retain one of the lowest unemployment rates in the state (6.4%), our retail vacancy rate is going down, our industrial vacancy rate is very low, we are bringing new jobs to the City AND, for the second year in a row, we are one of the top five Valley cities for single family building permits in the Valley. I'd say that Goodyear is on the right track, and I have great confidence in our city. I hope you are pleased with the progress we have made during the recession and know that we are poised to take advantage of better times ahead.

Georgia Lord 🛼

### Council Corner

### Communication is The Key

In the age of smart phones, texting, e-mail, and Facebook, we are living in the era of immediate communication. Technology can help us all work smarter and more efficiently. As a

member of City Council, I believe that we can use technology to better stay informed with the citizens of Goodyear. It helps us know what you are thinking and where you stand.

As issues come up, we are able to obtain feedback from the citizens whether they are in town or away. It also allows us to obtain answers to our citizens' questions quicker and with more in-depth responses. Tools such as Facebook, Twitter, and Four Square help to increase transparency in government and community involvement.

However, we also need to take time to meet with you in person during listening sessions. Myself and Councilmember Campbell, recently conducted one in Estrella. I plan to hold more community forums with our residents and with the members of the business community. I want to hear about your thoughts and concerns. It is always beneficial to look at a situation or an issue from a different perspective.

Remember, your council is working for you and we are here to listen. The quality of representation is directly related to the quality of feedback. Please feel free to e-mail, call, or write when you have a question or concern. I look forward to meeting with you all soon.

Sheri Lauritano

# Goodyear City Council



Gary Gelzer, Sheri Lauritano, Vice Mayor Joanne Osborne, Mayor Georgia Lord, Joe Pizzillo, Wally Campbell, Bill Stipp

### to watch Council meetings. City Council Calendar

Council meetings

and work sessions are

held at the Justice Center, at 185 N. 145th Ave. Visit

www.goodyearaz.gov for all

public meeting schedules and

Monday, October 17 Work Session – 5 p.m. Monday, October 24 Regular Meeting - 6 p.m.

Monday, November 7 Work Session – 5 p.m. Monday, November 14

Regular Meeting - 6 p.m.

Monday, November 28 Regular Meeting - 6 p.m. Monday, December 5 Regular Meeting - 6 p.m.



I'm proud to announce that the City's Volunteer Program has reached the momentous \$1 million mark in savings to the City of Goodyear this past fiscal year. This program, now in its fifth year, is under the direction of coordinator Judi Switanek. It has been an incredible help to both the City of Goodyear as well as to our community. At least nine of our City departments regularly use volunteers to supplement their staffing and refer to these people as "invaluable." Many volunteers also do work out in our community that otherwise would require City staff time such as for G.A.I.N., Fill-A-Need Program, the Ballpark and Spring Training events, cleaning weeds from alleys and right-of-ways, painting fire hydrants, and more. Through June of 2010, the program has accumulated a total of 57,088 volunteer hours for a total savings of \$1,142,859. The hourly rate that it is based on is provided by Independent Sector which is used by most non-profits and government agencies.

Another volunteer program celebrating a milestone is the "You Are Not Alone (YANA) Program," which is celebrating its one-year anniversary this month! YANA is a free program offered by the Goodyear Police Department's Volunteers in Police Services (VIPS). This program provides regular phone calls and home visits to seniors who have limited family or community contacts. Seniors can

also call YANA for help finding specific services and resources.

Additionally, G.A.I.N. has become an incredibly successful annual event thanks to the hours and hours of work the dedicated committee of volunteers (shown here) puts into this neighborhood-oriented event.

We can't thank all the people enough who volunteer their time to help the City and to help others in need. It is your hearts and your help that make a difference in this city.



Front row: Mary Salais, Marsha Kornegay-Hill, Lili Schuett, Jane Gasch. 2nd row: Jackie McLaughlin, Mishele Revelo, Joan Dart. 3rd row: Jim McLaughlin, Sly Markovic, Jim Evans, Barb Missaggia, Jocelyn Boehme, Tammy Campbell, Donna Beuthin, Sam Rutledge, Brian Bering. Back row: Bill King, Catherine King, Dave Alexander, Elaine Schmerbeck, Chuck Watson, Carol Watson, Debbie Vivian, Dave Schock Absent: Kiesha Beard, Steve Royer, Susan Lutz, Jackie Lavin, Wally Campbell.

# **Economic Development Marketing Campaign Wins Five National Awards**

Goodyear's Economic Development Department's Leading Edge Campaign was the recipient of five national awards in September from 3CMA, the national association of municipal marketing professionals, and from International Economic Development Council (IEDC).

At the City-County Communications and Marketing Association (3CMA) national conference, Goodyear was honored with two second place awards for the Leading Edge Campaign/Showcase and the Leading Edge Video as well as an Award of Excellence for the Leading Edge Brand/Logo. The award-winning logo, brochures, and collateral materials were designed in-house by Goodyear's Graphic Designer Michael Leone. The video was created by an outside firm, but directed by Goodyear Public Information Officer Nora Fascenelli.

The (IEDC) awards, presented at the national conference in North Carolina, were for the Leading Edge Brochure and for the Leading Edge Campaign.

The brochures, logos, invitations, video, and collateral materials used a modern, metallic, chiseled "edgy" look that emphasized access to key transportation corridors, proximity to West Coast markets, high quality of life, notable businesses, and ready workforce. More than 1,000 "leave behind" brochures and take-away packages have been distributed at trade shows and conferences nationwide, and the Leading Edge video continues to serve an integral role in Goodyear's aggressive promotional effort to attract jobs to our city.

# Vice Mayor Osborne Receives Scholarship to National Leadership Summit

Vice Mayor Joanne Osborne received the Fourth Annual Michael H.T. Lynch Memorial Scholarship to attend the National League of Cities 19th Annual Leadership Summit, "Inspire, Change, Lead: The Art of Possibility." The \$2,500 scholarship was awarded by the National League of Cities, and covered the vice mayor's registration fee, airfare, travel, and lodging expenses for the three-day event last month in Minneapolis, Minnesota. The Leadership Summit is a professional development retreat for local officials, promoting success and understanding of leadership roles and responsibilities.

# **Goodyear Veterans** to Reap Benefit of Make A Difference Day

Make a Difference Day – October 22 – is a day when people nationwide help their neighbors in need.

The owners and executives of West Valley businesses are working together for this annual volunteer day to make a difference in the lives of military veterans in our community and to be a catalyst for positive change in the community. City of Goodyear Customer Service Supervisor Connie Stepnitz is a member of this 2011 West Valley Make a Difference Day Leadership Team. One of their projects will be painting the homes of disabled veterans in Goodyear on that day. The veterans were identified with the help of the YANA program (referred to in the City Manager's column). Stepnitz says they are still seeking volunteers. If you would like to help, please call Connie at 623-882-7876.

The City of Goodyear's volunteer program, under Judi Switanek, is also targeting Goodyear YANA members for Make a Difference Day projects. One of the projects is to help them with outside landscaping for the homes of YANA members who are not able to keep up with their yard work. Another is to team with the Valley of the Sun chapter of Rebuilding Together, the largest volunteer home rehabilitation organization in America, for their Paint-A-Thon to help paint the homes of any Goodyear veterans or low income seniors chosen for the Rebuilding Together program.

Other Make a Difference Day projects include high school students painting fire hydrants in Estrella, cutting weeds in abandoned lots, spreading rock, painting walls, and/or cutting weeds at City well sites.

# Goodyear In Action Day November 5, 2011

# Goodyear Community Park

Goodyear In ACTION Day is the final day of the 2011 Goodyear In ACTION year-round activities and events. Come celebrate and get motivated to live a healthier lifestyle at home! Find out more at goodyearinaction.com or e-mail goodyearinaction@live.com.

- Meet the top fitness pros in the West Valley
- Get autographs from Cincinnati Reds players
- Fit Kids Fun Run
- Fitness Challenges
- Free health checks
- Breast and prostate



Goodyear's

Community Festival

Goodyear's Community Festival celebrating G.A.I.N. will be on October 22 from 4:30 to

7:30 p.m. on the Goodyear Ballpark front lawn, at

Estrella Parkway, south of Yuma Road. Parking is free.

Free food, family fun, and entertainment for all ages:

Visit goodyearinaction.com **ACTION** Promote. Educate. Motivate.

# Move to the Right!

Pull immediately to the right when a police car, fire engine, ambulance, or other emergency vehicle approaches with sirens, lights, or other warning devices on. Whether the emergency vehicle is coming towards you, or shows up in your rear view mirror coming from behind, pull to the right and let them pass. It's the law, and the seconds saved can make all the difference in the world for someone in need. 🗞

Flashing Lights?

It's the Law



• Bouncies, Carnival Games, Balloon Twister, and Face Painting

Dunk Tank (benefits the Goodyear Graffiti Buster Program)
Home Depot Make-and-Take Activity (emergency helicopter)
Rhythm Workshops and Games (Phoenix Conservatory of Music)

Hotdogs and Hamburgers by Knights of Columbus (benefits Graffiti Buster Program)
Information from City of Goodyear Public Works, Police, Fire, and Other Departments; and Local Businesses and Organizations

Sponsors: Cancer Treatment Centers of America, Palm Gate RV and Self Storage, Royer Association Management, Cincinnati Reds, Cleveland Indians, Southwest Ambulance, and Target.

For more information, call 623-882-7801 or visit www.goodyearaz.gov/gain.





### Goodyear Residents: Bring Household Hazardous Waste

to Goodyear City Hall Saturday, October 29 from 8 a.m. to Noon

Goodyear residents can drop off their household hazardous waste from 8 a.m. to noon on Saturday, October 29 in the parking lot at Goodyear City Hall, 190 N. Litchfield Rd. at the southwest corner of Van Buren Street. Vehicles must enter only from the driveway on Van Buren Street on the north side of City Hall. There is no charge, but proof of Goodyear residency, such as a recent Goodyear utility bill is required. This event is for residential hazardous waste only. Commercial waste will not be accepted. Please transport waste materials in a cardboard box in the car trunk or truck bed.

### Acceptable items include:

- Electronics: TVs, cell phones, VCRs, computers
- Lawn chemicals: pesticides, herbicides, fertilizers
- Automotive liquids: oil, anti-freeze, car batteries, gasoline • Home repair chemicals: paint, thinners, solvents, adhesives
- Household items: batteries, poisons, pool chemicals, fire extinguishers
- Up to 5 passenger-type tires (no wheels or rims and no truck tires)

### **Items NOT accepted include:**

Large truck tires, passenger tires with rims, air conditioners, appliances, ammunition, 55-gallon drums of waste, biological and medical waste, glass, metals, plastics, and water heaters.

For a full list of acceptable and unacceptable household hazardous waste items, visit www.goodyearaz.gov or call City of Goodyear Public Works at 623-932-3010.

# Three City Commissions Seeking New Members

### **Arts and Culture Commission**

The Arts and Culture Commission is a Council-appointed volunteer body that guides the City's Public Art Program by making recommendations on policy matters to City Council and staff. The commission is committed to identifying and developing a common artistic and cultural personality for Goodyear that embraces, celebrates, and unites all of our diverse histories, beliefs, cultures, and aspirations. Commissioners actively engage the community and advocate for art in public places, arts programming, and arts education. Members, who must be residents of Goodyear, should have knowledge or interest in the visual arts. Commissioners recommend priorities for the public art program, including the allocation of funds designated for the Public Art Project Plan. Positions are open for two new voting members and one alternate member for a term of three years and a possibility of a second 3-year term. Deadline is October 19.

### Fire Safety/Building Code Enforcement Appeals Board

The Fire Safety/Building Code Enforcement Appeals Board meets quarterly to hear appeals on technical interpretation issues on fire and building safety codes. Board members must have experience and training to pass upon matters pertaining to building construction, building service equipment, fire protection systems, and property maintenance and who are not employees of the City of Goodyear. Members are not required to be a resident of Goodyear. Seven positions are available with terms varying from one to five years. Deadline is October 31.

### **Youth Commission**

Eleven new members are needed for the Youth Commission which provides a voice on how City government can be more responsive to youth needs and interests. The commission serves two purposes: (I) provides a venue for students to develop leadership skills through involvement in city government, and (2) creates a format for students to express their voice on a variety of youth-related issues. Commission members must be residents of Goodyear. High school freshman and sophomores from these schools that serve Goodyear residents may apply: Verrado, Desert Edge, Millennium, Estrella Foothills and Agua Fria high schools. Home-schooled, private and alternative high school students who live in Goodyear may also apply. Eight positions with 2-year terms and three positions with I-year terms are available. Applications taken until commission is full.

For more detail on these commissions, go to www.goodyearaz.gov/boardsandcommissions.



Veterans Day, November II Thanksgiving, November 24 & 25 **City Offices Closed** 

### Sanitation Collection:

Container collection service for each zone will be shifted to one day later than your normal collection day following Friday, November II, Veterans Day and Thursday, November 24, Thanksgiving Day. There will be service on Friday, November 25.

There will be NO BULK COLLECTION service provided on Friday, November II, Veterans Day, Thursday, November 24, Thanksgiving Day, and Friday, November 25. If your designated day falls on one of these holidays, your bulk trash will be collected two weeks later on the next regular designated pickup day for your zone.
Residents in Zone H affected by the holidays will receive collection on November 29.

Visit goodyearaz.gov for more information.

### www.goodyearaz.gov/h2o365. Free Irrigation Basics Class (FREE)

at 4980 S. I57th Ave.

Overseeding Without Over-watering

Week I:

Week 2:

Week 3 and 4:

Week 5 and 6:

Beyond 6 weeks:

Dial back the water as soon as that winter grass starts growing.

If you continue watering winter grass four times a day through

Every 12 hours

Daily in morning

If you don't over-seed, reduce watering of summer grass to once

every two weeks in November. After the first heavy winter rain,

winter will lower your Winter Quarterly Average (WQA) water

usage which serves as the basis for your sewer charges for the

following year and could help lower your sewer bills as well.

It is a great time to plant trees, shrubs, and perennial accent

plants as well as autumn vegetables because the tips of the

new growth are no longer likely to be sunburned. Cooler

temperatures reduce the shock of change and the amount

Need suggestions on what to plant? View plants that thrive in

our desert community at amwua.org/plants or pick up a free print

190 N. Litchfield Rd. or the Public Works Administration Building

Free classes are available to help you take care of those plantings.

Find more information about classes online and sign up at

copy of Landscape Plants for the Arizona Desert at City Hall at

**Plant Now For Success** 

of water required to keep new plantings healthy.

water it only monthly until March. Lowering your water bills in the

Every 2 days in morning

(Grass is now established)

Every 6 hours during daylight

Taper to every 10 days in November

the winter, it will be getting 40 times as much as it needs by

December! Adjust your irrigation timer settings regularly.

Right After Planting: Water Frequency for New Grass

October 18, 6:30 to 8:30 p.m. Fire Station 183, 3075 N. Litchfield Rd. Learn about controllers, drips, emitters, valves, and zones. This class introduces you to automated sprinkler and drip systems for your plants. Taught by Ron Huston, City of Goodyear Parks and Recreation. Go to www.goodyearaz.gov/h2o365 or call 623-882-7510 for information and registration (required).

### Free Rainwater Harvesting Class (FREE)

October 29, 2011, 9:30 to 11:30 a.m. Public Works, 4980 S. 157th Ave. Review of rainwater-harvesting methods and learn simple, low-cost techniques. The class will take a short walk to examine rainwater harvesting potential in the surrounding area to help you see how it may apply the techniques to your home. Taught by Kris Coates, Master Gardener. Go to www.goodyearaz.gov/h2o365 or call 623-882-7510 for information and registration (required).

# Library Events October 2011

**Preschool Story Time** (ages 3-5)

Tuesdays, October 4, II, I8, 25 and November I & 8, at 10:30 or 11:15 a.m., Goodyear City Hall, 190 N. Litchfield Rd., Room 117 Start your week off right with fun stories, songs, and activities.

Choose either the 10:30 a.m. or II:15 a.m. session.

Craft Activity (ages 4-8) Wednesdays, October 5 & 19 and November 2, at 3:30 p.m. Goodyear Library, 250 N. Litchfield Rd., Suite 185

### **Book Discussion Group for Adults**

Monday, October 24, at I p.m. Goodyear City Hall, 190 N. Litchfield Rd., Room 117 Stop by the library to pick up a copy of the October selection. You are invited to bring your lunch.

### Friends of the Library Book Sale

Sunday, October 16, from 10:30 a.m. to 3 p.m. at Goodyear Ballpark in conjunction with the PebbleCreek Autofest.



### Blues, Bruise and BBQs.

originally scheduled for October 22, is moving to 2012. Visit goodyearaz.gov/ballpark for the most current information on this and other events at the Ballpark. Check out the Winter 2011-2012 Recreation Catalog in this issue for other events and activities happening in Goodyear and at Goodyear Ballpark.

### **Free Business** Workshops

West Valley Small Business Workshop 8 a.m. to noon on Wednesday, October 12, Estrella Professional Center, 2nd floor conference room, 15655 W. Roosevelt St., Goodyear. Space is limited to 25 attendees. Register at www.mbc-az.com and click on Upcoming Workshop. Gain information about how to obtain federal contracts and to learn about Small Business Administration (SBA) loan and procurement programs. Sponsored by Sonoran Technology and Professional Services. Participants include U.S. Small Business Administration, MBDA Business Center Phoenix, West Valley National Bank, Arizona Small Business Association, and INSPERITY Business Performance Advisors.

City of Goodyear Business Workshop
I to 4 p.m., Wednesday, November 2, City Hall, I90 N. Litchfield Rd., room II7
To register, call 623-882-7899, 623-882-7874, or e-mail: tdaniels@goodyearaz.gov Free Business Advertising and Job Postings on the City of Goodyear website for all registered Goodyear businesses

- Business registrations: who must register, requirements and yearly renewals
- Sales tax: how much to charge, what deductions to take, assistance with completion of TPT (state sales tax) return, Q & A
- Goodyear Police Department's Protect Your Business Program: crime prevention tips, suspect descriptions, information on local criminal activity

# City of Goodyear Events, Classes, and Sports Winter 2011-2012

# **Special Events**

### **Fall Concert Series**

Enjoy some of the best bands in the Southwest! Bring lawn chairs or blankets for your comfort as you listen to a wide variety of musical performances for the whole family. You may bring food and beverages (no glass containers please) or purchase from our on-site food vendor. For more information, please visit www.goodyearaz.gov.

Dates: Fridays

beginning October 7, 2011

Time: 7 p.m.

Goodyear Community Park, 3151 N. Litchfield Rd. Location:

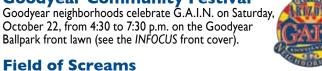
FREE, free parking

October 7: Desert Knights Band (country western) October 14: Arizona Bop Cats (50s and 60s) October 21: Faded Jeans Band (classic and pop rock)

October 28: Thaddeus Rose (high energy entertainment for all ages)

### **Goodyear Community Festival**

October 22, from 4:30 to 7:30 p.m. on the Goodyear Ballpark front lawn (see the INFOCUS front cover).



Trick-or-treat and fun for all ages on October 29, from 5 to 8:30 p.m. at Goodyear Ballpark (see ad on page II of this Recreation Catalog).

City Market

Goodyear's outdoor market has become a West Valley favorite. Enjoy an outdoor stroll as you shop for produce, specialty foods, unique gifts, crafts, pet novelties, and works by local artists. City Market takes place the first Saturday of every month through May

(not held in March during Spring Training). For more information and vendor application, call 480-585-8639.

November 5, December 3, January 7, February 4 Times: 9 a.m to 1 p.m.

Location: Goodyear Ballpark,

Estrella Parkway, south of Yuma Road

FREE, free parking Price:

### 5th Annual Wag & Tag

Pack up your pooch and join the fun at the free Wag & Tag dog event. K9 demos, raffles, Best of the Pets contest, dog related vendors, food, and the Sun Valley Animal Shelter will be on site offering pet adoptions and specially-priced microchipping. For more information, call 623-882-7603.

November 12 Date: 10 a.m. to 1 p.m. Times:

Location: Roscoe Dog Park, 15600 W. Roeser Rd. (west of Estrella Parkway, south of MC-85)

### **West Valley Senior Games**

Events divisions include tennis, pickleball, softball, bocce, wii bowling, and swimming. For details and registration forms, please visit the event website at www.westvalleyrecreation.com.

November 19 8 a.m. to 2 p.m. Times: Location: PebbleCreek Community

### **Heart & Sole Run**

Presented by West Valley Hospital

Register online through February 13 at www.active.com, or in person at the Goodyear Recreation office, 3075 N. Litchfield Rd. Register by February 13 to receive \$5 off. All paid participants receive a race t-shirt and goody bag.

Saturday, February 18, 2012 Date:

Registration and check-in opens at 6 a.m. Times: 5K starts at 8 a.m., I Mile Run starts at 8:15 a.m.

Location: Goodyear Ballpark, Estrella Parkway, south of Yuma Road 5K: \$25 per participant; I Mile Run: \$20 per participant

### **Important Information**

### **Goodyear Recreation Registration**

If you are new to City of Goodyear Recreation, a household account (each family member's name, address, phone numbers, e-mail, and birthday) must be established before registering for the first time. Utility bill (if you live in Goodyear), birth certificates for all minors under 18 years old, and a photo ID for each parent or legal guardian are required when setting up a household account. Only parents or legal guardians are allowed to register minors. Registration is required for all classes. Registration may be accepted online or at the Goodyear Recreation Office located at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Please note: non-refundable convenience fees apply to all online transactions. Not all classes are available for online registration. Some classes require registration fees and class fees in addition to the price of the class. For more information on registration, please visit www.goodyearaz.gov/rec or call 623-882-7525.

### **Refund Policy for All Programs**

If the participant wishes to cancel enrollment or does not participate in a program, the participant must notify the Parks & Recreation Department at least five days prior to the start of the program to receive a refund. No refunds will be issued less than five days prior to the start of the program or reservation date. There are three refund options:

- 1) Parks & Recreation Household Account: If the customer wants the refund posted to his/her account, a credit for the paid amount minus the online convenience fee charge will be issued. This amount must be used within one year of the issue date.
- 2) Check Refund: If the customer paid by cash or check and would like a check issued from the City Finance Department, a 20% or \$5 administration fee (whichever is greater) will be deducted from the amount that was paid. A check will be mailed within two weeks.
- 3) Credit Card Refund: If the customer paid by credit card and would like to credit his/her credit card, a 20% or \$5 administration fee (whichever is greater) will be deducted from the amount that was originally paid minus the online convenience fee charge. A credit card refund will be issued within three days.

# Acuatics For information, please call 623-882-7525 or visit www.goodyearaz.gov/rec

### **City of Goodyear Aquatics**

Swim Lessons - ISR (6 months - 6 yrs)

Give your child the competence, confidence, and skills of aquatic safety and survival from Infant Swimming Resource (ISR), the safest provider of Self-Rescue™ swimming lessons. For the last 40 years, ISR's hands-on instruction technique has been researched and developed to offer a proven system for safely teaching your child to enjoy the fun of swimming, while at the same time teaching life saving survival swimming skills. Lessons are customized and taught by a certified ISR instructor, last for 10 minutes, emphasize health, ongoing program evaluations, and parent education. For more information and to register, go to www.infantswim.com, call 623-935-2935, or e-mail infantswimgoodyear@cox.net. By Cindy Perlman, Certified ISR Instructor.

Monday – Friday (4 to 6 week session)

10-minute classes per day Times:

Location: Goodyear Swimming Pool, 430 E. Loma Linda Blvd \$190 (\$105 registration fee at register.infantswim.com

plus \$85 per week session)

### **Swim Lessons - Starfish**

Lessons are focused on survival and safety skills and organized by age and ability. Please read swim level descriptions online at www.goodyearaz.gov/rec, click on Aquatics, Swim Lessons. This swim lesson program requires parent involvement by providing for your child's safety around water, maintaining enthusiasm and a positive attitude, ensuring that your child attends each swim lesson (unless they are sick), applying water safety rules, and practicing the fundamental skills your child is learning. Please review CDC's recommendations on healthy swimming and know "Your LAAPS" before the first day of class. Min/Max: 3/4.

Monday – Thursday Days:

Dates: October 10 – October 20 (eight 35-minute classes) October 24 – November 3 (eight 35-minute classes)

10 to 10:35 a.m.

Location: Goodyear Swimming Pool, 430 E. Loma Linda Blvd.

\$30 (\$40 non-resident) per 8 classes Register: Now through day before session begins

### **Dive Team - Beginner to Intermediate (5+ yrs)**

A "safety first" approach to beginning divers as they learn the proper way to execute a front approach, front take-off, back take-off, standing front dive, front dive with approach, back dive (fall-off), back dive with take-off, front dive 1/2 twist, inward dive and introduction to somersaulting. Divers will also master the positions of tuck, pike and straight (layout) and proper execution of head-first entries and feet-first entries. An introduction to the dive numbering system and degree of difficulty for various dives will be covered as related to competitions. Covering four types of work-out: physical conditioning, diving gymnastics and on land drills, underwater and shallow water work-out, and board work. By Jerolyn Webb, City of Goodyear. Min/Max: 6/20.

### **Dive Team - Advanced to Elite (5+ yrs)**

For divers that have already mastered the intermediate skills and are ready to advance to reverse dives, front 1-1/2 somersaults, and an introduction to optional: multiple somersaulting in front, back, reverse, and inward groups, twisting fundamentals: front and back, and meet competition preparation, filling out dive sheets. Covering four types of work-out: physical conditioning, diving gymnastics and on land drills, underwater and shallow water work-out, and board work. By Jerolyn Webb, City of Goodyear. Min/Max: 6/20.

October 31 - December 10 (5 weeks) (no class Nov. 19, 24, 26)

January 9 - February 18, 2012 (6 weeks) February 20 – March 31, 2012 (6 weeks) April 2 – May 14, 2012 (6 weeks) Beginners: 6:30 to 7:30 p.m., Thursdays Intermediate: 7 to 8 p.m., Thursdays Advanced/Elite: 6:30 to 8 p.m., Mondays

All divers: 2 to 4 p.m., Saturdays Location: Southwest Valley YMCA, 2919 N. Litchfield Rd. \$70 (\$80 non-resident) per 6 week session

Register: Now through day before session begins

### **YMCA Aquatics Programs**

Southwest Valley YMCA, 2919 N. Litchfield Rd., 623-935-5193 www.valleyymca.org/southwestvalley/

### **Learn to Swim Classes** (3+ yrs)

Group swim lessons are a great way to introduce kids to water safety and basic swim strokes. Lessons are offered year-round, with new lessons beginning every month. Lessons are offered twice a week for four week sessions, with a total of eight sessions. From parent/child classes that cater to children as young as six months old to our most advanced group lessons that help prepare swimmers to move on to a swim team, there is a lesson designed for everyone.

Monday - Thursday (monthly), Saturdays (5-week)

Times: 8:30 to II a.m. and 4:30 to 7 p.m.

\$40 FM (Facility Membership), \$75 PM (Program Membership)

### Semi-Private and Private Swim Lessons (3 yrs - adult)

Private and semi-private lessons are available for children and adults of all ages, at any ability. Semi-private and private lessons are catered directly to participant's needs and skill level. Learning is often accelerated through the benefit of both one-on-one and two-one instruction.

Days: Based on participants/instructors schedule Times: Based on participants/instructors schedule

Semi-Private Lessons Prices: Private Lessons 4 Lessons: \$62 FM, \$93 PM 4 Lessons: \$47 FM, \$93 PM

8 Lessons: \$116 FM, \$165 PM 8 Lessons: \$116 FM, \$165 PM

### YMCA Westside Silver Fins (5 yrs - adult)

Year-round United States Swimming (USS) team that competes locally, regionally, and nationally offers a competitive program for athletes of all ages. Team members must be able to complete at least 25 yards freestyle and 25 yards backstroke and be familiar with all four competitive strokes. Athletes are encouraged to set up an appointment with a coach and participate in a skill level trial. For more information, please visit www.wsfins.com or contact the Southwest Valley Family YMCA.

Days: Year-round program with most practices in the evenings

Times: Vary by training group

Locations: Southwest Valley Family YMCA and Glendale YMCA

\$35 - \$115 depending on group and YMCA membership status

### Water Fitness Classes (adults)

Take to the water for fun and fitness! Aquatic exercise programs for all fitness levels. The programs, which take place mainly in the shallow

water, range from joint range of motion classes to high-intensity aerobic classes. Exercising in the water provides a challenging workout in a near weightless and zero impact environment.

Days: Monday – Friday Times: 8:30 to 10:30 a.m.

Prices: Member pricing varies. Day pass for Goodyear residents: 18 yrs & under: \$2.50, 19+ yrs: \$5

### **Lifeguard Certification Classes (15+ yrs)**

Have you ever considered becoming a lifeguard? Learn how to protect lives and prevent drowning. Must be able to perform certain water skills. CPR, first aid, bloodborne pathogens, and lifeguard certification are included in training. YMCA and American Red Cross courses are designed to teach the knowledge and skills needed to be a lifeguard.

Monday - Saturday January 9 – 12, 4 to 8 p.m. lanuary 13, 3:30 to 8 p.m. January 14, 9 a.m. to 5 p.m.

Prices: \$200 FM, \$225 PM

# Youth Enrichment Classes

### **Goodyear Recreation Registration**

Registration is required for all classes. A household account must be established before registering for the first time. Proof of Goodyear residency and photo ID required. Registration may be accepted online or at the Recreation Office, 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page I for details. For more information, please visit www.goodyearaz.gov/rec or call 623-882-7<u>525.</u>

### **Babysitting** (10 - 18 yrs)

This community education and safety program covers child safety and basic care techniques for infants and children. This course provides fundamental information for home, childcare workers, or babysitters and covers pediatric CPR and first aid, feeding, burping and diapering. Participants will receive a workbook along with a two-year certification card. Please bring a sack lunch. Find more information about the class at www.crosslifeline.com, call I-866-508-7234, or e-mail learncpr@crosslifeline.com. One day class. By Cross' Lifeline Emergency Training. Min/Max: 6/20. Registration fee: \$5 (\$10 nonresident), is due at the time of registration. Class fee: \$40 made payable to Cross' Lifeline Emergency Training, is due first day of class. Pre-registration required. For more information on registration, call 623-882-7525.

Choose one: Oct. 22, Nov. 12, Dec. 10, Jan. 14, Feb. 11, March 10 Days:

9 a.m. to 1 p.m.

Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.

\$45 (\$50 non-resident)

Register: Now through one week before class

Crafts: Kids Craft Time (5 - 12 yrs)

Let your child's creativity soar with Kids Craft Time! This class includes a one-of-a-kind craft each class. All project materials are provided. For more information, go to handcraftedbytammy.com or e-mail handcrafted\_tammy@ msn.com. By Tammy Carnes, Min/Max: 4/8, Registration fee: \$10 (\$\overline{2}0\$ nonresident), is due at the time of registration. Class fee: \$15 made payable to Tammy Carnes, is due first day of class. Pre-registration required. For more information on registration, call 623-882-7525.

Days:

October 13 - 27, November 3 - 17, December 8 - 22 (3 weeks) Dates:

3 to 4 p.m. Times:

Fire Station 183, conference room, 3075 N. Litchfield Rd. Location:

\$25 (\$35 non-resident) per 3 week session Register: Now through one week before session begins

### Crossfit Kids (5+ yrs)

Our goal for Crossfit Kids at Fury is broad, inclusive, general fitness wrapped in BIG FUN. That means we want to help your kids become healthier and more fit, while learning to enjoy playing the sport of fitness. This involves teaching kids to grow up knowing how to move safely, eat healthy, and challenge their limits. For more information and to register, go to www. crossfitfury.com or call 623-932-4338.

Thursdays at 5:30 p.m. and Saturdays at 8:15 a.m. (30 minutes)

Advanced Kids Classes: Mondays and Wednesdays at 5:30 p.m. and Thursdays at 6 p.m. (45 minutes)

Location: Crossfit, 600 N. Bullard Ave.

\$10 per class or \$70 punch card for 8 classes



### For information, please call 623-882-7525 or visit www.goodyearaz.gov/rec

### **CrossFit Fury Student Athlete Program**

Off-season strength and conditioning course for high school aged athletes serious about playing collegiate level sports. Teaches and implements collegiatestyle training with emphasis on mechanics, technique, and general conditioning. For more information and to register, go to www.crossfitfury.com or call 623-932-4338. Tuesdays and Thursdays at 5:30 p.m., and Saturdays at 9 a.m. at Crossfit, 600 N Bullard Ave.; \$95 (\$105 non-resident) per month.

### **Dance** by Anaya Tribal

### **Belly Dance for Teens** (13 - 17 yrs)

Pomegranate SEEDs (Self Esteem, Empowerment and Education through Dance): young women learn belly dance technique, dance history, and improvisational Tribal Style dance – a dance form fusing ancient and modern ethnic dance – Middle Eastern belly dance, flamenco, East Indian, and North African. This improvisational dance generates options, helping young women build quick thinking, self-esteem, and confidence. Class addresses fitness, body image, and self-esteem as it applies to young women – establishing knowledge and honor for their bodies in an age-appropriate manner. No dance experience necessary. By Cari Smith of Anaya Tribal, City of Goodyear. Min/Max: 5/20. Pre-registration required. For more information on this class or registration, call 623-882-7525.

October 4 – November 22, December 6 – January 24 (8 weeks) Dates:

Times: 5 to 6 p.m.

Location: Goodyear Community Center, 420 E. Loma Linda Blvd.

\$60 (\$65 non-resident) per session Register: Now through day before session begins

### **Dance** by Steppin' Out Performing Arts

Steppin' Out Performing Arts, 13331 W. Indian School Rd. www.steppinoutperformingarts.com or 623-399-9722 e-mail: steppinoutperformingarts@yahoo.com

### Ballet/Jazz Combo (3 - 5 yrs)

Children will receive a well-rounded introduction to dance. Using stories, props, and fun music, children learn ballet, jazz, and tumbling skills and will showcase a dance combining all of the techniques they have learned. No experience is necessary. Min/Max: 4/8. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class. Pre-registration required; call 623-882-7525.

Days:

Dates: October 19 – December 2 (6 weeks) (no class November 25)

January 13 – February 17, 2012 (6 weeks) March 2 – April 6, 2012 (6 weeks)

April 20 – May 25, 2012 (6 weeks)

II:30 a.m. to 12:15 p.m.

\$40 (\$50 non-resident) per 6 week session Prices:

Register: 2011 classes: Now through day before session begins 2012 classes: November 7 through day before session begins

### Ballet/Tap Combo I (3 - 5 yrs)

This class is a fun and exciting introduction to ballet, tap, creative movement, and tumbling basics. The children will showcase a dance combining all of the techniques they have learned. No experience is necessary. Tap shoes required. Min/Max: 4/8. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class. Pre-registration required; call 623-882-7525.

Wednesdays or Fridays

October 19 – December 2 (6 weeks) (no class Nov. 23, 25) Dates:

January II – February 17, 2012 (6 weeks) February 29 – April 6, 2012 (6 weeks) April 18 – May 25, 2012 (6 weeks) 10:30 to 11:15 a.m. or 3 to 3:45 p.m. \$40 (\$50 non-resident) per 6 week session

Register: 2011 classes: Now through day before session begins

2012 classes: November 7 through

day before session begins

### Ballet/Tap Combo II (5 - 8 yrs)

This class is an exciting introduction to ballet, jazz, tap, creative movement, and tumbling basics. The children will showcase a dance combining all of the techniques they have learned. No experience is necessary. Tap shoes required. Min/Max: 4/8. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class. Pre-registration required; call

Wednesdays Days:

Dates: October 19 – November 30 (6 weeks) (no class November 23)

January II – February I5, 2012 (6 weeks) February 29 - April 4, 2012 (6 weeks) April 18 – May 23, 2012 (6 weeks)

4 to 4:45 p.m.

\$40 (\$50 non-resident) per 6 week session Prices: 2011 classes: Now through day before session begins

2012 classes: November 7 through day before session begins

### Cheer/Hip Hop Combo (6 - 12 yrs)

In this energized class, students will learn basic arm movements, tumbling, jumps, and stunts along with some of the newest dance styles and tricks. These skills will be combined into cheers, chants, and dances that will be showcased for parents at the end of the session. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class. Pre-registration required; call 623-882-7525.

Days: Saturdays

October 22 – December 3 (6 weeks) (no class November 25) Dates:

January 14 - February 18, 2012 (6 weeks) March 3 - April 7, 2012 (6 weeks)

April 21 – May 26, 2012 (6 weeks)

12 to 12:55 p.m.

\$40 (\$50 non-resident) per 6 week session Prices:

2011 classes: Now through day before session begins Register: 2012 classes: November 7 through day before session begins

### We Can Dance Two (2 yrs)

Learn to teach your two year old skills that build strength, coordination, flexibility, and large motor skills. Using props, stories, and fun music, your child will gain a positive introduction to dance and tumbling basics. This is also a fun way to spend quality time with your child and meet new friends! One adult per child. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class. Pre-registration required; call 623-882-7525.

October 19 – December 2 (6 weeks) Dates:

(no class November 25)

January 13 – February 17, 2012 (6 weeks) March 2 – April 6, 2012 (6 weeks) April 20 - May 25, 2012 (6 weeks)

9:30 to 10:15 a.m.

\$40 (\$50 non-resident) per 6 week session Register:

2011 classes: Now through day before session begins

2012 classes: November 7 through day before session begins



# **Youth Enrichment Classes**

### **Goodyear Recreation Registration**

Registration is required for all classes. A household account must be established before registering for the first time. Proof of Goodyear residency and photo ID required. Registration may be accepted online or at the Recreation Office, 3075 N. Litchfield Rd. 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page I for details. For more information, please visit www.goodyearaz.gov/rec or call 623-882-7525.

### **Gymnastics** by Estrella Gymnastics

Estrella Gymnastics, 14190 W. Van Buren St., A106 & A107 www.estrella-gymnastics.com or 623-932-1053 For more information on registration, call 623-882-7525

### Parent Tot Gymnastics (I - 3½ yrs)

Parents, grandparents, aunt or uncle have fun introducing children to the fun of gymnastics. Qualified and caring teachers will guide you to help your child accomplish skills on balance beam, bars, tumbling, and trampoline in a bright, clean, preschool environment. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$53 per 6-week or \$36 per 4-week, made payable to Estrella Gymnastics, is due first day of class. Pre-registration required.

Tuesdays, Thursdays, or Saturdays September 27 – November 12 (6 weeks) (closed the week of October II for Fall Break) November 15 – December 24 (6 weeks) January 3 – 28, 2012 (4 weeks) February 7 – March 3, 2012 (4 weeks) March 6 – 31, 2012 (4 weeks) April 3 – 28, 2012 (4 weeks) May 1 - 26, 2012 (4 weeks) June 5 - 30, 2012 (4 weeks)

8:30 to 9:10 a.m.

Prices: \$63 (\$73 non-resident) per 6 week session \$46 (\$56 non-resident) per 4 week session

Register: 2011 classes: Now through day before session begins 2012 classes: November 7 through day before session begins

### Tiny Stars Gymnastics (3½ - 4 yrs)

A structured class without parents, introducing students to floor exercise and tumbling, balance beams, bars, and trampoline. Qualified and caring teachers will teach age-specific skills. Min/Max: 4/10. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$68 per 6-week or \$46 per 4-week, made payable to Estrella Gymnastics, due first day of class. Pre-registration required.

Mondays 3:45 to 4:30 p.m. or Saturdays 10:15 to II a.m. Dates:

September 26 – November 12 (6 weeks) (closed the week of October II) November 14 – December 24 (6 weeks) January 9 - February 4, 2012 (4 weeks) February 6 – 25, 2012 (4 weeks) March 5 – 24, 2012 (4 weeks) April 2 – 28, 2012 (4 weeks) May 7 – 26, 2012 (4 weeks)

June 4 – 30, 2012 (4 weeks) \$78 (\$88 non-resident) per 6 week session

\$56 (\$66 non-resident) per 4 week session 2011 classes: Now through day before session begins

2012 classes: November 7 through day before session begins

Junior Gymnastics (4½ - 6 yrs)

This is a small, structured class, without parent participation, introducing children to floor exercise, tumbling, balance beams, bars, and trampoline. Qualified and caring teachers will teach age-specific skills. Min/Max: 4/18. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$73 per 6-week or \$50 per 4-week, made payable to Estrella Gymnastics, is due first day of class. Pre-registration required.

Days: November 15 – December 20 (6 weeks) Dates:

January 3 – 24, 2012 (4 weeks) February 7 – 28, 2012 (4 weeks) March 6 – 27, 2012 (4 weeks) April 3 – 24, 2012 (4 weeks) May 1 - 22, 2012 (4 weeks) June 5 – 26, 2012 (4 weeks)

5:15 to 6:15 p.m.

\$83 (\$93 non-resident) per 6 week session \$60 (\$70 non-resident) per 4 week session

2011 classes: Now through day before session begins 2012 classes: November 7 through day before session begins

**Boys/Girls Gymnastics** (7 - 12 yrs)

Structured classes introducing students to all of the basic skills on all of the gymnastics apparatus, including tumbling, vault, bars, balance beam, and trampoline. Qualified teachers will ensure that children receive the best instruction to learn the basic skills applying correct and safe technique. Award ribbons will be awarded to all participants. Min/Max: 4/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$73 per 6-week or \$50 per 4-week, made payable to Estrella Gymnastics, is due first day of class. Pre-registration required.

Mondays Days: Dates:

September 26 – November 7 (6 weeks) (closed the week of October II) November 14 – December 19 (6 weeks) January 9 – 30, 2012 (4 weeks) February 6 – 27, 2012 (4 weeks)

March 5 - 26, 2012 (4 weeks) April 2 – 23, 2012 (4 weeks) May 7 - 28, 2012 (4 weeks) June 4 – 25, 2012 (4 weeks)

5:30 to 6:30 p.m.

\$83 (\$93 non-resident) per 6 week session \$60 (\$70 non-resident) per 4 week session

2011 classes: Now through day before session begins 2012 classes: November 7 through day

before session begins

**Boys/Girls Tumbling** (7 - 14 yrs)

Learn the basic skills of tumbling, including basic rolls, cartwheels, handstands, walkovers, round offs, back handsprings, and more. Qualified instructors will ensure that children receive the best instruction to learn the basic skills applying correct and safe technique. Award ribbons will be awarded to all participants. Min/Max: 4/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$73 per 6-week or \$50 per 4-week, made payable to Estrella Gymnastics, is due first day of class. Pre-registration required.

Days: Mondays Dates:

September 26 – November 7 (6 weeks) (closed the week of October II) November 14 – December 19 (6 weeks) January 9 – 30, 2012 (4 weeks) February 6 – 27, 2012 (4 weeks) March 5 – 26, 2012 (4 weeks) April 2 – 23, 2012 (4 weeks)

### For information, please call 623-882-7525 or visit www.goodyearaz.gov/rec

### **Boys/Girls Tumbling (continued)** May 7 – 28, 2012 (4 weeks)

June 4 – 25, 2012 (4 weeks)

6:30 to 7:30 p.m.

\$83 (\$93 non-resident) per 6 week session \$60 (\$70 non-resident) per 4 week session

Register: 2011 classes: Now through day before session begins

2012 classes: November 7 through day before session begins

Dance N Tumble (4 - 12 yrs)

This unique class includes dance, tumbling, and trampoline in the gym. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$68 per 6-week or \$46 per 4-week, made payable to Estrella Gymnastics, due first day of class. Pre-registration required.

Tuesdays

November 15 – December 20 (6 weeks)

January 3 – 24, 2012 (4 weeks) February 7 – 28, 2012 (4 weeks) March 6 – 27, 2012 (4 weeks) April 3 – 24, 2012 (4 weeks) May I - 22, 2012 (4 weeks) June 5 – 26, 2012 (4 weeks)

4:30 to 5:15 p.m.

\$78 (\$88 non-resident) per 6 week session \$56 (\$66 non-resident) per 4 week session

Register: 2011 classes: Now through day before session begins

2012 classes: November 7 through day before session begins

### Kick N Tumble (4 - I2 yrs)

Combination of karate, tumbling, and trampoline taught by certified karate and gymnastics teachers. Min/Max: 4/12. Registration fee: \$10 (\$20) non-resident), is due at the time of registration. Class fee: \$68 per 6-week or \$46 per 4-week, made payable to Estrella Gymnastics, is due first day of class. Pre-registration required.

Mondays and Wednesdays

September 26 – November 9 (6 weeks)

(closed the week of October II) November 14 – December 21 (6 weeks)

January 4 – 30, 2012 (4 weeks, starts Wednesday) February 6 – 29, 2012 (4 weeks)

March 5 – 28, 2012 (4 weeks) April 2 – 25, 2012 (4 weeks)

May 2 – 28, 2012 (4 weeks, starts Wednesday) June 4 – 27, 2012 (4 weeks)

4:30 to 5:30 p.m. \$78 (\$88 non-resident) per 6 week session

\$56 (\$66 non-resident) per 4 week session

Register: 2011 classes: Now through day before session begins

2012 classes: November 7 through day before session begins

### **Martial Arts**

Karate for Kids (4 - 6 yrs and 7 - 14 yrs)

Students will learn the fundamentals of karate from a certified instructor. Students will gain discipline, self-confidence, strength, and coordination. Stranger awareness will be taught and incentive patches will be awarded for achievement. For more information, go to www.estrella-gymnastics.com or call 623-932-1053. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident). is due at the time of registration. Class fee: \$45 per 6-week, \$31 per 4-week, made payable to Estrella Gymnastics, is due first day of class. Pre-registration required. For more information on registration, call 623-882-7525.

Mondays and Wednesdays

September 26 – November 9 (6 weeks) Dates:

(closed the week of October II)

November 14 – December 21 (6 weeks)

January 4 – 30, 2012 (4 weeks, starts Wednesday)

February 6 – 29, 2012 (4 weeks) March 5 – 28, 2012 (4 weeks) April 2 – 25, 2012 (4 weeks)

May 2 - 28, 2012 (4 weeks, starts Wednesday)

June 4 – 27, 2012 (4 weeks) 5:30 to 6:15 p.m. (4 - 6 yrs) 6:30 to 7:15 p.m. (7 - 14 yrs)

Estrella Gymnastics, 14190 W. Van Buren St., A106 & A107

\$55 (\$65 non-resident) per 6 week session \$41 (\$51 non-resident) per 4 week session

Register: 2011 classes: Now through day before session begins

2012 classes: November 7 through day before session begins

### Tae Kwon Do (4+ yrs)

Tiger Cubs (ages 4 - 5 years) learn the basics of Tae Kwon Do: working kicks and blocks, large muscle development, and flexibility. Cubs learn stranger/ abduction avoidance and self-defense. Students White Belt and above (ages 6 - 12) learn the traditional art of Tae Kwon Do from an ITA certified instructor. This program includes training in moves, forms, self-defense, flexibility, strength, and conditioning. The classes also focus on learning the seven tenants: honor, courtesy, integrity, perseverance, self-control, courage, and community. White and Yellow Belts are beginning students: Green Belts and above are advanced students. Uniform is required; first uniform will be provided; additional can be purchased. Payments are due monthly. Register through Goodyear Taekwondo. By Karl Kurtz. For more information, call 623-210-9740.

Ongoing classes are four days per week session Recommended: two to four classes per week session

Times: Tiger Cubs

Wednesdays, Fridays: 5 to 5:30 p.m. Saturdays: 11:30 a.m. to 12 p.m.

Ir. White and Yellow Belts Mondays: 5:30 to 6:20 p.m.

Wednesdays, Fridays: 5:30 to 6:20 p.m. Saturdays: 10:30 to 11:20 a.m.

Ir. Green Belts and up Mondays: 6:30 to 7:20 p.m.

Wednesdays: 6:30 to 7:20 p.m. Mondays: 7:30 to 8:20 p.m. Fridays: 5:30 to 6:20 p.m. Wednesdays, Fridays: 7:30 to 8:20 p.m.

Saturdays: 9:30 to 10:20 a.m. Saturdays: 12 to 12:50 p.m.

Location: Goodyear Community Center, 420 E. Loma Linda Blvd.

\$45 (\$55 non-resident) per month, Tiger Cubs

\$60 (\$70 non-resident) per month, White Belts and above Starter discount: two-week course for \$29, uniform included.

Call for details. Family discounts available.



# **Youth Enrichment Classes**

### **Goodyear Recreation Registration**

Registration is required for all classes. A household account must be established before registering for the first time. Proof of Goodyear residency and photo ID required. Registration may be accepted online or at the Recreation Office, 3075 N. Litchfield Rd. 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page I for details. For more information, please visit www.goodyearaz.gov/rec or call 623-882-7<u>525.</u>

### Music

### Pain Free Piano for Kids! (3+ yrs)

Now there is a better way to learn the piano and it is a LOT of fun. Come attend this class with your potential piano student and see how this innovative new computer program teaches piano without all the pain. Piano Wizard operates like a video game and is very intuitive. You can go to this link: www.youtube.com/watch?v=Q-zCbGUGU9U&feature=related and view a very young student successfully playing songs and having fun! Piano has never before been this easy and this much fun. For more information about the class, go to www.justonceclasses.com. Min/Max: 6/15. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$47 made payable to Craig Coffman, is due first day of class. Pre-registration required. For more information on registration, call 623-882-7525.

Choose one: January 30 or April 19, 2012 Dates:

4 to 6 p.m.

Location: Fire Station 183, conference room,

3075 N. Litchfield Rd. Prices: \$52 (\$57 non-resident)

Register: November 7 through one week before class

### **Music** by Phoenix Conservatory of Music

Phoenix Conservatory of Music www.pcmrocks.org or 602-353-9900

For more information on registration, call 623-882-7525

### **Guitar for Little Hands** (6 - 8 yrs)

This class gives students the opportunity to learn more about the basics of guitar playing. They will learn warm-up techniques, finger-strengthening exercises, tuning, proper hand positions, posture, note-reading, fingerpicking, simplified chords, and how to play simple songs step by step by the end of the sessions. Basic fret board theory will also be introduced. No prior experience required. Students will be required to provide their own guitar for class sessions. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at registration. Class fee: \$68 made payable to Phoenix Conservatory of Music, is due first

day of class. Pre-registration required.

Fridays Days:

October 21 – December 2 (6 weeks)

(no class November 25) January 20 – February 24, 2012

(6 weeks)

4:30 to 5:15 p.m.

Fire Station 183, conference room,

3075 N. Litchfield Rd. \$78 (\$88 non-resident)

per 6 week session Register: 2011 classes: Now through day before

session begins

2012 classes: November 7 through day

before session begins

### **Beginning Youth Guitar** (8 - 14 yrs)

This class gives students the opportunity to learn the basics of guitar playing: warm-up techniques, finger-strengthening exercises, tuning, proper hand positions, note-reading. finger-picking, posture, basic chords, and how to play simple songs by the end of the session. Basic fret board theory will also be introduced. No prior experience required. Students are encouraged to bring an acoustic or classical guitar. If electric, bring practice amplifiers. Min/Max: 4/12. Registration fee:

\$10 (\$20 non-resident), is due at the time of registration. Class fee: \$68 made payable to Phoenix Conservatory of Music, is due first day of class. Pre-registration required.

Days: Fridays

Dates: October 21 – December 2 (6 weeks) (no class November 25)

January 20 - February 24, 2012 (6 weeks)

Fire Station 183, conference room, 3075 N. Litchfield Rd. Location:

\$78 (\$88 non-resident) Prices:

**Intermediate Guitar II** (8 - 14 yrs)

2011 classes: Now through day before session begins Register: 2012 classes: November 7 through day before session begins

This class will offer students the opportunity to learn more about intermediate levels of guitar playing and challenge students to improve their musical skills and applications. All students are required to have prior training of beginner level skills and must bring their own guitar. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$68 made payable to Phoenix Conservatory of Music, is due first day of class. Pre-registration required.

October 21 – December 2 (6 weeks) (no class November 25)

January 20 – February 24, 2012 (6 weeks)

6 to 7 p.m.

Fire Station 183, conference room, 3075 N. Litchfield Rd. Location:

\$78 (\$88 non-resident) per 6 week session

2011 classes: Now through day before session begins

2012 classes: November 7 through day before session begins

### **Piano for Little Hands (4 - 7 yrs)**

Musical skills will be taught such as proper hand positions, posture, note-reading, and technique. Students will learn how to play popular age-appropriate songs step by step. No prior experience

is required. Students will be required to provide their own keyboards for class sessions; full-size weighted keys are preferred. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time

of registration. Class fee: \$68 made payable to Phoenix Conservatory of Music, is due first day of class. Pre-registration required.

Days:

October 24 – December 5 (6 weeks) (no class October 31)

January 23 – February 27, 2012 (6 weeks)

5:15 to 6 p.m.

Fire Station 183, conference room, 3075 N. Litchfield Rd. Location:

\$78 (\$88 non-resident) per 6 week session

2011 classes: Now through day before session begins 2012 classes: November 7 through day before session begins

### For information, please call 623-882-7525 or visit www.goodyearaz.gov/rec

### **Beginning Youth Piano** (8 - 14 yrs)

Basic musical skills will be taught such as proper hand positions, posture, note-reading, and technique. Students will learn how to play popular ageappropriate songs step by step. No prior experience is required. Notebook and pencil are suggested. Student will be required to provide their own keyboards for class sessions; full-size weighted keys are preferred. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$68 made payable to Phoenix Conservatory of Music, is due first day of class. Pre-registration required.

Days:

October 21 – December 2 (6 weeks) (no class November 25) Dates:

January 20 - February 24, 2012 (6 weeks)

7 to 8 p.m.

Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.

Prices: \$78 (\$88 non-resident) per 6 week session

Register: 2011 classes: Now through day before session begins

2012 classes: November 7 through day before session begins

### Singing for Little Stars (4 - 7 yrs)

Super Singing (8 - 14 yrs)

These programs offer fun methods that allow students to learn proper voice technique including posture, breath support, pitch accuracy, and projection, as well as the art of performance and presentation. Each student will be given the opportunity to sing in an ensemble setting as well as a soloist. A student recital will be held allowing the students to perform and utilize their acquired skills. No prior experience is required. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$68 made payable to Phoenix Conservatory of Music, is due first day of class. Pre-registration required.

Days:

October 24 – December 5 (6 weeks) (no class October 31)

January 23 - February 27, 2012 (6 weeks) Singing for Little Stars: 4:30 to 5:15 p.m.

Super Singing: 6 to 7 p.m.

Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.

\$78 (\$88 non-resident)

Register: 2011 classes: Now through day before session begins 2012 classes: November 7 through day before session begins

### **Preschool**

### Preschool ABCs & 123s (3 - 5 yrs)

This preschool class is a fun, alternative for children who are not yet in preschool or kindergarten, but ready to be introduced into a schooloriented atmosphere. Participants will be involved in activities such as letter and number recognition, shapes, colors, seasons, and other basic preschool principles. Physical exercises, arts and crafts, story time, Spanish, safety topics, snacks, games, and songs will also be a part of this curriculum. Children must be potty trained. Parents are welcome to stay with children until they are comfortable. However, this class is geared to lead children to independence from parents and encourage them to engage in class activities with their new friends. By Mary Shouse, City of Goodyear. Min/Max: 6/12. Pre-registration required. For more information on this class or registration call 623-882-7525.

Days: Tuesdays and Thursdays

October 4 – November 3 (5 weeks) Dates:

November 8 – December 15 (5 weeks) (no class week of November 21) January 3 – February 2, 2012 (5 weeks) February 7 - March 8, 2012 (5 weeks)

9:30 a.m. to 12 p.m.

Goodyear Community Center, 420 E. Loma Linda Blvd. \$120 (\$150 non-resident) per 5 week session

Register: 2011 classes: Now through day before session begins 2012 classes: November 7 through day

before session begins

### **Preschool Craft Time (3 - 5 yrs)**

Let your child's creativity soar this summer with Kids Craft Time! This class includes a one-of-a-kind craft each class. All project materials are provided. For more information about the class, go to handcraftedbytammy.com or e-mail handcrafted tammy@msn.com. By Tammy Carnes. Min/Max: 4/8. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$15 made payable to Tammy Carnes, is due first day of class. Pre-registration required. For more information on registration, call 623-882-7525.

Wednesdays Days:

Times:

October 12 - 26 (3 weeks) November 9 - 23(3 weeks)

December 14 - 28(3 weeks)

9:30 to 10:30 a.m.

Location: Fire Station 183, conference room, 3075 N. Litchfield Rd

\$25 (\$35 non-resident) per 3 week session Register: Now through one week before session begins

### Preschool Gym N Learn (3 - 5 yrs)

Estrella Gymnastics Preschool program offers hands-on learning, centered on getting children ready to excel in school activities, including language, reading, numbers, math, science, social studies, music, art, and character education. Our caring, experienced teachers are dedicated to providing a rich, nurturing environment that will prepare your child for prekindergarten and kindergarten. In addition to the academic curriculum. Estrella Gymnastics' program includes the unique opportunity for students to participate in structured gymnastics lessons each school day. Each student is required to pay an annual supply fee of \$55 to Estrella Gymnastics at the beginning of the term. For more information and to register, visit www.estrella-gymnastics.com or call 623-932-1053. \$85 made payable to Estrella Gymnastics, is due first day of class.

Mondays/Wednesdays/Fridays, 8:30 to Noon (4½ - 5 yrs)

Tuesdays and Thursdays, 10:30 to Noon (3 - 4 yrs)

Start at any time. Monthly payments. Dates:

Location: Estrella Gymnastics, 14190 W. Van Buren St., A106 & A107 Prices: \$85 per month (3 - 4 yrs)

\$258 per month  $(4\frac{1}{2} - 5 \text{ yrs})$ 

### Yoga for Kids (2 - 5 yrs)

Is it a tree? Is it a dog? No, it's ME, mom! Kids are natural yogis. Let your little one play, stretch, and pretend with other little yogis. Parents welcome to play too, but encouraged to take some much deserved "me" time. No yoga mats please. For more information about the class, go to westvalleyyoga.com or e-mail Lesley\_carney@yahoo.com. By Lesley Carney. Min/Max: 3/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$40 cash, is due first day of class. Pre-registration required; call 623-882-7525.

Tuesdays

lanuary 17 – February 21, 2012 (6 weeks) March 6 - April 10, 2012 (6 weeks) April 24 - May 29, 2012 (6 weeks)

5:45 to 6:15 p.m. Times: Location: Fire Station 183, conference room,

3075 N. Litchfield Rd.

\$50 (\$60 non-resident) per 6 week session

Register: November 7 through day before

session begins





### **Goodyear Recreation Registration**

Registration is required for all classes. A household account must be established before registering for the first time. Proof of Goodyear residency and photo ID required. Registration may be accepted online or at the Recreation Office, 3075 N. Litchfield Rd. 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page I for details. For more information, please visit www.goodyearaz.gov/rec or call 623-882-7525.

### **Belly Dance** by Anaya Tribal

Cari Smith of Anaya Tribal, www.anayatribal.com Pre-registration required, call 623-882-7525

### **Tribal Belly Dance - Level I**

In this class, you will learn the foundations of Tribal Belly Dance, Basic improv movements are explored, emphasizing transitional moves as well as posture and history. Please bring water and wear comfortable clothes to move in. Zil (finger cymbal) work will begin here, so bring a set of four (there are a few loner sets available). Min/Max: 5/20.

### **BellyTek & Fitness - All Levels**

Belly dance technique for beginners who want to learn moves and for more advanced students who want drills, drills, drills! Learn drill moves and technique skills as well as try out some combinations. Wear comfortable clothing that allows for ease of movement. This class is for women of all shapes and sizes and a great place to start! Please bring finger cymbals (some will be available for purchase in class). Min/Max: 5/20.

### Tribal Belly Dance - Levels 2 & 3

Further your work in group improv with new moves and Anaya Tribal signature combos. This class emphasizes posture, zils, formations, the group dynamic, as well as drilling beginning moves and shimmies. Beginners welcome; instructor approval needed. Don't be scared, be mysterious! Min/Max: 5/20.

### Tribal Belly Dance for Teens (13 - 17 yrs) see page 4

Days: Tuesdays

October 4 – November 22 (8 weeks) Dates:

December 6 – January 24 (8 weeks)

Times: Teen: 5 to 6 p.m.

Level I: 6:15 to 7:15 p.m.

BellyTek & Fitness: 7:20 to 8:20 p.m. Level 2 & 3 Tribal: 8:30 to 9:30 p.m.

Location: Goodyear Community Center, 420 E. Loma Linda Blvd.

\$60 (\$65 non-resident) per 8 week session

\$105 (\$115 non-resident) for two consecutive sessions

Register: Now through day before session begins

### **Birth and Baby Matters**

Birth and Baby Matters is a community of women meeting to discuss all topics related to pregnancy, childbirth, and the postpartum year. The group will be lead by childbirth professionals to educate and inform women in a supportive environment. Topics will include what's a doula, what's a birth plan, birth choices, breastfeeding, cloth diapering, and many more valuable subjects and resources. You will find friendly, supportive, and knowledgeable women who will share their experiences. Light refreshments will be provided. There is no cost to participate. For more information, visit www.goodyearaz.gov/rec or call 623-882-7525.

2nd and 4th Thursday of each month from 6 to 8 p.m. Location: Goodyear Recreation Office, 3075 N. Litchfield Rd.

### **Boot Camp for Adults**

C'NEI Advanced Fitness stands for Constant, Never Ending Improvement. We believe in continuous progression toward a better body and a happier, healthier life. All of our workouts are interval-type training to lose fat and build lean muscle. All workouts are designed by Chase Lehr, a pro athlete who played for the Houston Astros and co-owner of C'NEI Advanced Fitness. Bring hand weights, water bottle, and a mat. Try a class for FREE. For more information about the class or registration, go to www.cneiaf.com or call 623-698-5975. By Vlad Kostovski, C'NEI Advanced Fitness. Min/Max: 10/30.

Mondays - Thursdays, ongoing Days: 9 to 10 a.m. or 6:30 to 7:30 p.m. Times:

Location: Goodyear Community Park, 3151 N. Litchfield Rd.

\$200. 12 sessions (\$250 non-resident) \$250, 16 sessions (\$300 non-resident)

### Canyon Fit Club (18+ yrs)

Join Canyon Fit Club's week sessionly exercise groups. Come workout with a group of people to some of the hottest in-home fitness DVD workouts such as P90X, Slim in 6, Insanity, Power 90, Turbo Jam, Turbo Fire, Body Gospel, Hip Hop Abs, and more! The purpose of this group is to keep you motivated to stick to your exercise routine and meet like-minded friends!

All you need to bring is a bottle of water, towel, and a desire to burn some calories. A nutritional consultant will be available to provide guidance on losing weight and getting in shape. Group hikes and other fun events will be scheduled. For more information, contact Tami at 928-225-0206 or Jason at 928-225-0306. Visit www.canyonfitclub.com to check the schedule

and RSVP.

**Every Thursday** Days: Two separate classes:

5:30 to 6:30 p.m. and 7 to 8 p.m. Goodyear Community Center,

420 E. Loma Linda Blvd.

FREE

### **Coupon Workshop**

Would you like to coupon shop but not quite sure how? Interested in saving 50% to 100% of your grocery budget? Do you wonder how those "Extreme" Coupon Queens" do it? Get your questions answered and get on track to SAVE \$\$\$! You'll learn myths and truths about "couponing," what coupons are and how they work, how much you can really save, how to easily organize your coupons to save time and energy when shopping, and where and how to use your coupons to maximize savings. Coupon organizers will be available for \$25. For more information about the class, go to www.couponsandcupcakes. blogspot.com or e-mail couponsandcupcakes@yahoo.com. This one-day workshop is free, but please register before attending. Space is limited. For more information on registration, call 623-882-7525.

Dates: November 12, December 10, February 18, 2012, or April 14, 2012

Times: 2 to 4 p.m.

Goodyear City Hall, 190 N. Litchfield Rd., room 117 Location:

Price: Register: 2011: Now through day before class

2012: November 7 through day before class



For information, please call 623-882-7525 or visit www.goodyearaz.gov/rec

### CPR & First Aid Basic (12+ yrs)

The goal of the CPR course is to provide individuals with a comprehensive understanding that will be effective in an emergency. The curriculum has been found acceptable for meeting requirements established by state child care licensing, Occupational Safety and Health Administration (OSHA), and is consistent with widely accepted guidelines for cardiopulmonary resuscitation. The First Aid course teaches recognition of the signs and symptoms of injuries and sudden illness, as well as crucial information of how to deal with emergencies like bleeding, shock, burns, etc. Participants will receive a two-year certification card upon completion of the course. Please indicate if you are in need of Healthcare Provider certification. For more information about the class, go to www.crosslifeline.com, call I-866-508-7234, or e-mail learncpr@crosslifeline.com. One day class. Min/Max: 6/20. Registration fee: \$5 (\$10 non-resident) per class, is due at the time of registration. Class fee: \$25 made payable to Cross' Lifeline Emergency Training, is due first day of class. Pre-registration required. For more information on registration, call 623-882-7525.

Choose one: Oct. 19, Nov. 10, Dec. 6, Jan. 18, Feb. 16, March 21 Dates:

Times: 6 to 9 p.m.

Location: Fire Station 183, conference room

Prices: \$30 (\$35 non-resident)

Register: Now through one week before class

### **Crossfit Fury**

This class is an introduction to Crossfit focusing on teaching the mechanics and proper exercise techniques. Each 30-minute class includes individual instruction, nutrition guidance, and overall support and program designed to help you reach your goals. For more information about the class or to register, visit www.crossfitfury.com or call 623-932-4338.

Mondays, Wednesdays, and Fridays Days:

5 a.m., 6 a.m., 8 a.m., 4 p.m., 5 p.m., 6 p.m., 7 p.m. Times:

Location: 600 N. Bullard Ave.

Prices: \$95 (\$105 non-resident) per month **Fourth Annual Furious Fundraiser** 

October 22, 2011, 8 a.m., 600 N. Bullard Ave.

Come out and join CrossFit Fury for a family fun community event! Cross-Fitters from around the state will be competing for the coveted Rubber Chicken award while raising money for CrossFit Fury's non-profit, Breathe Later Foundation which provides scholarships to underprivileged athletes. Charter and aternative schools that do not have athletic programs will be provided with athletic and life coaching to their students. The event will have an exciting competition as well as a kid's obstacle race, bounce houses, face painting, food, and much more. For more information or to volunteer for this event, call 623-932-4338.

### **Fabulous Faux**

### Fabulous Faux: Tuscan (18+ yrs)

Save thousands and learn a faster, easier way to use paint to replicate Old World, stone-like walls, and classic looks for a traditional theme. The instructor, a professional decorative painter with many years of experience, shows beginners tricks of the trade, money-saving tips, how to have perfect edges, and how to "rescue" a wall. Bring a paint shirt. For more information about the class, contact linda.coffman@ justonceclasses.com or 480-720-0346. Min/Max: 6/15. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$47 made payable to Linda Coffman, is due first day of class. Fee includes a painting kit and DVD. Pre-registration required. For more information on registration, call 623-882-7525.

Dates: Choose one: Monday, January 16, or Monday, April 16, 2012

6 to 8:30 p.m. Times:

Location: Goodyear Community Center, 420 E. Loma Linda Blvd.

\$52 (\$57 non-resident)

\$10 discount if enrolling in both Tuscan and Suede classes

Register: November 7 through one week before class

### Fabulous Faux: Suede (18+ yrs)

Want to achieve a soft blend of colors on your wall? There is an easier, faster way than ragging, by using a special wool roller and glaze. Learn from a professional faux painter, who shows beginners ways to having an office look like leather, how to have Western or Southwestern walls, contemporary and children's rooms. Learn how metallic, stripes, and "dry brushing" can change ordinary looks to GREAT. Bring a paint shirt. Fee includes a painting kit and DVD (different than the Classic class kit). For information about the class, contact linda.coffman@justonceclasses.com or 480-720-0346. Min/Max: 6/15. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$47 made payable to Linda Coffman, is due first day of class. \$10 discount for taking both classes. Pre-registration required. For more information on registration, call 623-882-7525.

Choose one: January 30, 2012 or April 19, 2012

Times: 6 to 8:30 p.m.

Goodyear Community Center, 420 E. Loma Linda Blvd. Location:

\$52 (\$57 non-resident)

\$10 discount if enrolling in both Tuscan and Suede classes

Register: November 7 through one week before class

### Instant Guitar for the Hopelessly Busy (18+ yrs)

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours, you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class fee includes workbook and practice CD. For more information about the class, go to www.justonceclasses.com. Min/Max: 6/15. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$47 made payable to Craig Coffman, is due first day of class. Pre-registration required. For more information on registration, call 623-882-7525.

Choose one: January 30 or April 19, 2012 Dates:

6:30 to 9 p.m.

Location: Fire Station 183, conference room

\$52 (\$57 non-resident) Prices:

\$10 discount if enrolling in both Instant Piano and Instant Guitar

Register: November 7 through one week before class

### Instant Piano for the Hopelessly Busy (18+ yrs)

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough

secrets of the trade to give you years of enjoyment. While regular piano teachers teach note reading, piano professionals use chords. You can learn all the chords you'll need to play any song in this one session. Any song. Any style. Any key. As seen on the PBS television program, "Piano in a Flash." Class fee includes workbook and practice CD. For more information about the class,

go to www.craigsinstantpiano.com. Min/Max: 6/15. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$47 made payable to Craig Coffman, is due first day of class. Preregistration required. For more information on registration call 623-882-7525.

Choose one: January 16 or April 16, 2012

6:30 to 9:30 p.m.

Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.

Prices: \$52 (\$57 non-resident), \$10 discount if enrolling in

both Instant Piano and Instant Guitar

Register: November 7 through one

week before class

# **Adult Enrichment Classes**

### **Goodyear Recreation Registration**

Registration is required for all classes. A household account must be established before registering for the first time. Proof of Goodyear residency and photo ID required. Registration may be accepted online or at the Recreation Office, 3075 N. Litchfield Rd. 8:30 a.m. to 5 p.m., Monday – Friday. Not all classes are available for online registration. Some classes require additional registration and class fees. See page I for details. For more information, please visit www.goodyearaz.gov/rec or call 623-882-7525.

### KickFit Cardio (14+ yrs)

Get fit with this fast calorie burning exercise for all levels of fitness. For more information about the class, go to www.estrella-gymnastics.com or call 623-932-1053. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$36 per 6-week, \$25 per 4-week, made payable to Estrella Gymnastics, is due first day of class. Pre-registration required. For more information on registration, call

Days: Mondays and Wednesdays

September 26 – November 9 (6 weeks) (closed week of Oct. II) Dates:

November 14 – December 21 (6 weeks)

January 4 – 30, 2012 (4 weeks, starts Wednesday)

February 6 – 29, 2012 (4 weeks) March 5 – 28, 2012 (4 weeks) April 2 – 25, 2012 (4 weeks)

May 2 - 28, 2012 (4 weeks, starts Wednesday)

June 4 – 27, 2012 (4 weeks)

7:30 to 8:30 p.m.

Location: Estrella Gymnastics, 14190 W. Van Buren, A106 & A107

\$46 (\$56 non-resident) per 6 week session

\$35 (\$45 non-resident) per 4 week session

2011 classes: Now through day before session begins Register:

### **Scrapbooking Made Easy**

Beginning or experienced scrappers will learn the latest techniques in cropping, embellishing, and paper-crafting as you assemble a two-page layout with 12"x12" pages. Materials are included, but please bring your own adhesive. For more information about the class, go to handcraftedbytammy.com or e-mail handcrafted tammy@msn.com. By Tammy Carnes. Min/Max: 4/8. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$15 made payable to Tammy Carnes, is due first day of class. Pre-registration required. For more information on registration, call 623-882-7525.

Saturday, October 29, 10 a.m. to Noon

Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.

\$20 (\$25 non-resident) per class Register: Now through one week before class

### **Yoga 101** (16+ yrs)

This is a progressive class for beginners. Each class we will learn a little more and each class we will sweat a little more. Proper alignment and basic breathing techniques will be taught. Have fun while improving your strength, flexibility, and cardiovascular health. No prior yoga experience required. Please bring a yoga mat and wear clothes you can move in. For more information about the class, go to westvalleyyoga.com or e-mail Lesley carney@yahoo.com. By Lesley Carney. Min/Max: 3/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$40 cash, is due first day of class. Pre-registration required. For more information on registration, call 623-882-7525.

Days: Tuesdays

January 17 - February 21, 2012 (6 weeks) Dates:

March 6 - April 10, 2012 (6 weeks) April 24 – May 29, 2012 (6 weeks)

6:30 to 7:30 p.m. Fire Station 183, conference room, 3075 N. Litchfield Rd. Location:

\$50 (\$60 non-resident) per 6 week session November 7 through day before session begins



# Adult Sports For information, please call 623-882-7525 or visit www.goodyearaz.gov/rec

### **Adult Sports Winter 2011 Registration**

Registration continues until registration deadlines. Registration is by lottery on the dates and times determined by team priority. Adult sports programs register as teams, not as individuals. There is no online registration. Forms are available at the City of Goodyear website, www.goodyearaz.gov, at the Parks and Recreation Office, or can be e-mailed to team managers.

Our adult sports programs offer excellent recreational opportunities for Goodyear adults age 18 years and older. Emphasis is placed on healthful competition in a recreational atmosphere. Leagues are organized, conducted, and administered by a professional staff with expertise in league formation and equal competition, in an effort to offer the best recreational experience possible.

The registration fee pays for: officials/umpires, trophies or gift cards for Ist and 2nd place league finishers, award shirts for 1st and 2nd place tournament finishers, Little League uniforms, game balls, equipment, marketing, lights, maintenance, field supervisors, and score keepers.

### Flag Football

Goodyear Adult Sports offers only one season of Flag Football in the winter. The league plays on Monday evenings from 6 to 10 p.m. Goodyear Flag Football is an 8-on-8, non-contact sport.

Next Flag Football season will be in the winter 2013 with registration taking place December 2012. Min/Max: 6/8 teams to run a league; 12/16 players on a roster.

Mandatory managers meetings will take place at the Goodyear Recreation Office, January 19, 2012 at 6:30 p.m. Download rosters at www.goodyearaz.gov/rec.

Dates: January 23 – March 26

Games start at 6 p.m. Times: Falcon Park Location:

Registration: Registration is based on team priority levels

Priority registration begins December 5 Open registration begins December 12 Registration deadline: January 13 Registration fees are due at registration

One check per team

Priority I: \$375 for teams/rosters that have 100%

Goodyear residents, register December 5 Priority 2: \$400 for teams/rosters that have 75% or more Goodyear residents, register December 6 Priority 3: \$425 for teams/rosters that have 50% or more Goodyear residents, register December 7 Priority 4: \$450 for teams/rosters that have 25% or more Goodyear residents, register December 8 Priority 5: \$475 for teams/rosters that have less than 25% Goodyear residents or incomplete rosters,

register December 9

### **Adult Player Free Agents**

If your team needs a few more players or if you are an individual looking to join a team, use our Free Agent list. Free Agent lists are available only to registered team managers in person at the City of Goodyear Recreation Office. To add a player to our Free Agent list, e-mail your name, age, address, home phone, work phone, cell phone, skill level, positions played, league, and night of play you are interested in and provide proof of residency that you are a resident of Goodyear. You must be at least 18 years of age. Player Free Agent forms will be distributed to all Adult Basketball, Flag Football, Sand Volleyball and Softball managers. There are no guarantees that you will be placed on a team.

### Softball

Due to the heavy volume of requests for league play at the Goodyear Community Park, registration will be determined by lotteries. Lottery authorized representatives must be present for the lottery related to his or her team roster. The deadline for submitting a roster is Friday, December 2, 2011. To help ensure equitable allotment of nights and times. leagues will be awarded by priority. If any slots remain unclaimed after the lottery, registration will be taken on a first come, first serve basis.

The City of Goodyear Parks and Recreation Department has changed the registration format and fees to help increase participation without the hassle of collecting signed rosters at the time of lottery registration. The procedure requires team managers to collect signatures at their first scheduled game before any player takes the field. If a player is absent, they are allowed to sign the roster the following week. If you are playing with illegal players or non-rostered players, you will forfeit those games that non-rostered/illegal players were used – NO EXCEPTION! The new Goodyear resident rate price will be \$375 per team. The Goodyear resident rate is 50% Goodyear residents plus one on your roster and/or a Goodyear business sponsored team. The percentage of Goodyear residents will be based on the number of minimum rostered players at 12. Non-resident teams will consist of anything below 50% and their league fee to play will be \$450 per team.

Next Softball season will be spring 2012 with registration taking place February 2012. Min/Max: 6/8 teams to run a league; 12/16 players on a roster.

Mandatory managers meetings will take place at the Goodyear Recreation Office, January 12, 2012 at 6:30 p.m. Download rosters at goodyearaz.gov/rec.

Sunday: Adult "Co-Rec" dh Monday: Men's "D" dh

Tuesday: Men's "D" dh Wednesday: Men's "D" dh

Friday: Adult "Co-Rec" dh (dh = doubleheader) January 15 – March 23

Games start at 6 p.m., Sunday games start at 5 p.m. Times:

Goodyear Community Park Location:

Dates:

Registration: Registration is based on team priority levels Priority registration begins December 10

Open registration begins December 12 Registration deadline: January 6

Registration fees are due at registration One check per team

Prices: Priority I Teams: \$375 (DH) teams/rosters that have 50% plus one Goodyear resident or Goodyear business sponsored team, register December 10 at 9 a.m.

Priority 2 Teams: \$450 (DH) teams/rosters that have 50% or less Goodyear residents, register

December 10 at 10:30 a.m.



### **Volunteers needed for youth sports!**

Help us serve the children in our community! Please indicate your desire to coach or be a team parent on the registration form when registering your child (this does not guarantee a position). Those who do not have children in the league are also welcome to apply to become a volunteer in our award-winning youth sports program. Qualifications: 1) Be at least 18 years of age, 2) Complete a volunteer application and submit it to the Parks & Recreation office, 3075 N. Litchfield Rd., 3) Attend the mandatory coaches meeting for the sport's season, 4) Adhere to the City of Goodyear's Coach's Code of Conduct.

Baseball League
The Youth Boy's 9U, 10U, and IIU Winter Competitive
Properative venture between Goodyear Parks and Recreation and Arizona USSSA Youth Baseball Teams. The program helps to improve skills and brings the fast-paced game to youth in preparation for tournament competition. Age groups are for ages 9, 10, and 11 years and under. Registration is held in November. The season runs December – February. This is a dynamic, fun-filled league designed to focus on developing skills, fundamentals, team building, and sportsmanship. USSSA rules by age division.

Register your team at Goodyear Parks and Recreation November 7 – 18, 2011. Teams must have a team insurance policy. Games are held at Goodyear Community Park and Foothills Community Park. There will be a 10-game guarantee that includes a double-elimination tournament. Games may be scheduled as double-headers depending on how many teams are enrolled in the league. If games are double-headers, the first game will begin at 5:45 p.m. and the second game of the double-header will begin at 7:30 p.m. Teams must be ready to play at 7:15 p.m. in case the first game finishes early. IIU will play double-headers. If games are not scheduled as double-headers, games will begin at 6 p.m. Games are played Tuesday – Thursday evenings with a season-ending double-elimination tournament on Saturday. Games will begin December 6, 2011. No games December 20 - January 2. Registration/rosters can be downloaded from the City website at www. goodyearaz.gov/rec. The cost to register a team is \$700. Awards will be given to first and second place league and tournament finishers. For more information, call Troy Mickelson at 623-882-7536.

### Flag Football (5 - 12 yrs)

The Flag Football program is designed to educate young people about football while emphasizing participation and sportsmanship. Players learn skills and lessons that help them succeed both on and off the field. The program provides young players a fun and exciting opportunity to engage in non-contact, continuous action, while learning lessons in teamwork. Participants must show proof of age in the form of a birth certificate. A participant's age must be within the specified range as of January 7, 2012.

MANDATORY PARENT MEETING, Saturday, December 3, 2011 at 9 a.m. MANDATORY HEAD COACHES MEETING in the City of Goodyear Youth Flag Football League will be held Wednesday November 30, 2011 at 6:30 p.m. at the City of Goodyear Recreation Division conference room.

Games: Saturdays, January 7 – February 25, 2012 (8 games)

Games are scheduled 8 a.m. to 3 p.m. Times:

Locations: Goodyear Community Park, Goodyear Ballpark Complex,

Falcon Park

Begin the week of December 5, 2011 Practices: Registration: October 17 – November 27 (or until filled) \$80 (\$90 non-resident) Prices:

\$10 discount if registered before November 6, 2011

Uniform: \$15 jersey fee required, mouthguard required

### Lil Kickers (3 - 4 yrs)

The goal is to teach the fundamentals of baseball by playing kickball. This is done in a fun, non-threatening environment to prepare children to play organized tee ball, baseball, and softball. Basics such as fielding, catching, and offense will be taught. Children should wear tennis shoes and bring a water bottle. Parent participation is required. Participant's age determined as of first class date. Participant must have birth certificate as proof of age.

Days/Dates: Saturdays, beginning January 28, 2012 (6 weeks)

10 to 10:45 a.m. Times:

Locations: Goodyear Community Park or Falcon Park
Registration: December 19, 2011 – January 25, 2012 (or until filled)

\$60 (\$70 non-resident)

\$10 discount if registered before January 8, 2012

### Spring Girls Volleyball League (7 - 14 yrs)

Girls will learn the fundamentals and skills of volleyball in an atmosphere where participation and fun are top priority. Basics such as hitting, hand positioning, serving, passing, and setting will be taught. Participant's age determined as of first game. Participants must show proof of age in the form of a birth certificate. Kneepads required, MANDATORY PARENT MEETING: February II, 9 a.m. and a MANDATORY COACHES MEETING: February 8, 6:30 p.m. at the Recreation Office.

Saturdays, March 24 – May 12 Games:

Begin February 21 Practices:

Volleyball, kneepads, reversible jersey (\$15), bottled water Equipment:

Copper Trails Elementary School gymnasium, Locations: Centerra Mirage Elementary School

Registration: January 3 – February 5, 2012 (or until filled)

\$80 (\$90 non-resident)

\$10 discount if registered before January 22, 2012

### **Tee Ball Skills Clinic** (5 - 6 yrs)

This is an introductory baseball skills clinic to teach boys and girls the fundamentals of baseball in a fun, non-threatening environment, while preparing children to play organized tee ball, baseball, and softball. This clinic will include instruction in throwing, catching and fielding balls, running the bases, and hitting off of a tee. Children should wear tennis shoes or non-metal cleats and bring their own glove and water bottle. Parent participation is required. Note: this is not a league. Participant's age determined as of first class date. Participants must show proof of age in the form of a birth certificate.

Days/Dates: Saturdays, beginning January 28, 2012 (6 weeks)

Times: 8:30 to 9:30 a.m.

Locations: Goodyear Community Park or Falcon Park Registration: December 19 – January 25, 2012 (or until filled)

Prices: \$60 (\$70 non-resident)

\$10 discount if registered before January 8, 2012

### Youth Golf Clinic (5 - 18 yrs)

This golf clinic is designed for youth, ages 5 to 18 who want to develop their golf skills and focus on the basics of the game: long swing, chipping, pitching, putting, bunker play, and full swing.

Days/Dates: Monday - Friday, December 26 - 30, 2011

5 - 7 year olds, 1 p.m. 8 - II year olds, 2 p.m.

12 - 14 year olds, 3 p.m. 15 - 18 year olds, 4 p.m.

Location: Palm Valley Golf Course 5 - 7 years: \$50 (\$60 non-resident)

8 - II years: \$55 (\$65 non-resident) 12 - 14 years: \$65 (\$75 non-resident) 15 - 18 years: \$75 (\$85 non-resident) Little League

please call 623-882-7536.

Little League Baseball/Softball is a program of service to youth who reside in the City of Goodyear. It is geared to provide an outlet of healthful activity and training under good leadership in the atmosphere of wholesome community participation. The movement is dedicated to helping children become good and decent citizens. It establishes the values of teamwork, sportsmanship and fair play. Every Goodyear Little League baseball team will have the opportunity to play at least two games at the Goodyear Ballpark in the main stadium.

Leagues: Opening Day: Saturday, April 7 for Tee Ball, Farm, Cactus,

Minors, and Majors Baseball and Softball;

For more information on Little League,

May 2012 for Juniors, Seniors, and Big League Baseball

Seasons: Cactus, Minors, and Majors: April 7 - June 14

Tee Ball and Farm: April 7 – May 31 Juniors: May I – June 14

Times: Monday - Thursday games start at 5:30 p.m. Saturday games start at 8 a.m.

Locations: Goodyear Community Park, Falcon Park, Foothills Community Park, and Goodyear Ballpark

Dates: Early Registration: December 5 – 16 (\$10 registration discount)

Holiday Break Registration: December 19 – 29

Registration: lanuary 3 – 31

Late Registration: February I – 10 (add \$10 to registration fee) Last Day to register: February II (add \$10 to registration fee) Tryouts for Baseball: February II at Foothills Community Park

Tryouts for Softball: February II at Falcon Park Player Draft/Team Placement: February 13 – 17

Practice begins: March 5

Little League Day at Spring Training Game: March date TBD

Opening Day: April 7

Team/Individual Pictures: April date TBD

Red & Blue Game at Goodyear Ballpark Stadium: June 9

TOC Tournament: June 4 – 14 All-star selection: June 15

Challenger (boys and girls, ages 4 and up): \$65 (\$70 non-resident)

Tee Ball (boys and girls, ages 4 - 6): \$75

Farm Baseball (coach pitch, boys and girls, ages 6 - 8): \$85 Cactus (machine pitch, boys and girls, ages 8 - 10)): \$95 Minors & Majors Baseball (kid pitch, boys, ages 8 - 12): \$95 Juniors Baseball (kid pitch, boys, ages 13 - 14): \$105 Minors Softball (kid fast pitch, girls, ages 8 - 10): \$85

Majors Softball (kid fast pitch, girls, ages 10 - 12): \$85 Juniors Softball (kid fast pitch, girls, ages 13 - 14): \$95

Games: Challenger 8 games Wednesday Tee Ball 10 games Tuesday and Saturday

Juniors Softball

Tuesday and Saturday Farm Baseball 12 games Cactus Baseball Wednesday and Saturday 14 games Minors Baseball Monday, Thursday, Opening Day 14 games Monday, Thursday, Opening Day Majors Baseball 14 games Iuniors Baseball 12 games Monday - Saturday (Interleague) Monday - Saturday (Interleague) Minors Softball 12 games Majors Softball Monday - Saturday (Interleague) 12 games

12 games Monday - Saturday (Interleague)

Register at the City of Goodyear Recreation Office by January 13, 2012 to enter in a drawing for a chance to win one of the following: four, \$25 gift cards to Sport Chalet, Little League registration fee reimbursed, or a chance to go out onto the field at a Spring Training game for a positioned player's autograph (must purchase game ticket).

Payment must be in the form of check, money order, exact cash, or credit card. Make checks payable to the City of Goodyear. Credit cards are only accepted at the City of Goodyear Recreation Office.

If you are registering more than one sibling/participant in the same league, you will receive \$5 off for each additional participant in that league. All efforts will be made to place siblings on the same team for parent convenience.

The following documents are needed to register: birth certificate, tetanus toxoid booster shot records, and three proofs of residency consisting of parent's state ID, electric bill, cable/phone bill, water/sanitation bill, mortgage statement, insurance policy, car registration, or bank account statement that shows your name and address. Per Little League International rules, two utility bills constitute one proof of residency. Visit www.eteamz.com/gyll for a complete list of approved residency documents.

Before a child is considered for tryouts, they must have played at least one season of Little League ball in their perspective age division. Players who would like to move up one age division, must attend the mandatory tryout dates for evaluation of skills. Tee ball participants do not tryout for Farm. Farm, Cactus, and Minors baseball participants who want to play up a division must attend the mandatory tryout based on current league age. Players will be contacted by a Goodyear Little League representative via e-mail regarding player team placement. Please visit www.eteamz.com/gyll for more information on dates, times, and locations regarding tryouts. Practices begin in March; dates, times, and locations will be determined by the coach.

### **Little League Elections and Procedures**

Goodyear Little League is looking for active board members. Each year, an open election is held to appoint all 13 board positions. If you are interested in running for a board position, or if you would like to get more involved in coaching or volunteering, please contact any current board member by visiting the Little League website at www.eteamz.com/gyll.

### **Goodyear Little League Scholarships**

Goodyear Recreation is dedicated to increasing participation from public schools and addressing inequalities in the education system through a unique scholarship program. Goodyear Little League Scholarships provide underprivileged and at-risk youth and teenagers with opportunities to participate in baseball and softball leagues. Because our goals focus on helping a specific group of student athletes, there are criteria for qualifying to receive a Goodyear Little League Scholarship. For more information, please visit www.eteamz.com/gyll or www.goodyearaz.gov/rec.

### Challenger Little League (4+ yrs)

The Challenger Division of Little League is a program for mentally and physically disabled youth to enjoy the full benefits of Little League in an athletic environment structured to their abilities. However, whenever

possible and with reasonable accommodations, disabled youngsters should participate in unrestricted league play provided their participation is possible and fair within the standard rules and regulations of Little League. More than the skills of baseball learned through the experience, the value of the Little League Challenger Division is found in the proven therapeutic and socialization benefits of participating in sports, the strengthening of selfesteem, the opportunities to mainstream into other divisions of play, and the disciplines of

teamwork, citizenship, and fair play, which are hallmarks of the Little League program.

Days: Wednesdays April 9 – May 30 (8 games) Dates:

Games start at 6 p.m. Times: Location: Falcon Park

\$65 (\$70 non-resident) Prices:

# Adult Activities (50+ yrs)

### **Registration Information**

A household account (each person's name, address, phone numbers, e-mail, and birthdays) must be established before registering. Proof of Goodyear residency and a photo ID are required for each adult when setting up a household account. Adults can register only themselves or their spouse for a trip or activity. Please note: non-refundable convenience fees apply to all online transactions.

Registration is required for all trips and activities. Registration may be accepted at the Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday, or online. Not all trips or activities are available for online registration. We cannot accept e-mail or phone registration. Payment is due at the time of registration and will be non-refundable one week prior to trip date. For more information on registration, please visit www.goodyearaz.gov/rec or call 623-882-7525.

Transportation will be provided for most trips and supplied through a coach bus company or city vans. Due to expense, a coach bus advertised trip may change according to number of people registered. Wheelchair accessible transportation is available upon request.

### **Healthy Living Workshop**

Are you living with an ongoing health condition? You'll get the support you need, find practical ways to deal with pain and fatigue, discover better nutrition and exercise choices, understand new treatment choices, and learn ways to talk with your doctor and family about your health. The Chronic Disease Self-Management Program (CDSMP) is an evidence-based program developed at Stanford University. People with chronic diseases and caregivers are welcome! For more information about the workshop, call Pat Treanor at 623-215-8760, Reva Litt at 623-544-6699, or go to www.azlivingwellinstitute.org. Facilitated by Pat Treanor and Reva Litt with Arizona Living Well Institute. Min/Max: 12/20. Preregistration is required. For more information on registration, call 623-882-7525.

Dates: Information Session: October 18 (I hour)

October 25 – November 29 (6 weeks)

Times: 9:30 a.m. to Noon

Location: Fire Station 183, conference room, 3075 N. Litchfield Rd.

Price: FREE

### **Lunch & Bunco**

Join us the first Wednesday of every month for lunch and a game of Bunco at the Goodyear Community Center, 420 E. Loma Linda Blvd. The lunch menu will vary each month and will feature food from a local Goodyear restaurant. You will pay \$5 when you register (to pre-order food) and \$5 at the door (for Bunco prizes).

A minimum of 12 players is needed for Bunco. Bunco is a simple dice game. Rules and How to Play will be covered. New or experienced players are welcome. Pre-registration required. For more information on registration, call 623-882-7525.

Days: First Wednesday of every month

Times: II a.m. to 2 p.m.

Location: Goodyear Community Center, 420 E. Loma Linda Blvd.

Price: \$10 per event

Register: Now through one week before event

### **November 8 – Downtown Phoenix Tours**

The historic Smurthwaite House is one of the few remaining 19th Century buildings in Phoenix. The Pioneer & Military Memorial Park adjacent to it is the final resting place of some of Arizona's most notable pioneer citizens. We'll visit the Arizona Capitol Museum which tells Arizona's story from territorial days to the present. Concluding the trip will be a tour of the House of Representatives lead by District 12 representative, Jerry Weiers. For more information on these tours, go to www.azhistcemeteries.org/Smurthwaite, www.azhistcemeteries.org/burials, www.lib.az.us/museum/, and www.azhouse. gov/. Price includes admission, guided tours, and coach bus transportation. You may bring your lunch with you or purchase from a nearby restaurant. Portions of the tour will be outside. Min/Max: 28/30.

Times: Depart 8:45 a.m., Return 4 p.m.
Location: Downtown/Central Phoenix
Prices: \$17 (\$24 non-resident)
Register: Now through October 21

### November 30 - Sea Life Aquarium

Dive in and be wowed by the many strange, beautiful and fascinating creatures of the deep as you journey through the amazing underwater world of SEA LIFE

Arizona. Prepare for astonishing close views of everything from the humble starfish to tropical sharks, all in displays which carefully recreate their natural habitats. To get any closer you'll have to get wet! Food and drinks are not allowed in the aquarium. Water bottles are okay. For more information about Sea Life Arizona, go to www.sealifeus.com/phoenix/phoenix-home or call 480-478-7600. Price includes admission and transportation. You will have time to grab dinner at Arizona Mills mall and take a quick shopping trip. Min/Max: 25/50.

Times: Depart 4:45 p.m., Return 9:30 p.m.
Location: 5000 Arizona Mills Circle, Tempe
Prices: \$20 (\$27 non-resident)
Register: Now through November 9

### **December 8 - Christmas Lights at Botanical Gardens**

Presented by The Arizona Republic, the Desert Botanical Gardens celebrated its 33rd year of Las Noches de las Luminarias in 2010. Each night of Luminaria, the Garden came to life with the soft glow from more than 8,000 handlit luminaria bags. As you walked the paths with a warm cup of cider, the sounds of handbells ringing and Dickens Carolers singing remind you of what the season is all about. Make plans with family and friends to attend next year's Las Noches de las Luminaria. Price includes admission and transportation. For more information, go to www.dbg.org/events-exhibitions/las-noches-de-las-luminarias or call 480-481-8188. Min/Max: 25/50.

Times: Depart 4:45 p.m., Return 8:30 p.m.
Location: 1201 N. Galvin Parkway, Phoenix
Prices: \$28 (\$35 non-resident)
Register: Now through November 23

### **December 12 - Organ Stop Pizza - Christmas Theme**

Organ Stop Pizza is home to the The Mighty Wurlitzer, one of the largest and finest theater organs in the world today. It's nearly 6,000 pipes, numerous percussions and countless traps are masterfully presented by world-class musicians. Price includes transportation, private mini-concert, musical tour of the instrument and all you can eat pizza and salad buffet. For more information, go to: www.organstoppizza.com/ or call 480-813-5700. Min/Max: 25/50.

Times: Depart 9:45 a.m., Return 1:45 p.m.
Location: I149 E. Southern Ave., Mesa
Prices: \$17.50 (\$24.50 non-resident)
Register: Now through November 23



## For information, please call 623-882-7525 or visit www.goodyearaz.gov/rec

### January 17 - Turf Paradise

Join us at Turf Paradise for live thoroughbred racing at its finest. Our group will be seated in the Turf Club section over-looking the track. Price includes city van transportation, admission, race program, lunch and a photo in the Winner's circle with the winning horse, owner, trainer, and grooms for the first eight people to sign up! For more information, go to turfparadise.com or call 602-942-1101. Min/Max: 15/15.

Times: Depart 10:45 a.m., Return 5:30 p.m. Location: 1501 W. Bell Rd., Phoenix

Location: 1501 W. Bell Rd., Phoenix
Prices: \$32 (\$39 non-resident)
Register: November 7 – December 30

### January 31 - Coyotes Vs. Ducks

Come and join us for an action-packed hockey game. Great seats located in the lower level, Section 121, Rows I and J, Seats I through 8. Price includes city van transportation and admission. Food will be on your own. We will arrive at the start of the game and leave at the end of the game. For more information on the Phoenix Coyotes team, go to www./coyotes.nhl.com/. Min/Max: 10/15.

mes: Depart 5:30 p.m., Game starts at 7 p.m.

Location: Jobing.com Arena, 9400 W. Maryland Ave., Glendale

Prices: \$58 (\$65 non-resident)
Register: November 7 – December 16

### February 8 - Arizona Broadway Theatre

Singin' in the Rain is based on one of the most celebrated and beloved films of all time starring the inimitable Gene Kelly, Singin' in the Rain is set in 1920s Hollywood during the waning days of the silent film era. This zany, light-hearted romantic comedy focuses on romantic lead Don Lockwood, his sidekick Cosmo Brown, aspiring actress Kathy Selden, and Lockwood's leading lady Lina Lamont, whose less-than-appealing vocal tones make her an unlikely candidate for stardom in talking pictures. You'll want to kick your feet up as you're transported to yesteryear in this dazzling production. Price includes transportation, admission, and dinner. Please dress "business casual." For more information, go to www. azbroadwaytheatre.com or call 623-776-8400. Min/Max: 21/30.

Times: Depart 4:45 p.m., Return time to be determined

Location: 7701 W. Paradise Ln., Peoria Prices: \$72 (\$79 non-resident) Register: November 7 – January 6

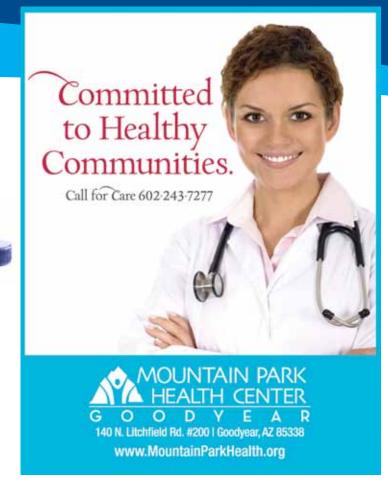
### February 22 – Scottsdale Arabian Horse Show

2012 marks the 57th year of an annual Scottsdale tradition. Scottsdale Arabian Horse Show is produced by experienced personnel in both the horseshow and business world. Over 2300 gorgeous Arabian and Half-Arabian horses are entered in hundreds of different classes and are also on view in their beautifully decorated barns – their temporary homes away from home! Spectators are welcome to visit these barns. Each day

there will be educational round pen demonstrations presented to the public by some of the most well respected people in the horse world. All demonstrations are free to the public. Price includes transportation and admission. There will be lots of walking for this trip. For more information, go to www.scottsdaleshow.com or e-mail info@scottsdaleshow.com. Min/Max 20/45.

Times: Schedules to be determined Location: Westworld of Scottsdale,

Prices: \$13 (\$20 non-resident)
Register: November 7 – February 15



### March 16 - Verde Canyon Railroad

The Verde Canyon Railroad offers a lovely wilderness excursion into an area of extreme natural beauty, following the curves of the Verde River, 20 miles up through a red rock canyon, full of unusual geology, abundant wildlife, lush greenery, and Native-American ruins, on vintage rails aboard vintage train cars. The train ride is about 3½ hours. Price includes coach bus transportation, train ride and lunch. For more information visit: www.verdecanyonrr.com. Min/Max: 20/45.

Times: Depart 10:15 a.m., Return 7:30 p.m.
Location: 300 N. Broadway, Clarksdale
Prices: \$118 (\$125 non-resident)
Register: November 7 – February 17

### March 29 - Sedona

Your unforgettable Sedona experience must include spending time at internationally renowned Tlaquepaque (pronounced Tla-keh-pah-keh). Enjoy excellent Mexican cuisine, fine French dining, and/or an on-site brewery and wonderful lunches in an intimate garden setting. With over 40 specialty shops and exclusive art galleries, shopping becomes a joyful revelation of fabulous art treasures and distinctive gifts around every corner. Find more information at www.tlaq.com/. In Uptown Sedona you'll find world-class galleries featuring original paintings and multi-media works, jewelry, photography, sculpture, pottery, rugs, art glass, woven textiles, hand-crafted furniture and collectible kachinas and fetishes. Both seasoned and beginning collectors agree that Sedona is one of the best places in the world to buy fine art and jewelry! There are so many options for every budget. Find more information at www.visitsedona.com/. Price includes city van transportation. There will be lots of walking for this trip. Min/Max: 8/15.

Times: Depart 9 a.m., Return 9 p.m.
Location: Tlaquepaque and Uptown Sedona
Prices: \$30 (\$37 non-resident)
Register: November 7 – March 22





### **Goodyear Recreation Office**

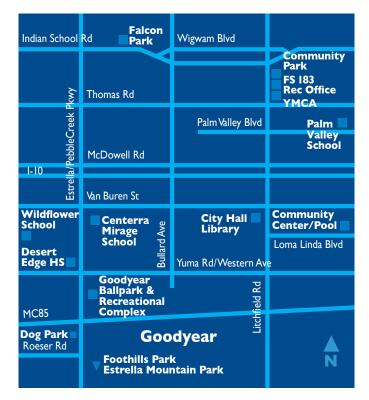
Goodyear Fire Station 183 (#3), 3075 N. Litchfield Rd. Goodyear, Arizona 85395 (north of Thomas Road)

Open Monday through Friday, 8:30 a.m. to 5 p.m. Closed weekends and holidays.

Phone: 623-882-7525 Fax: 623-882-7533

E-mail: gyrec@goodyearaz.gov Website: www.goodyearaz.gov/rec

Recreation Catalog Advertising: call 623-882-3120



### **City of Goodyear Recreational Facility Locations**

Goodyear Community Park (including tennis courts, basketball courts, sand volleyball courts, ramadas, and skate park) 3151 N. Litchfield Rd., 623-882-7525

Goodyear Community Center 420 E. Loma Linda Blvd., 623-882-7525

Goodyear Swimming Pool 430 E. Loma Linda Blvd., 623-932-4809

Goodyear Branch Library

250 N. Litchfield Rd., Suite 185, 602-652-3000

Goodyear Ballpark and Recreational Complex 1933 S. Ballpark Way (Estrella Parkway, south of Yuma Road)

Falcon Park

15050 W. Indian School Rd., 623-882-7525

Foothills Community Park

12795 S. Estrella Parkway, 623-882-7525

Roscoe Dog Park

15600 W. Roeser Rd., 623-882-7525

### **Recreational Facility Reservations**

Fields and athletic facilities are limited in number. For Court/Field/Plaza/Ramada fees, availability, guidelines, rules, and information, please call Troy Mickelson at 623-882-7536. For Goodyear Community Center and Goodyear Pool fees, availability, guidelines, rules, and information, please call Kristin Byers at 623-882-7525.

Goodyear Community Park Basketball/Volleyball/Tennis Courts: \$5 per hour (\$7/hour non-resident)

Falcon Park/Foothills Community Park/Goodyear Community Park Fields: prices are based on category; please call 623-882-7536.

Goodyear Community Park Plaza: \$25 per hour (\$35/hour, non-resident)

Goodyear Community Park Ramada:

\$35 per 4-hour minimum (\$50/4-hour minimum, non-resident)

Falcon Park Ramada:

\$50 per 4-hour minimum (\$65/4-hour minimum, non-resident)

Goodyear Community Center:

Saturday/Sunday: \$25 per hour (\$35/hour non-resident)

Goodyear Swimming Pool: Seasonal; no reservations taken at this time.