

# City of Goodyear INFOCUS

Aug/Sep 2010 Volume 25 / Issue 5

**Meet your neighbors**, learn how to make your neighborhoods safe, and enjoy a **Taste of Goodyear at the 7th Annual G.A.I.N. Event from 10 a.m. to 2 p.m. on Saturday, October 16 at Goodyear Ballpark**. There will also be plenty of family fun and entertainment, featuring arts and crafts, games, and bouncers for the kids. **FREE.**

G.A.I.N. stands for **Getting Arizona Involved in Neighborhoods**, and is Arizona's version of National Night Out. It's a time for neighbors to get to know one another, meet City officials and staff, and learn how to keep their neighborhoods safe.

Life-size custom-crafted Western theme facades will be used to create this year's Neighborhood Village. More than 12 neighborhoods are participating, including Canyon Trails 1, 2 and 3, Centerra, Estrella, Historic Goodyear, North Subdivisions, Palm Valley 2 and 3, Palm Valley 5, PebbleCreek, Rio Paseo, Sarival Paseo, and Wildflower Ranch. If your neighborhood is not signed up and you'd like to participate, please call 623-882-7801.

Goodyear Police and Fire departments will be onsite with impressive displays of equipment, including the Police Mobile Command Unit and motorcycles, SWAT vehicles, CSI van and technician, the VIP vehicle and several fire trucks. Stop into the Team Shop for one of several short "Safety Talks" about public safety, crime investigations, water conservation, CPR for families, and more.

The K9 teams will perform throughout the day on the ball field, demonstrating how they work with officers locating, chasing, and holding suspects as well as finding missing persons, drugs, and explosives.

Taste of Goodyear is back, offering free sample tastings of favorite foods and menu items. Don't miss this chance to savor the flavors of local eateries.

For more information call 623-882-7801.

G.A.I.N. is made possible through the support of:  
Presenting Sponsor: Cancer Treatment Centers of America;  
Supporting Sponsors: Southwest Ambulance, Goodyear Police Officers Association, Cincinnati Reds, Cleveland Indians; Contributing Sponsors: Franklin Pierce University, Palm Gate RV & Storage, and Wood, Patel & Assoc., Inc.

## Get to Know Your Neighbors



at the 7th Annual  
**G.A.I.N. Event**  
and  
**Taste of Goodyear**





## Goodyear In ACTION

Goodyear In ACTION is a health and wellness non-profit organization in our city that collaborates with local businesses to encourage healthy living. Goodyear In ACTION has two upcoming events that are fun and free for Goodyear residents.

### Follow the ACTION

Goodyear businesses are coming together to make healthy living fun in our All-America City. A new program called Follow the ACTION invites Goodyear kids to check out fun activities during Saturdays this fall.

- August 7: Primrose School at Palm Valley
- August 14: CrossFit Fury
- August 21: Life Time Fitness
- August 28: Hilgers Orthodontic and Pediatric Dentistry
- September 4: Southwest Valley Family YMCA
- September 11: Walgreens (McDowell & PebbleCreek Pkwy)
- September 18: Osborne Jewelers
- September 25: Goodyear In ACTION Day

Follow the ACTION events are FREE to the public. Each time a child attends an event, they'll have their "passport" stamped. The stamped passports can be turned in at Goodyear In ACTION Day for prizes! For event details, visit [GoodyearInACTION.com](http://GoodyearInACTION.com).

### Goodyear In ACTION Day 2010

Mark your calendars for **September 25, 2010**. Residents of **all ages** are welcome to attend this fun and free health and fitness fair at Goodyear Community Park. The City of Goodyear is sponsoring this event and we'll have something for everyone!

Goodyear is going on a diet!  
Come to Goodyear In ACTION Day for the "Get Fit with IMS" City-Wide Weigh-In from 9 a.m. to noon.  
Let's see what Goodyear weighs and how we can all start the path to healthier living together.

Goodyear In ACTION is a 501(c)(3) organization.

### Goodyear In ACTION Day 2010

GIA Fun Run Registration: 7:45 to 8:15 a.m.  
GIA Fit Run (non-competitive): 8:30 a.m.  
GIA Fit Kids Fun Run (non-competitive): 9:30 a.m.  
Vendors Open: 7:30 a.m. to Noon  
GIA Scholarship Dunk Tank: 9 a.m. to Noon  
Kickball for Kids!: 9 a.m. and ongoing all morning.  
Join in the fun at any time!

## CPR Across America Learn to Save a Life Using Only Chest Compressions

Many would-be heroes who might refrain from performing CPR because they are reluctant to have mouth-to-mouth contact have a new option.

Join us for CPR Across America from 1 to 4 p.m. on Sunday, Oct. 3 at Goodyear Ballpark. This family-friendly event is free and open to all ages. There will be demonstrations, displays, and raffle items, including two sets of tickets to the November NASCAR race at Phoenix International Raceway.

Training for Continuous Chest Compressions CPR will be offered at 1:30 p.m., 2:15 p.m., and 3 p.m. This hands-only form of CPR is part of a campaign to teach a life-saving skill, but is not a certification course.

More than 500 training manikins will be distributed throughout the Southwest, beginning with training events in Roswell, New Mexico, and culminating in San Diego, California, on Dec. 3 with a training class on the deck of the USS Midway aircraft carrier. Join local first responders, along with members of Luke Air Force Base Civil Air Patrol and other groups for this unique opportunity.

For more information, contact Tanja Tanner, Community Education Coordinator, 623-882-7308, [tanja.tanner@goodyearaz.gov](mailto:tanja.tanner@goodyearaz.gov), or visit [www.cprcrossamerica.org](http://www.cprcrossamerica.org).

## Want to Help Your Neighbors in an Emergency? Join CERT

If you want to learn skills that you can use to safely help your neighbors during a disaster while waiting for emergency responders such as police, fire or public works, CERT is for you. Register now for the series of nine classes beginning Tuesday, Sept. 7 from 6 to 9 p.m. Class subjects include disaster preparedness, fire suppression, light search and rescue operations, team organization, disaster medical review, a mock exercise drill, and more. Register by e-mail at [CERT@goodyearaz.gov](mailto:CERT@goodyearaz.gov) or call Goodyear Fire Department Administrative Offices at 623-932-2300. FREE.



## From the Mayor

Mayor James Cavanaugh



Since the middle of June, many of our residents have endured the unpleasant odor and increased fly population created by fertilization of farmland located in various parts of the City of Goodyear. To whom this has affected directly – my sincerest apologies. Living in a developing area, we are not unfamiliar with smells associated with farms and fertilizer; however, this situation was far worse than in years past. This was simply unacceptable. To seek a remedy, I contacted the Director of the Arizona Department of Environmental Quality (ADEQ). To make the City's case, I referred to documentation maintained in Goodyear's new "ASK~FIND~DO" web-based feedback system. There we had all the facts and impact of this issue, via your comments, enabling me to speak knowledgeably on your behalf to reach a satisfactory resolution.

ADEQ performed an inspection on June 20, 2010 and has issued a Notice of Violation (NOV) to the fertilizer applicator. Among other items, this NOV requires the applicator to submit documentation that it has "ceased land application within one mile of any residence, business, school, day care facility or any other public gathering place." I have checked with ADEQ and so far the applicator has agreed verbally to comply with this.

I will work diligently to ensure this "environmental nuisance" does not re-occur. Thank you to my assistant, Sondra Healy for her indispensable help with this issue, and for your civic engagement in resolving this significant problem.

## Community Conversations

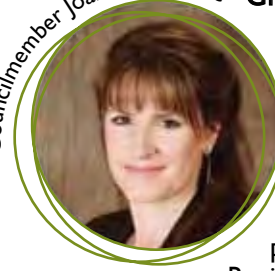
Please join us for **Community Conversations: Hunger, Homelessness and Hope in the Southwest Valley** on Tuesday, Aug. 24, in Council Chambers at Goodyear Justice Center, 185 N. 145th Ave. The group meets from 5 to 8 p.m. on the fourth Tuesday of each month.

Learn about human services already available in the West Valley, what needs exist, and where the gaps remain. Your creativity, compassion and opinions are welcome. Bring your voice to this grassroots effort, share ideas, and search out untapped resources in the community. There is open discussion for sharing information and ideas. By bringing together the information, people, and organizations that are right here in our own communities, we can find ways to improve available services and the quality of life for those who are facing hunger and homelessness.

RSVP to [LDillard@goodyearaz.gov](mailto:LDillard@goodyearaz.gov) or 623-882-7800.

## Council Corner

Councilmember Joanne Osborne



### Growing Goodyear's Economic Garden

Attracting large employers to Goodyear and creating opportunities for entrepreneurs have been major priorities for your Mayor and Council. Our recent efforts have been on developing the right business environment through public policy to promote job creation.

Regionally, our involvement with the Greater Phoenix Economic Council (GPEC) in passing the solar tax credit bill led us to recruiting the world's leading solar panel manufacturer, Suntech Power Holdings. Other companies in the solar manufacturing supply chain will follow. Good jobs in this new industry and others will produce opportunities for entrepreneurs that will make our garden bloom.

However, I do understand the need for tending to the garden. My personal attention has been focused on advocating for small business through our Economic Development Department's partnership with the Southwest Valley Chamber of Commerce and the Small Business Development Center (SBDC). Since early 2009, the City, together with these two organizations, has been offering business workshops that inform and educate business owners on new tools and methods to help them succeed. The SBDC offers a full-time business coach available at no cost to assist small business planning.

As your City representative to the Board of Directors of the Southwest Valley Chamber of Commerce, I'll remain committed to being an advocate for these programs and good business policy. This fall, Mayor and Council will review all City policies related to keeping our economic garden flourishing.

## Goodyear City Council



Joe Pizzillo, Frank Cavaliere, Vice Mayor Georgia Lord, Mayor Jim Cavanaugh, Dick Sousa, Joanne Osborne, and Sheri Lauritano

### Goodyear City Council Calendar

Monday, August 23 Regular Meeting – 6 p.m.	Monday, September 20 Work Session – 5 p.m.	Monday, October 4 Regular Meeting – 6 p.m.
Monday, August 30 Work Session – 5 p.m.	Monday, September 27 Regular Meeting – 4 p.m. Mobile Elementary School 42798 S. 99th Ave. in Mobile (Goodyear)	Monday, October 18 Work Session – 5 p.m.
Monday, September 13 Regular Meeting – 6 p.m.		Monday, October 25 Regular Meeting – 6 p.m.

Council meetings and work sessions are held at the Justice Center, at 185 N. 145th Ave. Visit [goodyearaz.gov](http://goodyearaz.gov) for meeting schedules and to watch meetings.



## Make A Difference Day Nominations and Volunteers Applications Due October 1

Everyone can use a helping hand at one time or another. Perhaps you've noticed a neighbor's home in need of basic repairs, a ramp for wheelchair access, yard maintenance, or other work that has been left undone because the residents are elderly, disabled, or experiencing an especially difficult time. Now is the time to submit nominations for Goodyear's annual Make A Difference Day projects.

Make A Difference Day is celebrated on Saturday, Oct. 23 by the City of Goodyear in partnership with local Rotary Clubs. It is a day of service dedicated to helping others – a celebration of neighbors helping neighbors. Local Rotary Clubs will review the nominations and identify two or three "fix up" projects for Make A Difference Day. Then, partnering with the City, Rotary members, local businesses, and volunteers will get to work on the Make A Difference Day projects.

You are invited to nominate an individual or family who may have a need that could be met through the efforts of the Make A Difference Day projects. Even if you don't know your neighbor's name, simply submit the address. Volunteers are also needed to lend a hand and make these projects a success.

To submit a nomination for the Make A Difference Day projects, contact Sam Debus at 623-882-7947 or sam.debus@goodyearaz.gov or mail to City of Goodyear, Sam Debus, 190 N. Litchfield Rd., Goodyear AZ 85338 or log on to [www.goodyearaz.gov](http://www.goodyearaz.gov). You can also mail your submission or request to Judi Switanek, 190 N. Litchfield Rd., Goodyear, AZ 85338. To sign up as a Make A Difference Day volunteer, contact Judi Switanek, City of Goodyear Volunteer Coordinator at 623-882-7807 or judi.switanek@goodyearaz.gov. Nominations and volunteer applications must be received by October 1.



## PayShare... Because You Care

### Make a Difference Today, Tomorrow, or Whenever You Can!

More than 22,000 Goodyear homes use City water and sanitation services, and with today's rough economic climate, more than 1,000 of our residents' accounts are past due during any given billing period. When late payments become shut-off notices, keeping the water running and the trash picked up can become a hardship.

PayShare Utility Assistance Fund is a new program in the City of Goodyear which allows City utility customers to make a difference in the lives of others who are facing economic difficulties by making one-time or repeating donations to the PayShare fund in any amount. **PayShare... Because You Care**, provides a way for residents to contribute money through their utility bill which is then used to assist residents in paying their past due accounts.

The PayShare fund accepts monthly contributions from residents which can be added to your current account by simply subscribing online. For example, you can set up a monthly contribution of \$1 or more (any amount), that will be added to your account on each bill you receive, and put then directly into the PayShare fund. One-time donations of any amount are also needed, and can be made by check payable to the City of Goodyear; please write "PayShare" on the check memo line. You can cancel your subscription by calling 623-932-3015.

The PayShare program is administered by Goodyear in partnership with the City of Avondale's Community Action Program (CAP). Goodyear residents who are in immediate need may visit the Avondale CAP Office at City of Avondale Community Center, 1007 S. 3rd St. in Avondale, and complete an application for assistance. Eligibility requirements include verification of income and a copy of the past due City of Goodyear utility bill. Qualified residents will receive a voucher for up to \$150 toward payment of their Goodyear utility bills.

Additional information on PayShare... Because You Care can be found at [www.goodyearaz.gov/payshare](http://www.goodyearaz.gov/payshare) or contact Parrish Spisz at parrish.spisz@goodyearaz.gov or 623-882-7781.

## YANA Reception

Join us for a reception celebrating the new program for Goodyear seniors, YANA (You Are Not Alone). The reception is from 2 to 5 p.m., Wednesday, Sept. 22, at City Hall in Room 117. For information, e-mail [rbeals@goodyearaz.gov](mailto:rbeals@goodyearaz.gov) or call 623-882-7430. YANA is a free program offered by the Goodyear Police Department Volunteers in Police Services (VIPS). Seniors can receive phone calls and wellness checks from VIPS representatives. Visit [www.goodyearaz.gov/yana](http://www.goodyearaz.gov/yana) to learn more.

## Single Family Housing Rehab Funds Available

Funds are currently available for single family housing rehabilitation. Homeowners in the Historic Goodyear or Northern Subdivisions neighborhoods who meet income qualifications may be able to receive funding for home rehabilitation. Limited funds are available and applications are reviewed on a first-come, first-serve basis. Contact the Community Development Department at 623-932-3005.



## Hunting for a Job with a Goodyear Company? City Offers One-Stop Website for Goodyear Jobs

We want to make it as easy as possible for Goodyear residents to find jobs close to home. Our 2010 Citizen Survey showed that 80% of our working residents commute more than 20 miles roundtrip to work each day. **That's way too many people going way too far.**

Previously, our website only advertised for jobs with the government of the City of Goodyear. Now we are opening our site to **all** Goodyear businesses that have jobs available so that our residents can easily see what jobs are available within our community by going to only one website – one-stop shopping for Goodyear jobs.

If you are a company in Goodyear that has jobs available, the City's website has a huge audience, so it is a great site in which to place ads for your jobs. Our site gets an average of 60,000 visits per month with 184,000 page views. **JOBS** is one of the top pages visited. We gain about 27,500 new visitors to the site each month.

### Here's how easy it is:

- To submit jobs to our website, just click on the green **JOBS** button at the bottom of the homepage. Click on *Advertise Available Jobs* to get to the form to fill out and submit.
- If you are someone who is looking for a job with a Goodyear employer, click on the same green **JOBS** button and then click on either – *City of Goodyear Government Jobs* or *Jobs in the Goodyear Community*. After clicking on *Jobs in the Goodyear*

*Community*, you will come to a page with a list of Goodyear employers who are recruiting for jobs. You will see what the jobs are and be given the proper contact information.

Only about 25% of our working households have someone employed in Goodyear. Let's all work together to improve that percentage. As the economy improves and companies begin hiring, we hope to see a long list of Goodyear employers recruiting on the City's website!

### Other Community Features on the Website

While Goodyear's website used to be strictly for information about city government activities or programs and services, it now has features that highlight community activities and news as well, such as a photo gallery, e-postcards, and Community Calendar.

### Community Calendar

Any organization or business that is offering an event or program to which anyone in the community is invited is welcome to submit that event or program to the City's master calendar. This feature has been available for some time, but is being used very infrequently. Your event could be seen by a very large audience on this calendar. It's really easy. Just click on the purple **CALENDAR** button at the bottom of the page and then click on Community Calendar "Terms and Conditions" and you will be right at the form. Just fill it out and click Submit.

## Suntech Offers Residents Green Jobs Job Fair - Saturday, August 14

Suntech, of Wuxi, China and the world's largest manufacturer of photovoltaic solar modules, is currently hiring for its first North American plant, here in Goodyear. One of the company's first administrative hires was a Goodyear resident who is currently in China for training. The company hopes to hire more Goodyear residents for the 120,000-square-foot facility at which large-sized solar modules for electricity-generating solar farms will be built. A total of about 75 workers are expected to be hired in year one, ramping up to 150 employees in the future.

The company will be holding a **JOB FAIR** on Saturday, Aug. 14 from 1 to 5 p.m. at the Skyway Church, 14900 W. Van Buren St. to hire about 40 employees for its initial phase of production, scheduled to begin this October. The jobs they will be hiring for are: 30 assemblers/operators, two warehouse forklift operators, a planner/scheduler, an engineering supervisor, a machine maintenance supervisor, QA techs, a QA supervisor, and a document control officer.

Visit [www.goodyearaz.gov/jobs](http://www.goodyearaz.gov/jobs) to see more about Suntech's recruitment and for contact information. Suntech will continue to post job opportunities on the City of Goodyear website as it ramps up in the winter and in 2011.

Suntech is the first company to take advantage of Arizona's SB 1403 which provided tax incentives to establish a new solar industry in the state.



## Western Avenue Facades Improved; Arts District Being Planned

Two business owners on Western Avenue have taken advantage of the City's Façade Improvement Program to improve the exteriors of their properties. Julia Navarro made dramatic improvements to AmeriMax at 132 E. Western Ave. and Gloria King improved her business at 116 E. Western Ave., highlighting the exterior with awnings.

Among the extensive interior improvements made by King were individual booths she is hoping local artists will rent as workspaces in which to create their art. They could then display their work for sale in the gallery space available at the front of her shop. King is part of a group working together to create an Arts District in this historic area of Goodyear with the recently renovated Western Avenue as the anchor. The City of Goodyear completed streetscape improvements including brickwork, street lights, banners, and artistic benches with the help of a \$495,000 Block Grant and public art funding.

If you are someone who has been looking for space to display your work or to teach or demonstrate your craft or are just interested in helping Historic Goodyear Neighborhood Alliance, the West Valley Arts Council, the Goodyear Arts & Culture Commission, and the Goodyear Neighborhood Services Division create an Arts and Culture Center in the Western Avenue area, please join these groups on Thursday, August 19 from 6 to 8 p.m. at King's store at 116 E. Western Ave. Light refreshments will be served. RSVP to Norma Cunningham at 623-882-7984 or [ncunningham@goodyearaz.gov](mailto:ncunningham@goodyearaz.gov).



## HOA Training Seminars

The Southwest Valley HOA Academy has partnered with the cities of Goodyear and Avondale and the Town of Buckeye to present this seminar series for individuals interested in learning about how homeowners associations work and how they can operate more effectively. The seminars take place 8:30 a.m. to noon, Saturday, Sept. 18 and 25 at Avondale City Center, 11465 W. Civic Center Dr., Avondale. The cost is \$5 per session, and includes refreshments. For information or to register, call Lili Schuett at 623-882-7801.

### Saturday, September 18 - 8:30 a.m. to noon Legal Aspects of the Operation and Management of Associations

Presented by attorneys from the Mulcahy Law Firm, P.C. This seminar will be informative for all HOA leaders and residents who are experiencing the effects of today's economic climate. It will cover collecting delinquent assessments, foreclosures and the maintenance of foreclosed properties, trustee sales, and 2010 legislative update.

### Saturday, September 25 - 8:30 a.m. to noon Secrets of Effective Board Management for HOAs

Presented by attorneys from Mulcahy Law Firm, P.C. HOA boards face the challenges of balancing the best interest of the community with the preferences of individual residents. In this seminar, participants will learn about governing documents, Covenants, Conditions and Restrictions (CC&R) and typical enforcement tools available to HOA Boards. Other topics include amending association documents, enforcement and compliance, registering sex offenders, group homes, management company issues, barking dogs, parking, and how to run a board meeting in one hour or less. A round table will address how HOAs can best work with their respective cities to achieve mutual goals of crime prevention and neighborhood preservation.

## Graffiti Buster Pilot Program

After 30 days, 100 gallons of paint, and more than 100 volunteer hours, Goodyear's Graffiti Buster Pilot Program has succeeded in removing graffiti from 27 properties. After the graffiti was identified, photographed and reported to Neighborhood Services in the Police Department, a volunteer went door to door to get permission to repaint from homeowners. Neighborhood Services bought the paint and, through a generous donation, obtained a paint sprayer for the volunteer to use. Then, unsightly graffiti was repainted, as were walls and fences that had previously been covered with paint that didn't match.

As the graffiti began to disappear, neighbors began to reach out. Some waved to the volunteer as they passed by, others shouted encouragement, some offered a cool bottle of water. A few thanked the "painter" with gifts of vegetables from their gardens or hugs from the heart. With the graffiti gone, residents seem to be enjoying their communities more, getting out and about for evening walks and bike rides.

Neighborhood leaders in Goodyear say graffiti is one of the top priorities that must be addressed. City officials hope to expand this Graffiti Buster Pilot Program into a city-wide effort to restore and maintain the City of Goodyear as a graffiti-free community, and are seeking sponsors to help fund the cost of paint and supplies. For information about volunteering, sponsoring, or supporting the Graffiti Buster program, contact Lili Schuett in Neighborhood Services at [lschuett@goodyearaz.gov](mailto:lschuett@goodyearaz.gov) or 623-882-7801.



## Mustaches for a Good Cause

Sponsoring a child at Arizona Children's Burn Camp is this year's goal for the United Goodyear Firefighter Charities. As part of that fundraising effort, 40 members of the Goodyear Fire Department grew mustaches for the annual May Mo Mayhem event and raised more than \$400. Proceeds of the event were donated to "Camp Courage," the annual Arizona Children's Burn Camp, on behalf of The United Goodyear Firefighter Charities.

United Goodyear Firefighters Charities has become a partner agency with Valley of the Sun United Way. To make a donation by mail, send your check or money order with "The United Goodyear Firefighters Charities" noted on the memo line to P.O. Box 6072 Goodyear, AZ 85338. For more information, contact Oscar Navarro at 623-845-2479, Darrin Green at 623-229-6505, or Anthony Martin at 623-776-6630.



Photo: From left to right, Capt. Darrin Green, Engineer Stephen Gilman, Firefighters John Styke and Rocky Piazza.



## Fall Planting Selecting a Tree

Higher soil moisture levels and slowly dropping temperatures make the end of our summer rainy season a good time to plant a tree. Stress will be lower and chances of survival higher. A tree outside your window can provide shade, color, texture, and maybe songbirds. Choose a tree that suits your desires.

Make a statement of your individuality in your landscape. Look for trees other than the palo verdes and mesquites that line our streets. These trees will outgrow narrow side yards (5-15 feet) when they mature at 20 - 40 feet wide. Keeping them smaller will require regular pruning and extra watering as they recover each time they are pruned.

Check out planting these low-water tree selections instead:

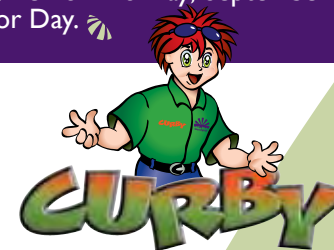
Tree Name	Approximate Size at Maturity (height x width)	Interest
Leather leaf acacia	10 x 8	Evergreen, gray-green leaves.
Arizona rosewood	10 x 8	White summer flowers. Alternative to oleander.
Kidneywood	15 x 10	White flowering spikes in summer. Arizona native.
Texas ebony	20 x 15	Rich green leaves. Bark sunburns if overpruned.
Texas mountain laurel	8 x 6	Grape scented purple flowers. Thornless.
Anacachio orchid tree	8 x 6	White/pink flowers. Butterfly-shaped leaves.

Learn more about these trees from "Landscape Plants for the Arizona Desert." Pick up a free copy at City Hall. For more ideas, sign up for the Trees for Small Arid Yards class on the City Water Conservation page [www.goodyearaz.gov/h2o365](http://www.goodyearaz.gov/h2o365).

## Holiday Schedule

**Labor Day, Monday, Sept. 6  
City Offices Closed**

**Sanitation Collection:**  
Container collection service for each zone will be shifted to one day later than your normal collection day following Monday, September 6, Labor Day. There will be no bulk collection service provided on Monday, September 6, Labor Day.



## Water-Wise Ways for Late Summer Rain Season

Temperatures will edge back from the 110s to the mere 100s and high 90s in the next sixty days. Rains will taper off by late September. As this happens, water needs change. Here are some tips:

- Begin stretching the interval between waterings, a day at a time, as temperatures drop. Keep the irrigation run time the same. By December, desert plants will thrive on monthly downpours.
- Decide whether to over-seed lawns in October. Some grasses do best when not overseeded every year. Overseeded areas need an additional 14 gallons of water per square foot per year. That's 14,000 gallons per thousand square feet – almost enough to fill a swimming pool.
- Prepare to take better advantage of the rains this winter. Check with your homeowner association to find out how much you can re-contour your back yard. Watch where water collects in your yard during the rain. Mark areas where a little relocation of soil could re-direct that water to plants that need it most. Dig that mini-trench while the ground is moist.
- Investigate pool covers. Those who swim most of the year can save on pool heating or extend the season with a cover. Pool owners who stop swimming for four to six months can reduce mid-day evaporative losses by covering the pool.

## Learn More Water-Saving Ways!

**Sign up for a free Water Conservation Class. Go to [www.goodyearaz.gov/h2o365](http://www.goodyearaz.gov/h2o365) and select Water Conservation Classes.**

## Bring Household Hazardous Waste to City Hall Oct. 30

Goodyear residents can drop off their household hazardous waste from 8 a.m. to 12 p.m. on Saturday, Oct. 30 in the parking lot at Goodyear City Hall, 190 N. Litchfield Rd. There is no charge, but proof of Goodyear residency, such as a recent Goodyear utility bill, is required. This event is for residential hazardous waste only, no commercial waste. Keep safety in mind, and transport waste materials in a cardboard box in the trunk or truck bed of vehicles.

### Acceptable items include:

- Electronics: TVs, cell phones, VCRs, computers
- Lawn chemicals: pesticides, herbicides, fertilizers
- Home repair chemicals: paint, thinners, solvents, adhesives
- Automotive liquids: motor oil, antifreeze, car batteries, gasoline
- Up to 5 passenger-type tires (no wheels or rims and no truck tires)
- Household items: batteries, poisons, pool chemicals, fire extinguishers



Items NOT accepted include large truck tires, passenger tires with rims, 55-gallon drums of waste, air conditioners, appliances, ammunition, biological and medical waste, glass, metals, plastics, and water heaters. Visit [www.goodyearaz.gov/hazmat](http://www.goodyearaz.gov/hazmat) or call the City of Goodyear Public Works at 623-932-3010 for information.



# Library Events

## August/September 2010



### Book Discussion Group for Adults

Mondays, Aug. 23 and Sept. 27 at 1 p.m.  
City Hall, Room 117, 190 N. Litchfield Rd.  
Stop by the library to pick up copies of the selections. You're invited to bring your lunch.

### Mother Goose Story Time

Monday, August 30 at 10:30 a.m.  
City Hall, Room 117, 190 N. Litchfield Rd.  
Join us for this very special story time featuring Mother Goose! Jan Sandwich will delight you with stories and songs at this first story time of our fall season. Sponsored by the New Friends of the Goodyear Branch Library.

### Wikki Wacky Wednesday

Wednesday, Sept. 8 at 3:30 p.m.  
Goodyear Branch Library,  
250 N. Litchfield Rd., Suite 185  
Drop in activity for ages 4 - 8.  
Create a mural with wikki sticks in the children's area of the library.

### Preschool Story Time

Mondays, Sept. 13, 20, 27 at 10:30 or 11:15 a.m.  
City Hall, Room 117, 190 N. Litchfield Rd.  
Start your week off right with fun stories, songs, and activities. Parents may choose either the 10:30 a.m. or 11:15 a.m. session. For children ages 3-5.

## POW/MIA Flag at City Hall

A ceremony for the raising of the new POW/MIA flag on July 27 at City Hall featured an Honor Guard with bagpipes, the National Anthem sung by a Goodyear resident, and brief comments by Mayor Jim Cavanaugh, a veteran of the United States Air Force.

The National League of Families POW/MIA flag is the symbol of our Nation's concern and commitment to achieving the fullest possible accounting of Americans who, having been prisoners of war or missing in action, are still unaccounted for and those Americans who in the future may become prisoners of war, missing in action, or otherwise unaccounted for as a result of hostile action. Recent legislation requires that the POW/MIA flag be flown at government locations when the U.S. flag is displayed. The City of Goodyear implemented this new regulation with an official ceremony and acknowledgement of the significance of the flag, with gratitude to those who have served, are serving, and will serve in the future as members of the U.S. Armed Forces.



## 9-11 Memorial Flag Raising and Pancake Breakfast

The Goodyear Fire and Police departments host their annual 9-11 Memorial Flag Raising and Pancake Breakfast at 7:30 a.m. on Saturday, Sept. 11, 2010. Goodyear residents and guests are invited to join us for this special remembrance at Fire Station 185, 15875 W. Clubhouse Dr., at the west entrance to PebbleCreek off of PebbleCreek Parkway, north of McDowell Road. The flag raising and brief memorial service will be followed by a pancake breakfast, served by the firefighters. There is no charge for the event, but donations are encouraged. All proceeds benefit firefighter charities. Fire trucks and equipment will be on display.



## Goodyear 20:10 Photography Project

Four Goodyear high school students recently created a visual "snapshot" of Goodyear in 2010. Estrella Foothills High School students Dera Keith, Brittney Perry and Vanessa Sanchez, and Chelsie Combest of Millennium High School, completed two workshops led by photography instructor Richard Gross. Each student submitted five photographs. From the 20 submissions, art professionals selected seven of the best for printing and framing for display in a special exhibit entitled "Goodyear 20:10," a public art project of the City of Goodyear on display at Goodyear City Hall.

From the iconic Goodyear blimp to the Estrella Mountains, each photograph captures a view of our city and as a collection will provide a reference for future generations. A reception celebrating the students' achievement will be held in the fall. After the exhibition, all photographs will be displayed permanently in municipal buildings as part of the City's portable works collection. For more information, call 623-882-7809.



# City of Goodyear Events, Classes, and Sports Fall 2010



## Special Events

### Fall Concert Series

Enjoy some of the best bands in the southwest on Friday nights in the fall! Bring lawn chairs or blankets for your comfort as you listen to a wide variety of musical performances for the whole family. You may bring food and beverages of your choice (no glass containers please), or purchase from our on-site food vendor.

**Dates:** September 17, *Faded Jeans Band*: Classic rock, R & B, pop.  
September 24, *Generations Band*: 50s & 60s rock 'n' roll hits.  
October 1, *Desert Blues Project*: Live blues.  
October 8, *Matt Farris & Dirty Country*: Nashville Star finalist singing hit country tunes from today and yesterday.

**Time:** 7 p.m.  
**Location:** Goodyear Community Park  
**Price:** FREE

### Goodyear in ACTION Day

A health and fitness fair in the West Valley including a Fun Run, Kids Kickball Games, and much more. For more information, please e-mail [goodyearinaction@live.com](mailto:goodyearinaction@live.com) or visit [www.goodyearinaction.com](http://www.goodyearinaction.com).

**Date:** September 25  
**Times:** 9 a.m. to 12 p.m.  
Registration for Fun Run: 7:45 a.m.  
**Location:** Goodyear Community Park  
**Price:** FREE

Goodyear in



**ACTION**

### City Market

City Market takes place at the Goodyear Ballpark, 1933 S. Ballpark Way, on the first Saturday of every month, October through May. Vendor applications are accepted year-round. If you are interested in more information, please contact Amy Shahrenian at 623-882-7603.

**Dates:** October 2, November 6, December 4, 2010  
January 8, 2011 (2nd Saturday)

**Times:** 10 a.m. to 2 p.m.  
**Location:** Goodyear Ballpark  
**Price:** FREE

### 4th Annual Wag & Tag

K9 and obedience demos, raffles, adoption and rescue organizations, dog related vendors, and food. Vendor applications are now being accepted; please contact Amy Shahrenian at 623-882-7603.

**Date:** November 13  
**Times:** 10 a.m. to 1 p.m.  
**Location:** Roscoe Dog Park  
**Price:** FREE



## Movie Night at the Ballpark

Enjoy the Movie from the Field!

### Cars (PG)

Friday, August 20, 2010 • 7:30 p.m.

Gates open at 6:30 p.m.

#### Free Parking and Admission

Concessions available for purchase  
No lawn chairs permitted



### GOODYEAR BALLPARK

1933 S. Ballpark Way, Goodyear  
623.882.3120 • [www.goodyearaz.gov/ballpark](http://www.goodyearaz.gov/ballpark)

### Upcoming Movies

**Up (PG)**  
September 10  
6:30 p.m.

**The Princess and the Frog (G)**  
October 15  
6:30 p.m.

Movie Series Presented by:



### West Valley Senior Games

Events Divisions: Competitive Tennis, Pickleball, Softball, Bocce, Horseshoes, Softball, Swimming. Pre-registration deadline for all events is November 4; late registration until November 11. For more information, and a link for registration, please visit the event website at [www.westvalleyrecreation.com/RecExpo.html](http://www.westvalleyrecreation.com/RecExpo.html).

**Date:** November 20  
**Time:** 8 a.m. to 2 p.m.  
**Locations:** PebbleCreek: 16150 W. Clubhouse Drive  
Softball takes place at Goodyear Community Park  
**Price:** \$20 per person, per event by November 4,  
\$25 per person, per event until November 11



### Upcoming Events at Goodyear Ballpark

Aug. 16	7 p.m.	AZ Rookie League Game – Reds vs. Indians
Aug. 17	7 p.m.	AZ Rookie League Game – Indians vs. Reds
Aug. 20	7:30 p.m.	Movie Night, <i>Cars</i> (PG)
Sept. 10	6:30 p.m.	Movie Night, <i>Up</i> (PG)
Sept. 24 - 27	TBA	Perfect Game Tournament
Sept. 30 - Oct. 16	TBA	NABA World Championship Tournament
Oct. 2-3	6 p.m. - 6 a.m.	Relay for Life
Oct. 2	10 a.m. - 2 p.m.	City Market
Oct. 3	1 p.m.	CPR Across America
Oct. 10	8 a.m. - 3 p.m.	PebbleCreek Car Show
Oct. 15	6:30 p.m.	Movie Night, <i>The Princess and the Frog</i> (G)
Oct. 16	10 a.m. - 2 p.m.	G.A.I.N.
Oct. 16 - Nov. 5	TBA	MSBL World Series
Oct. 23	12:30 p.m.	AZ Fall League Game
Oct. 30	5 - 8:30 p.m.	Field of Screams
Nov. 6	10 a.m. - 2 p.m.	City Market
Nov. 6	6 p.m.	Guns 'n Hoses Flag Football Game
Dec. 4	10 a.m. - 2 p.m.	City Market
Dec. 4	5 - 8:30 p.m.	Home Plate for the Holidays

For more information on these events, visit [www.goodyearaz.gov/ballpark](http://www.goodyearaz.gov/ballpark).



# Youth Enrichment Classes

## Goodyear Recreation Registration

If you are new to City of Goodyear Recreation, a household account (each family member's name, address, phone numbers, e-mail, and birthdays) must be established before registering for the first time. Proof of residency, if you live in Goodyear, birth certificates for all minors under 18 years old, and a photo ID for each parent or legal guardian are required when setting up a household account. Only parents or legal guardians are allowed to register minors. Registration is required for all classes. Registration may be accepted online or at the Goodyear Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Please note: non-refundable convenience fees apply to all online transactions. Not all classes are available for online registration. For more information on registration, please refer to [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

Note: Some classes require registration fees and class fees in addition to the price of the class.

Registration begins August 9

## Moms Group

Attention Moms! Bring your child and join us every Thursday from 10 to 11 a.m. at the Palm Valley Community Center. Each week features a different speaker. Each month features a different theme. Find more information online or through the Recreation Office. Pre-registration and payment (per child) is required; \$8 (\$16 non-resident) per month, due before the first of every month, or \$27 (\$59 non-resident) for four months. Multi-siblings are welcome with appropriate supervision.

September – Health & Wellness  
October – Music/Movement  
November – Book/Reading  
December – Dance

## Babysitting (10 - 18 yrs)

This community education and safety program covers child safety and basic care techniques for infants and children. The course provides fundamental information for home, childcare workers, or babysitters. Topics include: Pediatric CPR & First Aid, feeding, burping, and diapering. Participants will receive a workbook along with a 2-year certification card. Please bring a sack lunch as we will be taking a break to eat. Find more information at [www.crosslifeline.com](http://www.crosslifeline.com) or call 1-866-508-7234 or e-mail [learnpr@crosslifeline.com](mailto:learnpr@crosslifeline.com). One day class. By Cross' Lifeline Emergency Training. Min/Max: 6/20. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$40 made payable to Cross' Lifeline Emergency Training, is due at the class.

Dates: September 11, November 13, January 8 (each is a one-day class)  
Times: 9 a.m. to 1 p.m.  
Location: Fire Station 3, conference room  
Prices: \$45 (\$50 non-resident)



## ABCs & 123s (3 - 5 yrs)

This preschool class is a fun alternative for children who are not yet in preschool or kindergarten, but ready to be introduced into a school-oriented atmosphere. Participants will be involved in activities involving letter and number recognition, shapes, colors, seasons, and other basic preschool principles. Physical exercises, arts & crafts, story time, Spanish, safety topics, snacks, games, and songs will also be a part of this curriculum. Children must be potty trained. Parents are welcome to stay with children until they are comfortable. However, this class is geared to lead children to independence from parents and encourage them to engage in class activities with their new friends. By Mary Shouse, City of Goodyear. Min/Max: 6/12.

Days: Tuesdays and Thursdays  
Dates: Summer Session 3: August 10 – September 4  
Fall Session 1: September 14 – October 14  
Fall Session 2: October 19 – November 18  
Times: 9:30 to 10:30 a.m. (1 hr.)  
or 9:30 a.m. to 12 p.m. (2½ hrs.)  
Location: Goodyear Community Center  
Prices: \$60 (\$75 non-resident) 1 hr.  
\$120 (\$150 non-resident) 2½ hrs.



## Crossfit Kids (3+ yrs)

Our goal for Crossfit Kids at Fury is broad, inclusive, general fitness wrapped in fun. That means we want to help your kids become healthier and more fit, while learning to enjoy playing the sport of fitness. This involves teaching kids to grow up knowing how to move safely, eat healthy, and challenge their limits. We will work on skill movements, efficient exercise, and an active game in each class. Our goal is BIG FUN, and we want your kids to be a part of it. We have two classes: Crossfit Preschool and Crossfit Kids. Crossfit Preschool is for kids 3 - 5 years old. These kids meet on Thursdays at 5:30 p.m. and Saturdays at 8 a.m. Crossfit Kids is for kids 6 years old and up. These kids meet on Thursdays at 6 p.m. and Saturdays at 8:30 a.m. For more information and to register, go to [www.crossfitfury.com](http://www.crossfitfury.com) or call us at 623-932-4338.

## Refund Policy for All Goodyear Recreation Programs

If the participant wishes to cancel enrollment or does not participate in a program, the participant must notify the Parks & Recreation Department at least five days before the start of the program to receive a refund. No refunds will be issued less than five days prior to the start of the program or reservation date. There are three refund options: 1) Parks & Recreation Household Account: If the customer wants to have the refund posted to his/her account, a credit for the amount that was paid minus the online convenience fee charge will be issued. This amount must be used within one year of the issue date. 2) Check Refund: If the customer paid by cash or check and would like a check issued from the City Finance Department, a 20% or \$5 administration fee (whichever is greater) will be deducted from the amount that was originally paid. A check will be mailed within two weeks. 3) Credit Card Refund: If the customer paid by credit card and would like to credit his/her credit card, a 20% or \$5 administration fee (whichever is greater) will be deducted from the amount that was originally paid minus the online convenience fee charge. A credit card refund will be issued within three days.

## Dance

### Tribal Bellydance for Teens (13 - 17 yrs)

Pomegranate SEEDs (Self-esteem, Empowerment and Education through Dance); young women, ages 13-17, learn bellydance technique, dance history, and improvisational Tribal Style dance – a dance form fusing ancient and modern ethnic dance: Middle Eastern bellydance, flamenco, East Indian, and North African. This improvisational dance generates options and choices to help young women build quick-thinking, self-esteem, and confidence. Dancing as a tribe or group, they build respect for their peers and the diversity of the group. Class addresses fitness, body image, and self-esteem as it applies to young women – establishing knowledge and honor for their bodies in an age-appropriate manner. Dance and look cool doing it! No dance experience necessary. By Cari Smith of Anaya Tribal, City of Goodyear. Min/Max: 5/20.

Days: Tuesdays  
Dates: Summer Session 2: August 17 – October 12; 8 weeks (no class August 24)  
Fall Session: October 19 – December 14; 8 weeks (no class November 2)  
Times: 5 to 6 p.m.; Teen  
6:15 to 7:15 p.m.; Beginning  
7:20 to 8:20 p.m.; Intermediate  
8:30 to 9:30 p.m.; Advanced  
Location: Goodyear Community Center  
Prices: \$60 (\$65 non-resident) per session  
\$105 (\$115 non-resident) for two sessions

### Ballet/Jazz Combo (3 - 5 yrs)

In this class, children will receive a well-rounded introduction to dance. Using stories, props, and fun music, your child will learn ballet, jazz, and tumbling skills. The children will showcase a dance combining all of the techniques they have learned. No experience is necessary. Find more information at [www.steppinoutperformingarts.com](http://www.steppinoutperformingarts.com) or e-mail [steppinoutperformingarts@yahoo.com](mailto:steppinoutperformingarts@yahoo.com). By Steppin' Out Performing Arts. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class.

Days: Wednesdays  
Dates: Fall Session 1: September 8 – October 13; 6 weeks  
Fall Session 2: October 20 – November 24; 6 weeks  
Times: 11:30 a.m. to 12:15 p.m.  
Location: Steppin' Out Performing Arts Studio, 13331 W. Indian School Rd., Litchfield Park  
Prices: \$40 (\$50 non-resident) per session

### Ballet/Tap Combo I (3 - 4 yrs)

This class is an exciting introduction to ballet, tap, creative movement, and tumbling basics. The focus is on having fun and giving your child a positive introduction to dance. The children will showcase a dance combining all of the techniques they have learned. No experience is necessary. Tap shoes required. Find more information at [steppinoutperformingarts.com](http://steppinoutperformingarts.com) or e-mail [steppinoutperformingarts@yahoo.com](mailto:steppinoutperformingarts@yahoo.com). By Steppin' Out Performing Arts. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class.

Days: Mondays  
Dates: Fall Session 1: September 13 – October 18; 6 weeks  
Fall Session 2: October 25 – November 29; 6 weeks  
Times: 3 to 3:45 p.m.  
Location: Steppin' Out Performing Arts Studio, 13331 W. Indian School Rd., Litchfield Park  
Prices: \$40 (\$50 non-resident) per session

### Ballet/Tap Combo II (5 - 7 yrs)

This class is an exciting introduction to ballet, jazz, tap, creative movement, and tumbling basics. The focus is on having fun and giving your child a positive introduction to dance. The children will showcase a dance combining all of the techniques they have learned. No experience is necessary. Tap shoes required. Find more information at [steppinoutperformingarts.com](http://steppinoutperformingarts.com) or e-mail [steppinoutperformingarts@yahoo.com](mailto:steppinoutperformingarts@yahoo.com). By Steppin' Out Performing Arts. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class.

Days: Mondays  
Dates: Fall Session 1: September 13 – October 18; 6 weeks  
Fall Session 2: October 25 – November 29; 6 weeks  
Times: 4 to 4:45 p.m.  
Location: Steppin' Out Performing Arts Studio, 13331 W. Indian School Rd., Litchfield Park  
Prices: \$40 (\$50 non-resident) per session



### Cheer/Hip Hop Combo (7 - 12 yrs)

In this energized class, students will learn basic arm movements, tumbling, jumps, and stunts along with some of the newest dance styles, jumps, and tricks. These skills will be combined into cheers, chants, and dances that will be showcased for parents at the end of the session. Find more information at [steppinoutperformingarts.com](http://steppinoutperformingarts.com) or e-mail [steppinoutperformingarts@yahoo.com](mailto:steppinoutperformingarts@yahoo.com). By Steppin' Out Performing Arts. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class.

Days: Wednesdays  
Dates: Fall Session 1: September 8 – October 13; 6 weeks  
Fall Session 2: October 20 – November 24; 6 weeks  
Times: 7 to 7:55 p.m.  
Location: Steppin' Out Performing Arts Studio, 13331 W. Indian School Rd., Litchfield Park  
Prices: \$40 (\$50 non-resident) per session





# Youth Enrichment Classes

## Goodyear Recreation Registration

If you are new to City of Goodyear Recreation, a household account (each family member's name, address, phone numbers, e-mail, and birthdays) must be established before registering for the first time. Proof of residency, if you live in Goodyear, birth certificates for all minors under 18 years old, and a photo ID for each parent or legal guardian are required when setting up a household account. Only parents or legal guardians are allowed to register minors. Registration is required for all classes. Registration may be accepted online or at the Goodyear Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Please note: non-refundable convenience fees apply to all online transactions. Not all classes are available for online registration. For more information on registration, please refer to [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

Note: Some classes require registration fees and class fees in addition to the price of the class.

Registration begins August 9

## Dance (continued)

### Hip Hop/Tap Combo (3 - 5 yrs)

This class is an exciting introduction to hip hop, tap, jazz, and tumbling basics. The focus is on having fun and giving your child a positive introduction to dance. The children will showcase a dance combining all of the techniques they have learned. This class is great for boys and girls! No experience is necessary. Tap shoes required. Find more information at [www.steppinoutperformingarts.com](http://www.steppinoutperformingarts.com) or e-mail [steppinoutperformingarts@yahoo.com](mailto:steppinoutperformingarts@yahoo.com). By Steppin' Out Performing Arts. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class.

Days: Wednesdays  
 Dates: Fall Session 1: September 8 – October 13; 6 weeks  
 Fall Session 2: October 20 – November 24; 6 weeks  
 Times: 9:30 to 10:15 a.m.  
 Location: Steppin' Out Performing Arts Studio, 13331 W. Indian School Rd., Litchfield Park  
 Prices: \$40 (\$50 non-resident) per session



### We Can Dance Two (2 yrs)

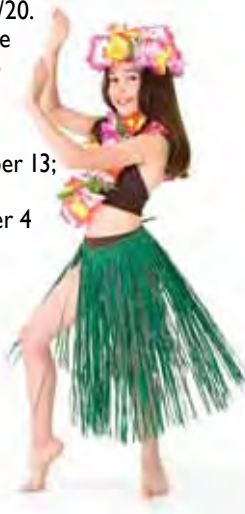
Learn to teach your two-year-old skills that build strength, coordination, flexibility, and large motor skills. Using props, stories, and fun music, your child will gain a positive introduction to dance and tumbling basics. This is also a fun way to spend quality time with your child and meet new friends! One adult per child. Find more information at [steppinoutperformingarts.com](http://steppinoutperformingarts.com) or e-mail [steppinoutperformingarts@yahoo.com](mailto:steppinoutperformingarts@yahoo.com). By Steppin' Out Performing Arts. Min/Max: 4/12. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Steppin' Out Performing Arts, is due first day of class.

Days: Wednesdays  
 Dates: Fall Session 1: September 8 – October 13; 6 weeks  
 Fall Session 2: October 20 – November 24; 6 weeks  
 Times: 10:30 to 11:15 a.m.  
 Location: Steppin' Out Performing Arts Studio, 13331 W. Indian School Rd., Litchfield Park  
 Prices: \$40 (\$50 non-resident) per session

### Hula (2 - 4 yrs)

Aloha! Come and experience the Hawaiian culture as Marlou takes you on a journey to the islands. For more information, call 602-435-3971 or e-mail [marlou\\_joyce@hotmail.com](mailto:marlou_joyce@hotmail.com). Min/Max: 5/20. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$10 made payable to Marlou Lamblack, is due first day of class.

Days: Mondays  
 Dates: Summer Session 3: August 16 – September 13; 4 weeks (no class September 6)  
 Fall Session 1: September 27 and October 4  
 Fall Session 2: October 11 and 18  
 Fall Session 3: November 1 and 8  
 Fall Session 4: November 15 and 22  
 Winter Session 1: December 6 and 13  
 Winter Session 2: December 20 and 27  
 Times: 3:30 to 4:30 p.m.  
 Location: To be determined  
 Prices: \$15 (\$20 non-resident)



### Hula (5 - 13+ yrs)

Aloha! Come and learn the six basic steps of Hula by using your lovely hula hands and swaying hips to describe a song. Because of the graceful movement of hula, it's a total body workout, helping flexibility, strength, endurance and stamina. For more information, call 602-435-3971 or e-mail [marlou\\_joyce@hotmail.com](mailto:marlou_joyce@hotmail.com). Min/Max: 5/20. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$20 made payable to Marlou Lamblack, is due first day of class.

Days: Mondays  
 Dates: Summer Session 3: August 16 – September 13; 4 weeks (no class September 6)  
 Fall Session 1: September 27 – October 18; 4 weeks  
 Fall Session 2: November 1 – 22; 4 weeks  
 Winter Session 1: December 6 – 27; 4 weeks  
 Times: 4:45 to 5:45 p.m.; 5 - 12 yrs  
 6 to 7 p.m.; 13+ yrs  
 Location: To be determined  
 Prices: \$30 (\$40 non-resident)

your ad here

Want to reach every household in Goodyear?

Promote your business with an INFOCUS advertising package.

Call for pricing and availability.

623-882-3120

## Gymnastics

Estrella Gymnastics  
 14190 W. Van Buren St., C106 & C107  
[www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or 623-932-1053  
 Prices are per session. Registration fees are due at registration. Class fees are due first day of class.

### Parent Tot Gymnastics (1 - 3½ yrs)

Parents, grandparents, aunt or uncle have fun introducing children to the fun of gymnastics. Qualified and caring teachers will guide you to help your child accomplish skills on balance beam, bars, tumbling and trampoline in a bright, clean preschool environment. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$40 made payable to Estrella Gymnastics, is due first day of class.

Days: Thursdays and Fridays  
 Dates: Fall Session 1: week of August 16 – September 20; 6 weeks  
 Fall Session 2: week of September 27 – November 1; 6 weeks  
 Fall Session 3: week of November 8 – December 13; 6 weeks  
 Times: 8:30 to 9:10 a.m. (Thursdays)  
 3:30 to 4:10 p.m. (Thursdays)  
 9 to 9:40 a.m. (Fridays)  
 Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
 Prices: \$50 (\$60 non-resident)

### Adaptive Gymnastics (3 - 10 yrs)

Movement learning for children ages 3-10 with autism, ADHD, Asperger's Syndrome, learning disabilities and other related needs. Gymnastics is a fun and unique way for children with special needs to experience movement and develop gross motor skills. Sessions are taught by a certified recreational therapist (CTRS). All activities are structured and adapted for the child's special needs. The sessions will be modified to facilitate success while challenging enough to provide gross motor skills development. Small group or individual lessons are available. For more information, including which class time to register for, please e-mail Dawna at [djsbonik@aol.com](mailto:djsbonik@aol.com). Six weeks. By Dawna Sterner, Certified Recreational Therapist (CTRS). Min/Max: 2/6. Prices are per session. Registration fee: \$5, is due at the time of registration. Class fee: \$120 (\$180 non-residents) made payable to Dawna Sterner, is due first day of class.

Days: Thursdays  
 Dates: Fall Session 1: August 19 – September 23; 6 weeks  
 Fall Session 2: September 30 – November 4; 6 weeks  
 Fall Session 3: November 11 – December 16; 6 weeks  
 Times: 5:15 to 6 p.m.  
 6 to 6:45 p.m.  
 6:45 to 7:15 p.m.  
 Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
 Prices: \$125 (\$185 non-resident)



GROUND CONTROL

The West Valley's Place to Meet!

Need a place to relax & escape the grind of life? Enjoy our inviting atmosphere while you savor the "coffee of the year", sip one of 450 eclectic wines, nurse one of our world class beers, gnosh on fabulous food, cool off with homemade gelato or revel in high end spirits. We are Ground Control, the center of Goodyear, where community happens.

Wine Tasting Tues 6pm & Sat 7pm  
 Live Music Fri & Sat 8-11pm

TRY ONE FREE!

This coupon is good for one free:  
 Small Latte or Brewed Coffee  
 or Small Gelato

Not valid with any other offer, 1 per customer

### Tiny Stars Gymnastics (3½ - 4 yrs)

A structured class without parents, introducing students to floor exercise and tumbling, balance beams, bars, and trampoline. Qualified and caring teachers will teach age-specific skills. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Min/Max: 4/10. Registration fee: \$10 (\$20 non-resident), is due at registration. Class fee: \$55 made payable to Estrella Gymnastics, is due first day of class.

Dates: Fall Session 1: week of August 16 – September 20; 6 weeks  
 Fall Session 2: week of September 27 – November 1; 6 weeks  
 Fall Session 3: week of November 8 – December 13; 6 weeks  
 Times: 10:15 to 11 a.m. (Wednesdays or Thursdays)  
 3:45 to 4:15 p.m. (Wednesdays or Thursdays)  
 Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
 Prices: \$65 (\$75 non-resident)

### Junior Stars Gymnastics (4½ - 5 yrs)

A structured class without parents, introducing students to floor exercise and tumbling, balance beams, bars, and trampoline. Qualified and caring teachers will teach age-specific skills. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Min/Max: 4/10. Registration fee: \$10 (\$20 non-resident), is due at registration. Class fee: \$55 made payable to Estrella Gymnastics, is due first day of class.

Dates: Fall Session 1: week of August 16 – September 20; 6 weeks  
 Fall Session 2: week of September 27 – November 1; 6 weeks  
 Fall Session 3: week of November 8 – December 13; 6 weeks  
 Times: 9:15 to 10 a.m. (Tuesdays)  
 3:45 to 5:30 p.m. (Thursdays)  
 10:45 to 11:30 a.m. (Fridays)  
 Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
 Prices: \$65 (\$75 non-resident)



# Youth Enrichment Classes

## Goodyear Recreation Registration

If you are new to City of Goodyear Recreation, a household account (each family member's name, address, phone numbers, e-mail, and birthdays) must be established before registering for the first time. Proof of residency, if you live in Goodyear, birth certificates for all minors under 18 years old, and a photo ID for each parent or legal guardian are required when setting up a household account. Only parents or legal guardians are allowed to register minors. Registration is required for all classes. Registration may be accepted online or at the Goodyear Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. Please note: non-refundable convenience fees apply to all online transactions. Not all classes are available for online registration. For more information on registration, please refer to [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

Note: Some classes require registration fees and class fees in addition to the price of the class.

Registration begins August 9

## Gymnastics (continued)

### Boys/Girls Gymnastics (7 - 12 yrs)

Structured classes introducing students to all of the basic skills on all of the gymnastics apparatus, including tumbling, vault, bars, balance beam, and trampoline. Qualified instructors will ensure that children receive the best instruction to learn the basic skills applying correct and safe technique. Ribbons will be awarded to all participants. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Min/Max: 4/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Estrella Gymnastics, is due first day of class.

Days: Mondays  
 Dates: Fall Session 1: August 16 – September 20; 6 weeks  
 Fall Session 2: September 27 – November 1; 6 weeks  
 Fall Session 3: November 8 – December 13; 6 weeks  
 Times: 5:30 to 6:30 p.m.  
 Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
 Prices: \$70 (\$80 non-resident)

### Boys/Girls Tumbling (7 - 14 yrs)

Learn all the basics of tumbling, including basic rolls, cartwheels, handstands, walkovers, roundoffs, back handsprings, front handsprings, and more. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Estrella Gymnastics, is due first day of class.

Days: Mondays  
 Dates: Fall Session 1: August 16 – September 20; 6 weeks  
 Fall Session 2: September 27 – November 1; 6 weeks  
 Fall Session 3: November 8 – December 13; 6 weeks  
 Times: 4:30 to 5:30 p.m.  
 Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
 Prices: \$70 (\$80 non-resident)



### Dance N Tumble (4½ - 6 yrs)

This unique class includes dance followed by tumbling and trampoline in the gym. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$55 made payable to Estrella Gymnastics, is due first day of class.

Days: Tuesdays  
 Dates: Fall Session 1: August 17 – September 21; 6 weeks  
 Fall Session 2: September 28 – November 2; 6 weeks  
 Fall Session 3: November 9 – December 14; 6 weeks  
 Times: 4 to 4:40 p.m.; 4½ - 5 yrs  
 4:25 to 5:10 p.m.; 5 - 6 yrs  
 Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
 Prices: \$65 (\$75 non-resident)



### Dance N Tumble (7 - 12 yrs)

This unique class includes dance followed by tumbling and trampoline in the gym. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Estrella Gymnastics, is due first day of class.

Days: Tuesdays  
 Dates: Fall Session 1: August 17 – September 21; 6 weeks  
 Fall Session 2: September 28 – November 2; 6 weeks  
 Fall Session 3: November 9 – December 14; 6 weeks  
 Times: 5:30 to 6:30 p.m.  
 Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
 Prices: \$70 (\$80 non-resident)

### Kick N Tumble (4 - 12 yrs)

This new class includes 30 minutes of Karate taught by a Certified instructor and 30 minutes of tumbling and trampoline taught by our qualified and experienced gymnastics coaches. Students will develop strength, flexibility, coordination and self-discipline. Class will be divided by 4 - 6 and 7 - 12 year old age groups. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$55 made payable to Estrella Gymnastics, is due first day of class.

Days: Mondays and Wednesdays  
 Dates: Fall Session 1: August 16 – September 22; 6 weeks  
 Fall Session 2: September 27 – November 3; 6 weeks  
 Fall Session 3: November 8 – December 15; 6 weeks  
 Times: 4 to 5 p.m.  
 Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
 Prices: \$65 (\$75 non-resident)

## Martial Arts

### Karate for Kids (4 - 14 yrs)

Students will learn the fundamentals of Karate from a certified instructor. Students will gain discipline, self-confidence, strength, and coordination. Fee includes first uniform. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. By Estrella Gymnastics. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$45 made payable to Estrella Gymnastics, is due first day of class.

Days: Mondays and Wednesdays  
 Dates: Fall Session 1: August 16 – September 22; 6 weeks  
 Fall Session 2: September 27 – November 3; 6 weeks  
 Fall Session 3: November 8 – December 15; 6 weeks  
 Times: 5 to 5:45 p.m. (4 - 6 yrs)  
 6 to 6:45 p.m. (7 - 14 yrs)  
 Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
 Prices: \$55 (\$65 non-resident)

### Tae Kwon Do (4+ yrs)

Tiger Cubs (ages 4-5 years) learn the basics of Tae Kwon Do: working kicks and blocks, large muscle development, and flexibility. Cubs learn stranger/abduction avoidance and self-defense. Students White Belt and above (ages 6 - 12 years) learn the traditional art of Tae Kwon Do from an ITA certified instructor. This program includes training in moves, forms, self-defense, flexibility, strength, and conditioning. The classes also focus on learning the seven tenants: honor, courtesy, integrity, perseverance, self-control, courage, and community. White and Yellow Belts are beginning students; Green Belts and above are advanced students. Uniform is required; first uniform will be provided; additional can be purchased. Jiu-Jitsu classes are also available. By Karl Kurtz. Register at 725 N. Central Ave., Avondale. For information, call 623-210-9740.

Days: Ongoing classes are 5 days a week.  
 Recommended: 2 to 4 classes per week.  
 Times: Tiger Cubs  
 Wednesday, Friday: 5 to 5:30 p.m.  
 Saturday: 11:30 a.m. to 12 p.m.  
 Jr. White & Yellow Belts  
 Monday: 5 to 5:50 p.m.  
 Wednesday, Friday: 5:30 to 6:20 p.m.  
 Saturday: 10:30 to 11:20 a.m.  
 Jr. Green Belts & up  
 Monday: 6 to 6:50 p.m.  
 Wednesday: 6:30 to 7:20 p.m.  
 Friday: 5:30 to 6:20 p.m.  
 Saturday: 9:30 to 10:20 a.m.  
 Adult  
 Monday: 8 to 8:50 p.m.  
 Wednesday, Friday: 7:30 to 8:20 p.m.  
 Saturday: 12 to 12:50 p.m.

Location: Goodyear Community Center  
 Prices: Register at Goodyear Taekwondo  
 \$45 (\$55 non-resident) per month  
 Tiger Cubs  
 \$60 (\$70 non-resident) per month  
 White Belt and above

Starter discount: two-week starter course for \$29 with uniform included. Call for details. Family discounts are also available.



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## Traditional Martial Arts (5+ yrs)

This is a dynamic traditions martial arts and leadership program designed to teach the keys to success and wellness through time-honored martial traditions, education, and the challenge of training in Karate-do. Whether you are in great shape or in need of a jump start – child, teen or adult – our program is designed to enhance the lives of our students. Lessons such as learning to learn, physical and cardio strengthening and conditioning, discipline, respect, and self-defense, will not only be taught but demanded, demonstrated, and nurtured on a daily basis. For more information, visit [www.tmainmartialarts.com](http://www.tmainmartialarts.com) or e-mail [azdynamicstraditions@yahoo.com](mailto:azdynamicstraditions@yahoo.com). This class is ongoing. Payments are due before the first of each month. Taught by Sensei A.M. Hernandez. Min/Max: 10/25. Registration fee: \$5 (\$15 non-resident), is due at the time of registration. Class fee: \$35 made payable to Alex M. Hernandez, is due first day of class.

Days: Wednesdays (ongoing)  
 Times: 5:30 to 6:30 p.m.; 5 - 15 yrs  
 6:45 to 7:45 p.m.; 16+ yrs  
 Location: To be determined  
 Prices: \$40 (\$50 non-resident) every month  
 Days: Saturdays (ongoing)  
 Times: 9:30 to 10:30 a.m.; 16+ yrs  
 10:45 to 11:45 a.m.; 5 - 15 yrs  
 Location: To be determined  
 Prices: \$40 (\$50 non-resident) every month



# Youth Enrichment Classes

## Goodyear Recreation Registration

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Note: Some classes require registration fees and class fees in addition to the price of the class.

Registration begins August 9

## Music

Phoenix Conservatory of Music  
[www.pcmrocks.org](http://www.pcmrocks.org) or 602-353-9900

### Parent Tot Music Time (6 months - 4 yrs)

This class is a fun, interactive way for families to bring music into their homes. Each child and caregiver duo will learn to play together in ways that will enhance their child's musical and general development. Learn new songs, games, and music on child-friendly instruments. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Min/Max: 5/15 (one child per caregiver team). Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Mondays  
Dates: Fall Session 1: August 30 – October 18; 6 weeks (no class September 6 or October 11)  
Fall Session 2: November 8 – December 13; 6 weeks  
Times: 5 to 6 p.m.  
Location: Palm Valley Community Center  
Prices: \$70 (\$80 non-resident)



### Piano for Little Hands (4 - 7 yrs)

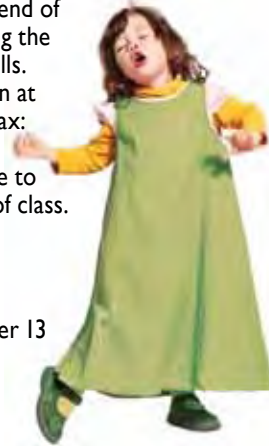
Basic musical skills will be taught such as proper hand positions, posture, note reading, and technique. Students will learn how to play popular age-appropriate songs step by step. No prior experience is required. Students will be required to provide their own keyboards for class sessions; full-size weighted keys is preferable, if possible. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Mondays  
Dates: Fall Session 1: August 30 – October 18; 6 weeks (no class September 6 or October 11)  
Fall Session 2: November 8 – December 13; 6 weeks  
Times: 4 to 5 p.m.  
Location: Palm Valley Community Center  
Prices: \$70 (\$80 non-resident)

### Singing for Little Stars (4 - 7 yrs)

This six week program is full of fun methods that will allow students to learn proper voice technique including posture, breath support, pitch accuracy, and projection. The students will also master the art of performance and presentation. At the end of the sessions, a student recital will be held allowing the students to perform and utilize their acquired skills. No experience is required. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Mondays  
Dates: Fall Session 1: August 30 – October 18 (no class September 6 or October 11)  
Fall Session 2: November 8 – December 13  
Times: 3 to 4 p.m.  
Location: Palm Valley Community Center  
Prices: \$70 (\$80 non-resident)



### Super Singing (9 - 14 yrs)

This program is full of fun methods that will allow students to learn proper voice technique including posture, breath support, pitch accuracy, and projection. The students will also master the art of performance and presentation. They will be given the opportunities to sing in an ensemble setting as well as a soloist. At the end of the sessions, a student recital will be held allowing the students to perform and utilize their acquired skills. No prior experience is required. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Mondays  
Dates: Fall Session 1: August 30 – October 18; 6 weeks (no class September 6 or October 11)  
Fall Session 2: November 8 – December 13; 6 weeks  
Times: 6:15 to 7:15 p.m.  
Location: Palm Valley Community Center  
Prices: \$70 (\$80 non-resident)

### Guitar for Little Hands (6 - 8 yrs)

This class will allow students the opportunity to learn about the basics of guitar playing. They will learn warm-up techniques, finger-strengthening exercises, tuning, proper hand positions, posture, note reading, finger-picking, simplified chords, and how to play simple songs step by step by the end of the sessions. Basic fret board theory will also be introduced. No prior experience required. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Fridays  
Dates: Fall Session 1: September 10 – October 15; 6 weeks  
Fall Session 2: October 29 – December 10; 6 weeks (no class November 26)  
Times: 3 to 4 p.m.  
Location: Fire Station 3, conference room  
Prices: \$70 (\$80 non-resident)

### Guitar (8 - 14+ yrs)

This class will allow students the opportunity to learn more about the basics of guitar playing such as warm-up techniques, finger-strengthening, tuning, hand positions, posture, note reading, finger-picking, basic chords, and how to play simple songs step by step. Basic fret board theory will also be introduced. No experience required. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. Six weeks. By Phoenix Conservatory of Music. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.



Days: Fridays  
Dates: Fall Session 1: September 10 – October 15; 6 weeks  
Fall Session 2: October 29 – December 10; 6 weeks (no classes November 26)  
Times: 4 to 5 p.m.; 8 - 14 yrs  
6:15 to 7:15 p.m.; 14+ yrs  
Location: Fire Station 3, conference room  
Prices: \$70 (\$80 non-resident)

### Beginning Piano (4 - 8 yrs)

Basic musical skills will be taught such as proper hand positions, posture, note reading, and technique. Students will learn how to play popular age-appropriate songs step by step. No prior experience is required and notebook and pencil are suggested. Student will be required to provide their own keyboards for class sessions; full-size weighted keys is preferable if possible. Find more information at [www.pcmrocks.org](http://www.pcmrocks.org) or call 602-353-9900. By Phoenix Conservatory of Music. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$60 made payable to Phoenix Conservatory of Music, is due first day of class.

Days: Fridays  
Dates: Fall Session 1: September 10 – October 15; 6 weeks  
Fall Session 2: October 29 – December 10; 6 weeks (no class November 26)  
Times: 5 to 6 p.m.  
Location: Fire Station 3, conference room  
Prices: \$70 (\$80 non-resident)



### School Break Camp (grades 1 - 6)

School Break Camp is a supervised, drop-in recreation program designed for Goodyear youth. Trained and experienced staff will provide a variety of fun and educational programs including indoor/outdoor activities, mini tournaments, clubs, games, and big-screen movie days. This fun, educational, and exciting program features on-site activities as a part-time, drop-in format. Children may choose to sign themselves in/out at any time during the program hours. Children must bring a sack lunch and/or optional snack. For more information, please call 623-882-7513.

Dates: Fall Break: October 11 – 15 and October 18 – 22  
Prices: \$40 (\$50 non-resident) per week

Dates: Winter Break: December 20 – 23 and December 27 – 30  
Prices: \$32 (\$42 non-resident) per week

Times: 8:30 a.m. to 3 p.m.  
Location: Centerra Mirage Elementary School

### Tennis (3+ yrs)

These classes will be taught by PTR Certified Professional Chris Tolson. During class, participants will use a play base method where half the class goes over strokes and half the class is used to play. This allows all participants to learn the great game of tennis in a fun and friendly environment. For more information, call 602-295-4445 or contact [TennisCatolson@aol.com](mailto:TennisCatolson@aol.com). By Chris Tolson, Tolson Totally Tennis. Min/Max: 5/15. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$65 made payable to Chris Tolson, is due first day of class.

Days: Mondays  
Dates: September 13 – November 1; 8 weeks  
Times: 5 to 6 p.m.; 5 - 8 yrs  
6 to 7 p.m.; 9 - 12 yrs  
7 to 8 p.m.; Adults  
Location: Goodyear Community Park, tennis courts  
Prices: \$75 (\$85 non-resident)

Days: Wednesdays  
Dates: September 15 – November 3; 8 weeks  
Times: 6 to 7 p.m.; 3 - 5 yrs  
7 to 8 p.m.; 9 - 12 yrs  
8 to 9 p.m.; High School  
Location: Goodyear Community Park, tennis courts  
Prices: \$75 (\$85 non-resident)

### Zumba Fitness (teens and adults)

A fun, high-energy fitness dance class incorporating Latin rhythms and movement. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Six weeks. By Estrella Gymnastics. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$35 made payable to Estrella Gymnastics, is due first day of class.

Days: Tuesdays  
Dates: Fall Session 1: August 17 – September 21; 6 weeks  
Fall Session 2: September 28 – November 2; 6 weeks  
Fall Session 3: November 9 – December 14; 6 weeks  
Times: 6:30 to 7:30 p.m.  
Location: Estrella Gymnastics, 14190 W. Van Buren St., C106 & C107  
Prices: \$45 (\$55 non-resident)





# Adult Enrichment Classes

## Goodyear Recreation Registration

If you are new to City of Goodyear Recreation, a household account (each family member's name, address, phone numbers, e-mail, and birthdays) must be established before registering for the first time. Proof of residency, if you live in Goodyear, and a photo ID are required for each adult when setting up a household account. Adults can only register themselves or their spouse for a class. Please note: non-refundable convenience fees apply to all online transactions. Registration is required for all classes. Not all classes are available for online registration. Registration may be accepted online or at the Recreation Office at 3075 N Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. For more information on registration, please refer to [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

Note: Some classes require additional registration and class fees.

Registration begins August 9

## Crossfit Fury

This class is an introduction to Crossfit, focusing on teaching the mechanics and proper exercise techniques. Each class is 30 minutes long and includes individual instruction, nutrition guidance, and overall support and program design to help you reach your goals. Classes take place three days a week on Monday, Wednesday, and Friday at 5 a.m., 6 a.m., 7 a.m., 8 a.m., 4 p.m., and 7 p.m. For more information and to register, call 623-932-4338 or go to [www.crossfitfury.com](http://www.crossfitfury.com).



## Fitness Boot Camp (women only)

The Goodyear Adventure Fitness Boot Camp is a 4-week outdoor program for all fitness levels that offers motivational training, fun and energizing activities to help you reach your fitness goals along with nutritional guidance plus a pre- and post-consultation. Gain self-confidence, eliminate body fat, increase muscle tone, improve posture, enjoy weight training, short distance running, PAR courses, stretching, core work, meeting new friends, and more. As seen on John Spencer Ellis's TV Show "The O.C. Body" featured on the healthy living channel and "The Real Housewives of Orange County" featured on the Bravo Channel. Find more information at [www.goodyearbootcamp.com](http://www.goodyearbootcamp.com) or call 623-210-8233. By Nikola Jane, Certified Personal Trainer, NPFI and Certified Adventure Fitness Instructor, NESTA. Min/Max: 15/30.

Dates: Summer Session 3: August 2 – August 27; 4 weeks  
 Times: 5 to 6 a.m. (Monday, Wednesday, Friday or M–F)  
 6:30 to 7:30 p.m. (Monday, Wednesday, Thursday)  
 Location: Goodyear Community Park  
 Prices: \$299 (5 days) or \$199 (3 days)  
 Register at [www.goodyearbootcamp.com](http://www.goodyearbootcamp.com)

## 30-Minute Fitness Blast Boot Camp (coed)

You too can be your own "BIGGEST LOSER" by getting out, fit and strong with the 30-minute fitness blast outdoor boot camp. This intense 4-week program offers a combination of resistance training, cardio, core, and more. You will get a different full-body workout each class. Gain self-confidence, shed the fat, and tone while participating in this fun experience. Who can't spare 30 minutes to enhance the health, body and mind? All fitness levels are welcome; hurry though as spaces are limited. Find more information at [www.goodyearbootcamp.com](http://www.goodyearbootcamp.com) or call 623-210-8233. Four weeks. By Nikola Jane, Certified Personal Trainer, NPFI and Certified Group Fitness instructor, NESTA. Register at [www.goodyearbootcamp.com](http://www.goodyearbootcamp.com). Min/Max: 15/35.

Days: Mondays and Wednesdays  
 Dates: Summer Session 3: August 2 – August 27; 4 weeks  
 Times: 7:35 to 8:05 p.m.  
 Location: Goodyear Community Park  
 Price: \$49 (2 days)



## Lifeguard Certification Course (15+ yrs)

Participants will learn the roles and responsibilities of being a professional lifeguard: swimming techniques, in-water and on-land rescue skills, CPR for the professional rescuer, First Aid, communication, and decision making skills. Attendance is mandatory for all sessions and mastery of all skills and materials is required to successfully complete the course. Participants must receive a minimum of 80% on all written tests. CPR re-certification on Tuesday, October 12 or Tuesday, December 28; CRP and Lifeguarding re-certification on Thursday, October 14 or Wednesday, December 29 from 8 a.m. to 4 p.m. \$35 CPR/\$50 CPR & Lifeguarding. For more information, call 623-882-7525. By Jerolyn Webb. Min/Max: 5/10. Registration fee: \$40 (\$50 non-resident), is due at registration. Class fee: \$155 made payable to Jerolyn Webb, is due first day of class.

Dates: Fall Session 1: October 11 – October 14  
 Fall Session 2: December 27 – December 30  
 Times: 8 a.m. to 4 p.m. with an hour lunch break  
 Location: Goodyear Pool  
 Prices: \$195 (\$205 non-resident)



## Guitar (14+ yrs) See page 9

## Hula (13+ yrs) See page 4

## Instant Guitar for the Hopelessly Busy (18+ yrs)

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours, you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class fee includes workbook and practice CD. Find more information at [www.instantguitarnow.com](http://www.instantguitarnow.com). Min/Max: 6/15. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$47 made payable to Craig Coffman, is due first day of class.

Date: December 4  
 Times: 1 to 3:30 p.m.  
 Location: Fire Station 3, conference room  
 Prices: \$52 (\$57 non-resident)

## Instant Piano for the Hopelessly Busy (18+ yrs)

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Class fee includes workbook and practice CD. Find more information at [www.craiginstantpiano.com](http://www.craiginstantpiano.com). Min/Max: 6/15. Registration fee: \$5 (\$10 non-resident), is due at the time of registration. Class fee: \$47 made payable to Craig Coffman, is due first day of class.

Date: December 4  
 Times: 9 a.m. to Noon  
 Location: Fire Station 3, conference room  
 Prices: \$52 (\$57 non-resident)



## KickFit Cardio (14+ yrs)

Get fit with this fast calorie burning exercise for all levels of fitness. Find more information at [www.estrella-gymnastics.com](http://www.estrella-gymnastics.com) or call 623-932-1053. Six weeks. By Estrella Gymnastics. Min/Max: 4/12. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$36 made payable to Estrella Gymnastics, is due first day of class.

Days: Mondays and Wednesdays  
 Dates: Fall Session 1: August 16 – September 22; 6 weeks  
 Fall Session 2: September 27 – November 3; 6 weeks  
 Fall Session 3: November 8 – December 15; 6 weeks  
 Times: 7 to 8 p.m.  
 Location: Estrella Gymnastics – 14190 W. Van Buren St., C106 & C107  
 Prices: \$46 (\$56 non-resident)

## Stroller Strides

Stroller Strides is a great way to get in shape, meet other moms and have fun with your baby. The full-body workout is set up for all different fitness levels and is taught by certified instructors. Each class includes power-walking with body toning using exercise tubing and the stroller. The classes are an hour long with the last 10 minutes used for abs and stretching. Find more information at [www.strollerstrides.net/goodyear](http://www.strollerstrides.net/goodyear) or e-mail [tinacastro@strollerstrides.net](mailto:tinacastro@strollerstrides.net). Min/Max: 4/15. Prices are paid per 12-class punch card which can be used any time during a 6-month period. Registration fee: \$10 (\$20 non-resident), is due at the time of registration. Class fee: \$110 made payable to T&J Fitness, is due first day of class.

Dates: Mondays, Wednesdays, and Fridays; ongoing  
 Times: 9:30 to 10:30 a.m.  
 Location: Goodyear Community Park  
 Prices: First class is FREE, then \$120 (\$130 non-resident) for 12-class punch card

## Canyon Fit Club (18+ yrs)

Join Canyon Fit Club's weekly exercise group. Here you can workout with a group of people to some of the hottest in-home fitness DVD workouts such as P90X, Slim in 6, Insanity, Power 90, Turbo Jam, and more! The purpose of this group is to keep you motivated to stick to your exercise routine and meet like-minded friends! All you need to bring is a bottle of water, towel, and a desire to burn some calories. A nutritional consultant will be available to provide guidance on losing weight and getting in shape. For more information, call 928-225-0206 or e-mail [coachdami@live.com](mailto:coachdami@live.com).

Days: Thursdays, ongoing excluding holidays  
 Times: 7 to 8 p.m.  
 Location: Goodyear Community Center  
 Price: FREE

## Tae Kwon Do See page 7

## Traditional Martial Arts See page 7

## Zumba Fitness (adults and teens) See page 9



# Adult Sports

## Adult Sports Fall 2010 Registration

Registration for fall adult sports begins in August and continues until registration deadlines. Registration is by lottery on the dates and times determined by team priority. Adult sports programs register as teams, not as individuals. There is no online registration. Forms are available at the City of Goodyear website, [www.goodyearaz.gov](http://www.goodyearaz.gov), at the Parks and Recreation Office, or can be e-mailed to team managers.

## Adult Sports

Our adult sports programs offer excellent recreational opportunities for Goodyear residents age 18 years and older. Emphasis is placed on healthful competition in a recreational atmosphere. Leagues are organized, conducted, and administered by a professional staff with expertise in league formation and equal competition in order to offer the best recreational experience possible.

The registration fee pays for: officials/umpires, trophies/plaques or gift cards for first and second place league finishers, award shirts for first and second place tournament finishers, game balls, equipment, marketing/advertising, lights, maintenance, field supervisors, and score keepers.

### Co-Rec Sand Volleyball ("Rec" League)

Teams are responsible for officiating their own games and keeping score. Rally scoring will be used. Best two out of three wins match. Third game is played as a tie-breaker. Register in person only at the Goodyear Recreation Office, August 9 – 27 until filled. Registration is based on team priority levels. Next season will be in May 2011 with registration in April 2011. Min/Max: 6/8 teams to run the league; 4/6 players per roster.

Mandatory managers meetings will take place at the Goodyear Recreation Office, September 2 at 6:30 p.m. Download rosters at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec).

Dates: September 7 – November 2

Times: Games start at 6 p.m.

Location: Goodyear Community Park, volleyball courts

Registration: Priority registration takes place August 9  
Open registration begins August 16  
Registration deadline: August 27  
Fees are due at registration, one check per team.

Prices: Priority 1: \$155 for teams/rosters that have 100% Goodyear residents, register August 9

Priority 2: \$170 for teams/rosters that have 75% or more Goodyear residents, register August 10

Priority 3: \$185 for teams/rosters that have 50% or more Goodyear residents, register August 11

Priority 4: \$200 for teams/rosters that have less than 50% Goodyear residents, register August 12

Priority 5: \$215 for teams/rosters that have less than 25% Goodyear residents or incomplete rosters, register August 13



## Softball

Due to the heavy volume of requests for league play at the Goodyear Community Park, registration will be determined by lotteries. Lottery authorized representatives must be present for the lottery related to his or her team roster. The deadline for submitting a roster is Friday, August 13. Any incomplete rosters received or submitted after the above deadline will disqualify you for participation in the lottery. Adult softball lottery drawings will be held on Saturday, August 21. To help ensure equitable allotment of nights and times, leagues will be awarded by priority. If any slots remain unclaimed after the lottery, registration will be taken on a first come, first serve basis.

Next Softball season will be winter 2011 with registration in December 2010. Min/Max: 6/8 teams to run a league; 12/16 players per roster.

Mandatory managers meetings will take place at the Goodyear Recreation Office; September 9, 2010 at 6:30 p.m. Download rosters at [goodyearaz.gov/rec](http://goodyearaz.gov/rec).

Days: Sunday: Adult "Co-Rec" dh, sh  
Monday: Men's "D" dh  
Tuesday: Men's "D" dh  
Wednesday: Men's "D" dh  
Thursday: Men's "C" dh  
Friday: Adult "Co-Rec" sh  
(dh = doubleheader, sh = singleheader)

Dates: September 10 – November 7

Times: Monday – Friday games start at 6 p.m.  
Sunday games start at 5 p.m.

Locations: Goodyear Community Park and Falcon Park

Registration: Registration is based on team priority levels  
Priority registration takes place August 21  
Open registration begins August 23  
Registration deadline: September 3  
Fees are due at registration; one check per team.

Prices: Priority 1: \$400 (dh), \$225 (sh) for teams/rosters that have 100% Goodyear residents, register August 21, 9 a.m.

Priority 2: \$425 (dh), \$250 (sh) for teams/rosters that have 75% or more Goodyear residents, register August 21, 9:45 a.m.

Priority 3: \$450 (dh), \$275 (sh) for teams/rosters that have 50% or more Goodyear residents, register August 21, 10:30 a.m.

Priority 4: \$475 (dh), \$300 (sh) for teams/rosters that have 25% or more Goodyear residents, register August 21, 11:15 a.m.

Priority 5: \$500 (dh), \$325 (sh) for teams/rosters that have less than 25% Goodyear residents or incomplete rosters, register August 21, 12 p.m.

## Adult Player Free Agents

If your team needs a few more players or if you are an individual looking to join a team, use our Free Agent list. Free Agent lists are only available to registered team managers in person at the City of Goodyear Recreation Office. To add a player to the list, e-mail your name, age, address, home phone, work phone, cell phone, skill level, positions played, league and night of play you are interested in, and provide proof of Goodyear residency. You must be at least 18 years of age. Player Free Agent forms are distributed to Basketball, Flag Football, Sand Volleyball, and Softball managers. There are no guarantees that you will be placed on a team.



# Youth Sports

## Youth Baseball and Softball Leagues (5 - 12 yrs)

Games are utilized throughout the league to develop the skills necessary to become successful players and will address the advanced techniques of fielding, hitting, pitching, speed, agility, quickness, and eye and hand coordination. **Mandatory parent meeting on August 14. For more information, visit [goodyearaz.gov/rec](http://goodyearaz.gov/rec).**

Dates: Saturdays, September 18 – November 6, 2010

Locations: Goodyear Community Park, Falcon Park, Foothills Community Park, Goodyear Rec Complex

Registration: Through August 8, 2010 (or until filled)



## Girls Volleyball Fall League (7 - 15 yrs)

Girls, ages 7 - 15, will learn the basic fundamentals and skills associated with the game of volleyball in an atmosphere where participation and fun are top priority. **A mandatory managers meeting for all volunteer head coaches in the City of Goodyear Volleyball league will be held at 6:30 p.m., Wednesday, September 1, 2010 in the City of Goodyear Recreation Division conference room.**

Days/Dates: Games: Saturdays, October 2 – November 6, 2010

Practices: weekdays, beginning September 7, 2010

Locations: Games take place at Copper Trails Elementary School gymnasium and Centerra Mirage Elementary School gymnasium. Practices are held at various schools.

Prices: \$70 (\$80 non-resident)

\$10 discount if registered before August 13, 2010

Equipment: Volleyball, reversible jersey (\$15), and bottled water

Registration: Through Sunday, August 29, 2010 (or until filled)

Register online at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec)  
Register in person at Goodyear Recreation Division, 3075 N. Litchfield Rd.

## Girl's High School Softball League (15 - 18 yrs)

The Girls Fast Pitch program is a cooperative venture between Goodyear Parks & Recreation and the Girls Club Fast Pitch Softball Teams. The program helps to improve skills and brings the fast-paced game to youth in preparation for school competition. This is a dynamic, fun-filled league designed to focus on developing fast pitch softball fundamentals, team building, sportsmanship, ASA rules by age division, and FUN for girls ages 15 - 18. Rosters can be downloaded at the Goodyear website [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec). For more information, call Troy Mickelson at 623-882-7536.

Days: Games are played Monday – Friday and possibly Saturday mornings depending on enrollment

Dates: December, 2010 – January, 2011

Times: Games are double-headers and start at 6 p.m.

Locations: Goodyear Community Park and Falcon Park

Price: \$400 per team

Registration: November 8 – 19  
Goodyear Recreation Office or at [goodyearaz.gov/rec](http://goodyearaz.gov/rec)



Be a volunteer coach or team parent in our award-winning youth sports program. You must be at least 18 years of age; complete an application at the Recreation Office, 3075 N. Litchfield Rd.; attend the mandatory coaches meeting; and adhere to the Coach's Code of Conduct.

## Flag Football (5 - 12 yrs)

The Flag Football program is designed to educate young people about football while emphasizing participation and sportsmanship. Players learn skills and lessons that help them succeed both on and off the field. The program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork. \$15 jersey fee required (reversible and reusable). Register at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or in person at the Goodyear Recreation Office. First time participants must show proof of age in the form of a birth certificate. A participant's age must fall within the specified age range as of January 8, 2011.

**A mandatory managers meeting for all volunteer head coaches in the Goodyear Youth Flag Football League will be held at the Goodyear Recreation conference room on December 2, 2010 at 6:30 p.m. Mandatory Parent's Meeting December 4, 2010; time and location to be announced.**

Games: Saturdays, beginning January 8 – February 26, 2011

Times: Games are scheduled from 8 a.m. to 2 p.m.

Locations: Goodyear Community Park, Goodyear Ballpark Complex, Falcon Park

Practices: Begin the week of December 6, 2010

Early Registration:

October 18 – November 5, 2010

Prices: \$60 (\$70 non-resident)

Regular Registration:

November 6 – November 28, 2010 (or until filled)

Prices: \$70 (\$80 non-resident)



## Pee Wee FUN-damentals (3 - 5 yrs)

A six week clinic designed to introduce boys and girls ages 3 - 5 to the fundamentals needed to play organized sports such as baseball, soccer, football, and basketball. The clinic focuses on basic motor skills of kicking, punting, throwing, catching, shooting, striking, and running through games and activities adapted for younger development levels. Children should wear tennis shoes and bring a water bottle. Parent participation is required. Register online at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec), or in person at the Goodyear Recreation Office. Limited to 16 participants. First time participants must show proof of age in the form of a birth certificate. Participant's age is determined as of first class date.

Days: Tuesdays and Thursdays

Dates: September 21 – October 14, 2010

Times: 4:30 to 6 p.m.

Location: Goodyear Community Park

Early

Registration: August 9 – August 27 (or until filled)

Prices: \$50 (\$60 non-resident)

Regular

Registration: August 28 – September 17 (or until filled)

Prices: \$60 (\$70 non-resident)



# Aquatics

## Goodyear Recreation Registration

If you are new to City of Goodyear Recreation, a household account (each family member's name, address, phone numbers, e-mail, and birthdays) must be established before registering for the first time. Proof of residency, if you live in Goodyear, birth certificates for all minors under 18 years old, and a photo ID for each parent or legal guardian are required when setting up a household account. Only parents or legal guardians are allowed to register minors. Registration is required for all classes. Please note: non-refundable convenience fees apply to all online transactions. Not all classes are available for online registration. Registration may be accepted online or at the Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday. For more information on registration, please refer to [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

Registration begins August 9

## Goodyear Pool

430 E. Loma Linda Blvd., 623-932-4809 Pool Office

### Open Swim Hours

August 7 – September 5: Saturday and Sunday only, 4 p.m. to 8 p.m.  
Labor Day (September 6): 2 p.m. to 8 p.m.

Open swim hours may change due to events or weather conditions. Please check the website for an updated open swim schedule or call ahead to confirm open swim times.

### Open Swim Daily Price

\$1.50 per person. Children age 3 and under are free.

### Pool Rental

Pool is available to reserve for private parties on Fridays or Saturdays from 8 to 10 p.m. Rental availability may also be Monday – Friday Noon to 2:30 p.m. Reservations are required 14 days in advance. The \$75 per hour minimum fee includes the use of the pool facility and lifeguards (see fee schedule below). Payment is required at the time of reservation. There is a maximum of 160 swimmers during pool rentals. Please know the number of swimmers at the time of reservation. Please note: reservations may change due to weather conditions or other unsafe conditions. Under these circumstances, a full refund will be issued. Please call 623-882-7525 for availability. Reservations must be made at the Recreation Office. Download a pool reservation form at [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec).

50 – 80 people: \$75 per hour  
81 – 120 people: \$105 per hour  
121 – 160 people: \$135 per hour

## Community Swim Days at the YMCA

Southwest Valley Family YMCA and the City of Goodyear have teamed up to offer free swim days to Goodyear residents. Non-residents are welcome at daily entrance fee. Please call the YMCA, 623-935-5193, for more information on pool entrance fees. Community Swim Days take place at the YMCA pool on Litchfield and Thomas roads from 11 a.m. to 5:30 p.m. Be sure to stay for the Flick N Floats, featuring a family Disney movie. All movies are scheduled to begin at 8:30 p.m.

### August 21

Community Swim: 11 a.m. to 5:30 p.m.; Flick N Float: starts at 8:30 p.m.

### September 18

Community Swim: 11 a.m. to 5:30 p.m.; Flick N Float: starts at 8:30 p.m.

## Dive Team - Beginner to Intermediate (5+ yrs)

A "Safety First" approach for beginning divers as they learn the proper way to execute a front approach, front take-off, back take-off, standing front dive, front dive with approach, back dive (fall-off), back dive with take-off, front dive half twist, inward dive, and introduction to somersaulting. Divers will also master the positions of tuck, pike and straight (layout), and proper execution of head-first entries and feet-first entries. An introduction to the dive numbering system and degree of difficulty for various dives will be covered as it relates to competitions. Covering four types of work-out: physical conditioning, diving gymnastics and on land drills, underwater and shallow water work-out, and board work. Six weeks per session. By Jerolyn Webb, City of Goodyear. Min/Max: 6/20.

Dates: Fall Session 1: August 5 – September 11; 6 weeks  
Fall Session 2: September 16 – October 23; 6 weeks  
Fall Session 3: November 4 – December 11; 5 weeks  
(no class November 25 or 26; practice will move to the YMCA)  
Times: 5:30 to 6:30 p.m.; Thursdays; Beginners  
10 to 11 a.m.; Saturdays; Beginners  
6:30 to 7:30 p.m.; Thursdays; Intermediate  
11 a.m. to 12 p.m.; Saturdays; Intermediate  
Location: Goodyear Pool  
Prices: \$70 (\$80 non-resident) per session

## Dive Team - Advanced to Elite (5+ yrs)

A "Safety First" approach to divers that have already mastered the intermediate skills and are ready to advance to reverse dives, front 1-1/2 somersaults, and an optional introduction to multiple somersaulting in front, back, reverse, and inward groups; twisting fundamentals: front and back; and meet competition preparation: filling out dive sheets. Covering four types of work-out: physical conditioning, diving gymnastics and on land drills, underwater and shallow water work-out, and board work. Six weeks per session. By Jerolyn Webb, City of Goodyear. Min/Max: 6/20.

Dates: Fall Session 1: August 3 – September 11; 6 weeks  
Fall Session 2: September 14 – October 23; 6 weeks  
Fall Session 3: November 2 – December 11; 5 weeks  
(no class November 25 or 26; practice will move to the YMCA)  
Times: 5:30 to 7:30 p.m.; Tuesdays  
12 to 1:30 p.m.; Saturdays  
Location: Goodyear Pool  
Prices: \$70 (\$80 non-resident) per session



# Adult Activities (50+ yrs)

## Registration Information

If you are new to City of Goodyear Recreation, a household account (each person's name, address, phone numbers, e-mail, and birthdays) must be established before registering for the first time. Proof of residency, if you live in Goodyear, and a photo ID are required for each adult when setting up a household account. Adults can only register themselves or their spouse for a trip or activity. Please note: non-refundable convenience fees apply to all online transactions. Registration is required for all trips and activities. Registration may be accepted at the Recreation Office at 3075 N. Litchfield Rd., 8:30 a.m. to 5 p.m., Monday – Friday, or online. Not all trips or activities are available for online registration. We cannot accept e-mail or phone registration. Payment is due at the time of registration and will be non-refundable one week prior to trip date. For more information on registration, please visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) or call 623-882-7525.

## Adult Trips (50+ yrs)

The City of Goodyear has provided a schedule of trips specifically for the older adult population (50+). These trips were created for the community to come together with friends, meet new people, and have fun. We will meet at the Goodyear Community Park to catch the bus. Transportation will be provided for most trips and supplied through a coach bus company or Agua Fria High School District. Wheelchair accessible transportation available upon request.

### Lunch & Bunco

Join us the first Wednesday of every month for lunch and a game of Bunco at the Goodyear Community Center; 420 E. Loma Linda Blvd. The lunch menu will vary each month and will feature food from a local Goodyear restaurant. You must pre-register. You will pay \$5 when you register (to pre-order food) and \$5 at the door (for prizes). We need at least 12 players for Bunco. Bunco is a simple dice game. Rules will be covered. New or experienced players are welcome. This is not a gambling game.

Day/Dates: First Wednesday of every month  
Times: 11 a.m. to 2 p.m.  
Location: Goodyear Community Center  
Price: \$10 per event

### August 18 – Organ Stop Pizza

Back by popular demand! Organ Stop Pizza is home to The Mighty Wurlitzer, one of the largest and finest theater organs in the world today. It's nearly 6,000 pipes, numerous percussions, and countless traps are masterfully presented by world-class musicians. Price includes transportation by Via Adventures (coach bus), private mini concert, musical tour of the instrument, all you can eat pizza and salad buffet, and all you can drink coffee, tea or soft drink. Min/Max: 25/50.

Day/Date: Wednesday, August 18  
Times: Depart 9:45 a.m., return 1:45 p.m.  
Location: Mesa, Arizona  
Price: \$17.50



## September 6 – Verde Canyon Railroad

The Verde Canyon Railroad offers a lovely wilderness excursion into an area of extreme natural beauty, following the curves of the Verde River, 20 miles up through a red rock canyon, full of unusual geology, abundant wildlife, lush greenery, and Native-American ruins; on vintage rails, aboard vintage train cars. You can purchase a picnic-style lunch or bring your own. Fee includes transportation by Via Adventures (coach bus), railroad ticket, and lunch. For more information, visit [www.verdecanyonrr.com](http://www.verdecanyonrr.com). Min/ Max: 30/45.

Day/Date: Monday, September 6  
Times: Depart 10 a.m., return 7:45 p.m.  
Location: Clarkdale, Arizona  
Price: \$69 (\$76.50 with lunch)

## October 15 – Mystery Mansion Dinner Theater

You will be given a change of identity and become a famous star, writer, producer, or director for the evening and will be taken back in time to Hollywood in the 1920s, the golden era of silent films and its magnificent legendary stars. There is a whole cast of intriguing characters who will entertain you and even serve you dinner, but one or more of them is a killer! Listen closely for clues, interrogate the movie stars while you are dining, and remember that everyone is a suspect. The one who solves the mystery wins a prize. Feel free to come dressed up 1920s style. Show features: delicious 3-course dinner, hilarious 2½-hour show, bribe money (for clues), fashion parade, audience participation, and Silver Slueth Award for whoever solves the crime. Price includes transportation by Agua Fria High School District, show, dinner, tax and gratuity. Min/Max: 25/50.

Date/Date: Friday, October 15  
Times: Depart 6:30 p.m., return 10 p.m.  
Location: Phoenix, Arizona  
Price: \$48.50

## October 27 – Ghost Tour of the Hotel San Carlos

The Ghosts of Phoenix Tour will guide you on a walking tour of the Hotel San Carlos, a hotel famous for its paranormal activity. You will have access to areas that are not open to the general public. You will visit the paranormal hot spots and hear stories about the personalities who haunt them. The tour will provide some historical information, along with stories passed down by staff members and past guests. This is a walking tour (approximately one hour) including stairs. Price includes transportation by Agua Fria High School District and guided tour. Min/Max: 20/50.

Day/Date: Wednesday, October 27  
Times: Depart 6 p.m., return 8:45 p.m.  
Location: Phoenix, Arizona  
Price: \$18

Visit [www.goodyearaz.gov/rec](http://www.goodyearaz.gov/rec) for updates and schedules through December 2010.







190 N. Litchfield Rd.  
 www.goodyearaz.gov  
 623-932-3910

**Goodyear Recreation Office**

Goodyear Fire Station 3, 3075 N. Litchfield Rd.  
 Goodyear, Arizona 85395 (north of Thomas Road).  
 Open Monday through Friday, 8:30 a.m. to 5 p.m.  
 Closed weekends and holidays.

Phone: 623-882-7525  
 Fax: 623-882-7533  
 E-mail: gyrec@goodyearaz.gov  
 Website: www.goodyearaz.gov/rec

**City of Goodyear Recreational Facility Locations**

- Goodyear Community Park (including tennis courts and skate park)  
 3151 N. Litchfield Rd., 623-882-7525
- Goodyear Community Center  
 420 E. Loma Linda Blvd., 623-882-7525
- Goodyear Pool  
 430 E. Loma Linda Blvd., 623-932-4809
- Goodyear Branch Library  
 250 N. Litchfield Rd., Suite 185, 602-652-3000
- Goodyear Ballpark and Recreational Complex  
 1933 S. Ballpark Way (Estrella Parkway, south of Yuma Road)
- Falcon Park  
 15050 W. Indian School Rd., 623-882-7525
- Foothills Community Park  
 12795 S. Estrella Parkway
- Roscoe Dog Park  
 Estrella Parkway and Roeser Road
- Centerra Mirage Elementary School  
 15151 W. Centerra Drive South, 623-772-4800

**Recreational Facility Reservations**

Field's and athletic facilities are limited in number. For Court/Field/Plaza/Ramada fees, availability, guidelines, rules, and information, please call Troy Mickelson at 623-882-7536. For Goodyear Community Center and Goodyear Pool fees, availability, guidelines, rules, and information, please call Kristin Byers at 623-882-7525.

Goodyear Community Park Basketball/Volleyball/Tennis Courts:  
 \$5/hour (\$7/hour non-resident)

Falcon Park/Foothills Community Park/Goodyear Community Park Fields: prices are based on your category, please call 623-882-7536.

Goodyear Community Park Plaza: \$25/hour (\$35/hour non-resident)

Goodyear Community Park Ramada:  
 \$35/4-hour minimum resident (\$50/4-hour minimum non-resident)

Goodyear Community Center:  
 Saturday and/or Sunday: \$35/hour (\$45/hour non-resident)

Goodyear Pool: see **Aquatics** on page 14

