

CITY OF GOODYEAR
RECREATIONAL SWIM TEAM
LEAGUE



2024 Swim Team Packet

General Information

The Goodyear Sharks Swim Team League is a recreational swimming program for those ages 4 to 18 years old. Goodyear is proud to offer four summer teams – the Hammerhead Sharks, Great White Sharks, Tiger Sharks and the Mako Sharks. Practices are held Monday – Thursday, with meets on Fridays. Our goal is to provide a fun and safe recreational atmosphere where swimmers work to improve strokes and times, make new friends, and cheer on fellow teammates.

Team Requirements

A swimmer's age for the season is determined by the start of season. Coaches may ask swimmers to swim up an age group to help fill a relay spot, but swimmers may never swim down an age group.

All swimmers ages 10 and under must be able to swim at least 25 yards without assistance and all swimmers ages 11 and older must be able to swim at least 50 yards without assistance. Strokes will be taught during practices.

Practices

Due to the high number of swimmers and limited pool space, all swimmers are required to swim during their registered practice time- NO EXCEPTIONS. Swimmers should arrive a few minutes before the scheduled practice time. Swimmers are not allowed to enter the water until they are instructed to do so by a coach.

Only registered participants are allowed in the pool during practices and meets. Parents are encouraged to stay for practices; however, parents and siblings must remain in the seating area.

What to bring to practice:

- Swimsuit
(Girls are expected to wear a one piece and boys are expected to wear a speedo or jammer)
- Swim cap & goggles, if desired
- Reusable water bottle
- Sunscreen
- Towel

Swim Meets

During regular season meets, each swimmer will compete in individual and relay events. To ensure everyone swims in a relay, some swimmers may be asked to swim twice, swim up an age group, or swim with another gender team.

Swimmers are asked to sit in their designated team area during meets. This will help the coaches ensure that every swimmer gets to the starting blocks in time for their race.

What to bring to a swim meet:

- Swimsuit
- Swim cap & goggles, if desired
- Reusable water bottle
- Sunscreen
- 2 towels (1 for drying off and 1 to sit on)
- Healthy (light) snacks

Please remember that our timers and ribbon distributors are volunteers, the coaches really do care about the success of their swimmers, and the swimmers are not qualifying for the Olympics at these meets. Every person helping run the swim meet is doing their best to make it a positive experience for everyone.

Swim Meet Volunteers

For our swim meets to run smoothly, we need the assistance of volunteers. We ask that one adult from each family volunteer to help for at least one swim meet during the season. Staff will ask for volunteers prior to each swim meet and will run all volunteers through a quick training. The meets will not be able to start until the positions are filled – please don't hesitate to volunteer!

- **Timers/Ribbon Distributors**

Best seat in the house! These volunteers are given stop watches to time the swimmers in their lane (preferably 2 timers per lane). They also assist with the distribution of ribbons to each swimmer following their race.

- **Place Judges**

These volunteers write down the order of places for the swimmers as they finish each race and then hand off the results to the announcer.

End of Season Meet

All swimmers from all teams will be able to swim at the End of Season meets on July 12th (10 & Unders) and July 13th (11 & Ups)

Disqualifications

The coaches work hard to help correct improper stroke technique throughout the season. To assist swimmers in the learning process, disqualifications will be given out on a case-by-case basis when a swimmer performs improper techniques that give them a clear advantage (EX: flutter kick during Butterfly)

Team Party

To celebrate the end of the season, all swimmers and their immediate families will be invited to attend a pool party on Sunday, July 21 from 4:00 p.m. to 6:00 p.m. (Great Whites & Tiger Sharks) and 6:30 p.m. to 8:30 p.m. (Hammerheads & Mako Sharks) Treats will be provided and participation awards will be handed out.

Cancelations

Practices and swim meets may be canceled due to weather or other unforeseen circumstances and may not be made up. We will make every attempt to notify families of cancelations ahead of time. The recreation division's rainout hotline (623-882-7535) is updated regularly with cancelations to programs due to the weather.

Sportsmanship

We encourage families to help the coaches in fostering good sportsmanship by teaching the swimmers to

- Cheer on other swimmers
- Win and lose gracefully
- Give their best effort at practices & swim meets
- Be courteous and respectful to all swimmers, coaches, and volunteers

Communication

Communication is an essential element to a successful season. The coaches are available after practice to answer questions and discuss your child's performance. We expect the coaches to give their full attention to the swimmers during practices and meets, so please do not attempt to have discussions with them during those times.

- **Emails**

The most frequent form of communication will be via email. Emails will be sent out regularly to provide updates on upcoming events, meets, and any other items of importance. Please make sure your email address is updated in our registration system.

Team Pictures

Team pictures are scheduled on the following dates for each team. More information and exact times will be provided later.

TEAM	DATE	TIME
Great White Sharks	Monday, June 10	Between 8:00 a.m. and 11:00 a.m.
Hammerhead Sharks	Tuesday, June 11	Between 8:00 a.m. and 11:00 a.m.
Tiger Sharks	Monday, June 10	Between 5:00 p.m. and 8:00 p.m.
Mako Sharks	Tuesday, June 11	Between 5:00 p.m. and 8:00 p.m.

**We're so excited that you have chosen to join our Sharks League!
Good luck to all the swimmers this season!**

Loma Linda Pool
430 E. Loma Linda Blvd.
Goodyear, AZ 85338
623-932-4809

Goodyear Aquatics Center
420 S. Estrella Pkwy.
Goodyear, AZ 85338
623-882-7525

Contact Email: aquatics@goodyearaz.gov



2024 Swim Meet Schedule

Regular Season Meets

10 and Unders:

Visiting Team warms up at 4:15 p.m. | Home Team warms up at 4:30 p.m.

Meet starts at 5:00 p.m.

11 and Ups:

Visiting Team warms up at 6:15 p.m. | Home Team warms up at 6:30 p.m.

Meet starts at 7 p.m.

(11 and Ups will start after the 10 and Under meet ends, start times are approximate)

DATE	VISITING TEAM	HOME TEAM	EVENTS
May 31	Hammerheads	at Mako Sharks (Loma Linda)	6 & Under: 25 Free, 4 X 25 Free Relay 7 – 8: 25 Free, 4 X 25 Free Relay 9 – 10: 50 Free, 4 X 50 Free Relay
	Great Whites	at Tiger Sharks (Aquatic Center)	11 – 12: 50 Free, 4 X 50 Free Relay 13 – 14: 50 Free, 4 X 50 Free Relay 15 & Up: 100 Free, 4 X 50 Free Relay
June 7	Hammerheads	at Great Whites (Aquatics Center)	6 & Under: 25 Back, 25 Free, 4 X 25 Free Relay 7 – 8: 25 Back, 25 Free, 4 X 25 Free Relay 9 – 10: 50 Back, 50 Free, 4 X 50 Free Relay
	Tiger Sharks	at Mako Sharks (Loma Linda)	11 – 12: 50 Back, 50 Free, 4 X 50 Free Relay 13 – 14: 50 Back, 50 Free, 4 X 50 Free Relay 15 & Up: 50 Back, 100 Free, 4 X 50 Free Relay
June 14	Tiger Sharks	at Hammerheads (Loma Linda)	6 & Under: 25 Breast, 25 Free, 4 X 25 Medley Relay 7 – 8: 25 Breast, 25 Free, 4 X 25 Medley Relay 9 – 10: 25 Breast, 50 Free, 4 X 25 Medley Relay
	Mako Sharks	at Great Whites (Aquatics Center)	11 – 12: 50 Breast, 50 Free, 4 X 50 Medley Relay 13 – 14: 50 Breast, 50 Free, 4 X 50 Medley Relay 15 & Up: 50 Breast, 100 Free, 4 X 50 Medley Relay
June 21	Great Whites	at Hammerheads (Loma Linda)	6 & Under: 25 Fly, 25 Back, 4 X 25 Medley Relay 7 – 8: 25 Fly, 25 Back, 4 X 25 Medley Relay 9 – 10: 25 Fly, 50 Back, 100 Individual Medley
	Mako Sharks	at Tiger Sharks (Aquatics Center)	11 – 12: 50 Fly, 50 Back, 100 Individual Medley 13 – 14: 50 Fly, 50 Back, 100 Individual Medley 15 & Up: 50 Fly, 50 Back, 100 Individual Medley
July 5	Tiger Sharks	at Great Whites (Aquatics Center)	6 & Under: 25 Fly, 25 Breast, 4 X 25 Free Relay 7 – 8: 25 Fly, 25 Breast, 4 X 25 Free Relay 9 – 10: 25 Fly, 25 Breast, 100 Individual Medley
	Mako Sharks	at Hammerheads (Loma Linda)	11 – 12: 50 Fly, 50 Breast, 100 Individual Medley 13 – 14: 50 Fly, 50 Breast, 100 Individual Medley 15 & Up: 50 Fly, 50 Breast, 100 Individual Medley

End of Season Meets

DATE	MEET	LOCATION	ARRIVAL TIMES
July 12	10 and under	Goodyear Aquatics Center	All Teams arrive at 4:00pm 4:15 pm- Great Whites Warm Ups 4:30 pm- Hammerheads Warm Ups 4:45 pm- Tiger Sharks Warm Ups 5:00 pm- Mako Shark Warm Ups 5:30 pm- Meet begins
DATE	MEET	LOCATION	ARRIVAL TIMES
July 13	11 and up	Goodyear Aquatics Center	All Teams arrive at 7:00am 7:15 am- Great Whites Warm Ups 7:30 am- Hammerheads Warm Ups 7:45 am- Tiger Sharks Warm Ups 8:00 am- Mako Shark Warm Ups 8:30 am- Meet begins